

Heather Leigh Littleton, Ph.D.
Department of Psychology
East Carolina University
104 Rawl Building
Greenville, NC 27858-4353
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Education:

1999-2004

Virginia Tech (APA Accredited)
Blacksburg, VA
Degrees Earned: Doctor of Philosophy in Psychology (May of 2004)
Master of Science in Psychology (May of 2001)
Program: Clinical Psychology
Specialization: Clinical-Adult Psychology
Advisor: Dr. Danny Axson
Dissertation title: *The coping process of the unacknowledged rape victim*
Thesis title: *When is it rape? The role of rape and seduction scripts*

1995-1999

Clemson University
Clemson, SC
Degree earned: Bachelor of Arts in Psychology, Summa Cum Laude with Senior Departmental Honors
Minor: Women's Studies
Advisor: Dr. Cynthia Pury
Thesis title: *The relationship between body dysmorphic, eating disordered, and obsessive-compulsive symptoms*

Internship and Postdoctoral Clinical Training:

9/04-8/05

Postdoctoral Fellow in Clinical Health Psychology
University of Texas Medical Branch
Duties: Conducted individual and group psychotherapy for individuals with chronic pain. Provided brief interventions and psychological screenings for individuals with gastrointestinal disorders. Conducted treatment and procedure evaluations for individuals with chronic pain.

9/03-8/04

Psychology Intern (APA accredited)
Boston VA Medical Center Consortium
Duties: Conducted cognitive-behaviorally oriented individual, group, and couples psychotherapy. Conducted psychological and psycho-educational assessments. Provided supervision to psychology externs.
Rotations: Outpatient Clinic (General mental health/PTSD rotation), National Center for PTSD, Medical Psychology/Behavioral Medicine, Women's Stress Disorder Treatment Team (minor rotation)

Professional Positions:

- 8/12- present** Associate Professor with Tenure
Department of Psychology
East Carolina University
- 8/08- 8/12** Assistant Professor (tenure track)
Department of Psychology
East Carolina University
- 8/09- 7/12** Adjunct Appointment: Department of Obstetrics and Gynecology
- 8/06-7/08** Assistant Professor (tenure track)
Department of Psychology and Philosophy
Sam Houston State University
- 9/04-7/06** Women's Health Research Fellow
Center for Interdisciplinary Research in Women's Health
University of Texas Medical Branch

Professional Certifications/Licensure:

- 6/09-present** National Register of Health Service Psychologists
- 5/09-present** North Carolina Psychology Board
Licensed Psychologist
Health Service Provider
- 12/05-8/16** Texas State Board of Psychological Examiners
Licensed Psychologist (Inactive)

Post-Graduate Teaching Experience:

- 8/08-present** Assistant Professor/Associate Professor
East Carolina University
- Courses:** Advanced Psychopathology (graduate level), 4 sections
Psychotherapy Concepts and Techniques (graduate level), 7 sections
Psychology of Trauma (graduate level), 1 section
Supervision Seminar (graduate level), 2 sections
Abnormal Psychology (undergraduate level), 7 sections
Honors seminar: Psychology of trauma (undergraduate level), 1 section
- Recipients:** Upper-level undergraduates and doctoral students

8/06- 8/08 Assistant Professor
Sam Houston State University
Courses: Psychology of Testing (undergraduate level), 1 section
Psychopathology (graduate level), 3 sections
Recipients: Upper-level undergraduates and first year graduate students

7/05-6/06 Resident Lecturer for Adolescent Gynecology
University of Texas Medical Branch, Galveston, TX
Recipients: First year medical residents in Obstetrics and Gynecology

Funded Grants:

Evaluation of DVHPDI LAP Sites- ECU Subcontract (Site PI: Heidi Bonner), Role: Investigator. ECU Subcontract from the Department of Justice, \$589,411, 1/1/2016-6/30/2018.

Application of an information processing model to understanding rape victims' post-assault adjustment, risk taking behavior, and re-victimization risk (PI: Heather Littleton). Grant seeking re-assignment award from Harriot College of Arts and Sciences, East Carolina University, \$5000, 1/1/2015-5/30/2015.

Evaluation of web-based CBT for rape victims (PI: Heather Littleton). R34 grant award from NIMH, \$624,455, 12/1/2010-11/30/2014.

Coping, adjustment, and resilience among college women following the mass shooting at Virginia Tech. SGER award from the National Science Foundation (co-PI: Heather Littleton, PI: Danny Axsom), \$109,273, 6/15/2007-6/14/2009.

Rape acknowledgment, recovery-related behaviors, and re-victimization risk: A longitudinal study (PI: Heather Littleton). Grant award from the Society for the Psychological Study of Social Issues, \$2000, 6/1/2006-5/30/2008.

Grants in Progress:

Integration of an online intervention for rape victims into college counseling centers: Determining the feasibility, effectiveness, and treatment mechanisms. (Dual PIs: Heather Littleton, Amie Grills). R34 revised grant application submitted to NIMH, \$721,000, 6/15/2017.

Evaluating teen dating violence prevention initiatives with LGBTQ+ youth: A three arm randomized control trial. (PI: Katie Edwards, Co-PI: Heather Littleton). Grant application submitted to NIJ, \$1,000,000, 3/20/2017.

The role of stigma in partner violence: A social psychological and ecological perspective. (PI: Katie Edwards, Co-PI: Heather Littleton). Revised grant application submitted to NSF, \$1,045,902, 7/17/2017.

An integrated social cognitive model of sexual victimization risk. (PI: Heather Littleton, Co-PI: Amie Grills, Co-PI: Alex Schoemann). Revised grant application to be submitted to NSF, \$752,000, 1/15/2018.

Clinical Supervision Experience:

1/10-present Director of the Women's Health Psychology Specialty Service
Recipients: Doctoral students in clinical health psychology

1/09-present Clinical psychology practicum supervisor
East Carolina University
Recipients: First year doctoral students in clinical health psychology

8/07-12/07 Practicum II/III supervisor
Sam Houston State University
Recipients: Masters students in clinical psychology

8/06-5/08 Doctoral practicum supervisor (PSY 883)
Sam Houston State University
Recipients: Advanced clinical psychology doctoral students

Awards and Recognition since 2008:

2016 Harriot College of Arts and Sciences, Faculty Travel Award

2016 Psychotherapy with Women Research Award, Division 35 (Psychology of Women) of the American Psychological Association, Honorable Mention

2014 Recipient of the Five Year Research Award for Excellence in Research and Creative Activity from East Carolina University

2013 Recipient of the Georgia Babladelis Award for the best paper published in *Psychology of Women Quarterly*

2012 Named Fellow of Division 35 (Psychology of Women) of the American Psychological Association

2012 Nominated for APA Distinguished Contributions to Psychology in the Public Interest Early Career Award by the Committee on Women in Psychology

2011 Dr. Eugene Hargrove Mental Health Research Award for Early Career Research from the Psychiatric Foundation of North Carolina

2011 Best papers published in the *Journal of Trauma & Dissociation* in 2010, Honorable Mention

2009 Selected to attend the American Psychological Association Advanced Training Institute for Structural Equation Modeling for Longitudinal Research Methods

Affiliations: American Psychological Association
Div. 35 Society for the Psychology of Women (Fellow)
Div. 56 Trauma Psychology
Society of Behavioral Medicine
International Society for Traumatic Stress Studies

Student Mentoring:

- 2008 **Amanda Amacker**, “The relation between perceptions of similarity and blame to a victim of sexual assault” Role: Thesis Chair, SHSU
- 2008 **Kimberly Bye**, “Predictors of rape supportive attitudes: Examination in a multi-ethnic college sample” Role: Thesis Chair, SHSU
- 2008 **Jennifer Vickery**, “Body image and sexual risk taking: Moderators and mediators in a university population” Role: Thesis Chair, SHSU
- 2008 **Nicole Lozano**, “Reactions to rape victims: The role of disclosure and empathy” Role: McNair scholar mentor, SHSU
- 2009 **Erika Canales**, “Rape and seduction scripts of university men: Examination among non-coercive, coercive, and assaultive men” Role: Thesis Co-Chair, SHSU
- 2009 **Holly Tabernik**, “Reactions to rape victims: Preliminary validation of a revised Social Reactions Questionnaire” Role: Thesis Co-Chair, SHSU
- 2010 **Jessica Tomasula**, “Sexual trauma history and suicidality in youth” Role: Thesis Co-Chair, ECU
- 2010 **Sarah McCreight**, “Online mental health services: Do women view this as a viable treatment option for sexual assault?” Role: Thesis Chair, ECU
- 2011 **Katherine Buck**, “Women’s gender schemas for obstetricians-gynecologists” Role: Thesis Chair, ECU
- 2013, **Lindsey Rosman**, “Body image and sexual functioning in breast cancer survivors” Role: Thesis Chair, ECU
- 2014, **Jessica Ford**, “Understanding trauma reactions in implantable cardioverter defibrillator patients and piloting a brief web-based trauma intervention protocol study (ICD-TIPS)” Role: Dissertation Co-Chair, ECU
- 2014, **Katherine Buck**, “Impact of educational messages on patient acceptance of male medical students in ob-gyn encounters” Role: Dissertation Chair, ECU
- 2015, **Melissa Decker**, “Predictors of sexual assault resistance self-efficacy and perceived risk of sexual assault among college women” Role: Thesis Chair, ECU
- 2016, **Julia Dodd**, “Worldview as a predictor of health risk behavior following sexual victimization: Moderated mediation in an ethnically diverse community sample” Role: Dissertation Chair, ECU
- 2016, **Kelly Rudolph**, “Sexual risk behaviors in college women: Perceived norms, sexual attitudes, and motives” Role: Thesis Chair, ECU
- In progress, **Marlee Layh**, “Sexual risk behavior and sexual functioning among African American and European American victims of sexual assault” Role: Thesis Chair, ECU
- In progress, **Melissa Decker**, “Minority stress, risky behaviors, and sexual scripting among transgender college students: A mixed methods study” Role: Dissertation Chair, ECU
- In progress, **Laura Haney**, “Reactions to a sexual assault disclosure: Evaluation of an alternative scoring method for the Social Reactions Questionnaire” Role: Thesis Chair, ECU

Departmental and University Service

- 2016-2017 Chair, International Women’s Day, ECU Chancellor’s Committee on the Status of Women
- 2015-2016 Member, Neuropsychology and Trauma Faculty Search Committee
- 2015-2017 Member, ECU Chancellor’s Committee on the Status of Women
- 2014-2015 Member, ECU Committee on Sexual Misconduct Prevention

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| 2014-present | Primary Co-Chair, Psychology Department Personnel Committee |
| 2013-present | Chair, Psychology Department Scholarship Committee |
| 2013-2014 | Psychology Department Faculty Senate Representative Alternate |
| 2013-2014 | Member, Director of Clinical Training Search Committee |
| 2012-2013 | Member, Quantitative Psychology Faculty Search Committee |
| 2012-2014 | Member, Personnel Committee, Department of Psychology |
| 2011-2012 | Member, Sexual Assault Issues Subcommittee, ECU Summer Read program |
| 2011- present | Member, Doctoral Qualifying Exam Committee |
| 2010-present | Member, Clinical Health Psychology Doctoral Admissions Committee |
| 2010-2013 | Member, Psychology Department Scholarship Committee |
| 2009-2013 | Member, Psychology Department Advisory Committee |
| 2008-present | Member, Clinical Health Psychology Faculty Committee |

Professional Service:

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| 2015-2017 | Member-at-large, Executive Committee, Division 56 (Trauma Psychology), American Psychological Association |
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Editorial Board:

Psychology of Women Quarterly (1/2016-present)
Journal of Traumatic Stress (1/2014-present)
Sex Roles (2/2011-12/2015)
Society for the Psychology of Women Book Series (11/2013-present)

Ad Hoc Reviewer (2011-present):

American Journal of Obstetrics & Gynecology
Anxiety, Stress, and Coping
Archives of General Psychiatry
Behavior Therapy
Body Image
British Journal of Social Psychology
Child Maltreatment
Clinical Psychology Review
Cognitive Therapy and Research
Criminal Justice and Behavior
Journal of Clinical Psychology
Journal of Consulting and Clinical Psychology
Journal of Psychosomatic Obstetrics and Gynecology
Journal of Social and Clinical Psychology
Mayo Clinic Proceedings
PeerJ
Psychiatry and Clinical Neurosciences
Psychological Trauma: Theory, Research, Practice, and Policy
Psychology of Violence
Victims and Offenders
Violence Against Women
Violence and Gender
Violence and Victims
Women & Health

Community Presentations since 2010

- 4/17** *Working with clients with chronic health conditions: The impact of psychological trauma history.* CE Workshop. Eastern Area Health Education Center, Greenville, NC
- 10/16** *Trauma and eating disorders.* Presentation to D2 dental medicine students, East Carolina University
- 2/16; 2/17** *Psychological trauma, PTSD, and the dental visit.* Presentation to D1 dental medicine students, East Carolina University
- 6/15** *Cognitive behavioral interventions for trauma.* CE Workshop. Eastern Area Health Education Center, Greenville, NC
- 4/15** *Sexual assault re-victimization: Understanding risk factors for victims and perpetrators.* Title IX Retreat, East Carolina University
- 3/15** *From Survivor to Thriver: An online program for rape victims with PTSD.* Gender to a Tea presentation, Women's Studies, East Carolina University
- 10/14** *The From Survivor to Thriver Program: Initial results of an RCT for rape victims.* Clinical Health Psychology Grand Rounds, East Carolina University
- 6/13** *Making progress on the problem of violence on college campuses.* Center for Research on Violence against Women, University of Kentucky.
- 9/12** *Sexual violence among women in the community.* Obstetrics and Gynecology Grand Rounds, East Carolina University
- 7/12** *Alcohol and sexual assault.* Presentation as part of SART training for REAL Crisis Intervention of Eastern Carolina.
- 12/10** *Addressing the mental health needs of reproductive-aged women.* Resident didactics presentation, Department of Obstetrics and Gynecology, East Carolina University.
- 10/10** *Post-trauma management: Lessons learned from the Virginia Tech tragedy.* Clinical Psychology Grand Rounds, Department of Psychology, East Carolina University.

Peer-Reviewed Journal Publications:

1. **Littleton, H. L.,** & Decker, M.* (in press). Predictors of resistance self-efficacy among rape victims and association with re-victimization risk: A longitudinal study. *Psychology of Violence*.
2. **Littleton, H. L.,** Layh, M.*, & Rudolph, K.* (in press). Unacknowledged rape in the community: Rape characteristics and adjustment. *Violence and Victims*.
3. **Littleton, H. L.,** Grills, A. E., Layh, M.*, & Rudolph, K.* (in press). Unacknowledged rape and re-victimization risk: Examination of potential mediators. *Psychology of Women Quarterly*.
4. Lacks, M. H.*, Lamson, A. L., Rappleyea, D. L., Russoniello, C. V., & **Littleton, H.** (in press). A systematic review of the biopsychosocial-spiritual health of active duty women. *Military Psychology*.
5. Decker, M.*, & **Littleton, H. L.** (in press). Sexual re-victimization among college women: A review through an ecological lens. *Victims & Offenders*.
6. Dodd, J. C.*, & **Littleton, H. L.** (2017). Sexual assault and sexual risk behaviors among lower income rural women: The mediating role of self-worth. *Violence and Victims*, 32, 110-125.

7. **Littleton, H. L.**, & Dodd, J. C.* (2016). Violent attacks and damaged victims: The rape scripts of European American and African American U.S. college women. *Violence Against Women*, 22, 1725-1747.
8. Edwards, K. M., **Littleton, H. L.**, Sylaska, K. M., Crossman, A. L., & Craig, M. (2016). College campus community readiness to address intimate partner violence among LGBTQ+ young adults: A conceptual and empirical investigation. *American Journal of Community Psychology*, 58, 16-26.
9. **Littleton, H. L.**, Grills, A. E., Schoemann, A., Drum, K., & Dodd, J. S.* (2016). From Survivor to Thriver: Results of an RCT of a therapist-facilitated online intervention for rape victims. *Journal of Anxiety Disorders*, 43, 41-51.
10. Buck, K. S.*, & **Littleton, H. L.** (2016). Impact of educational messages on patient acceptance of male medical students into ob-gyn encounters. *Journal of Psychosomatic Obstetrics and Gynecology*, 37, 84-90.
11. Mancini, A., **Littleton, H. L.**, & Grills, A. E. (2016). Can people benefit from acute stress? Social support, psychological improvement, and resilience after the Virginia Tech campus shootings. *Clinical Psychological Science*, 4, 401-417.
12. **Littleton, H. L.** (2015). Sexual victimization and somatic complaints in pregnancy: Examination of depression as a mediator. *Women's Health Issues*, 25, 696-702.
13. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. B. (2014). Predicting risky sexual behavior in emerging adulthood: Examination of a moderated mediation model among child sexual abuse and adult sexual assault victims. *Violence and Victims*, 29, 981-998.
14. Drum, K. B., & **Littleton, H. L.** (2014). Therapeutic boundaries in telepsychology: Unique issues and best practice recommendations. *Professional Psychology: Research and Practice*, 45, 309-315.
15. **Littleton, H. L.** (2014). Interpersonal violence on college campuses: Understanding risk factors and working to find solutions. *Trauma, Violence, & Abuse: A Review Journal*. 15, 297-303.
16. Buck, K. S.*, & **Littleton, H. L.** (2014). Stereotyped beliefs about male and female OB-GYNs: Relationship to provider choice and patient satisfaction. *Journal of Psychosomatic Obstetrics & Gynecology*, 35, 1-7.
17. Amacker, A.*, & **Littleton, H. L.** (2013). Perceptions of similarity and responsibility attributions to an acquaintance sexual assault victim. *Violence Against Women*, 19, 1384-1407.
18. **Littleton, H. L.**, & Ullman, S. E. (2013). PTSD symptomatology and hazardous drinking as risk factors for sexual assault re-victimization: Examination in European American and African American women. *Journal of Traumatic Stress*, 26, 1-9.
19. **Littleton, H. L.**, Grills-Taquechel, A. E., Buck, K. S.*, Rosman, L.*, & Dodd, J. C.* (2013). Health risk behavior and sexual assault among ethnically diverse women. *Psychology of Women Quarterly*, 37, 7-21.
20. **Littleton, H. L.**, Grills-Taquechel, A. E., Axsom, D., Bye, K.*, & Buck, K. S.* (2012). Prior sexual trauma and adjustment following the Virginia Tech campus shootings: Examination of the mediating role of schemas and social support. *Psychological Trauma: Theory, Research, Practice, and Policy*, 4, 578-586.

21. Tomasula, J. L.*, Anderson, L. M., **Littleton, H. L.**, & Riley-Tillman, T. C. (2012). The association between sexual assault and suicidal activity in a national sample. *School Psychology Quarterly*, 27, 109-119.
22. **Littleton, H. L.**, Buck, K. S.*, Rosman, L.*, & Grills-Taquechel, A. E. (2012). The From Survivor to Thriver Program: A pilot study of an online program for rape victims. *Cognitive and Behavioral Practice*, 19, 315-327.
23. **Littleton, H. L.**, & Grills-Taquechel, A. E. (2011). Evaluation of an information processing model following sexual assault. *Psychological Trauma: Theory, Research, Practice, and Policy*, 3, 421-429.
24. **Littleton, H. L.** (2011). Rape myths and beyond: A commentary on Edwards and colleagues (2011). *Sex Roles*, 65, 792-797.
25. Luca, M., Giannini, M., Gori, A., & **Littleton, H. L.** (2011). Measuring dysmorphic concern in Italy: Psychometric properties of the Italian Body Image Concern Inventory (I-BICI). *Body Image*, 8, 301-305.
26. **Littleton, H. L.**, Kumpala, M.*, & Orcutt, H. (2011). Posttraumatic symptoms following a campus shooting: The role of psychosocial resource loss. *Violence and Victims*, 26, 461-476.
27. Grills-Taquechel, A. E., **Littleton, H. L.**, & Axsom, D. (2011). Social support, world assumptions, and exposure as predictors of anxiety and quality of life following a mass trauma. *Journal of Anxiety Disorders*, 25, 498-506.
28. **Littleton, H. L.**, Axsom, D., & Grills-Taquechel, A. E. (2011). Longitudinal evaluation of the relationship between maladaptive trauma coping and distress: Examination following the mass shooting at Virginia Tech. *Anxiety, Stress, and Coping*, 24, 273-290.
29. **Littleton, H. L.**, Bye, K. S.*, Buck, K.*, & Amacker, A.* (2010). Psychosocial stress during pregnancy and perinatal outcomes: A meta-analytic review. *Journal of Psychosomatic Obstetrics and Gynecology*, 31, 219-228.
30. **Littleton, H. L.** (2010). The impact of social support and negative disclosure reactions on sexual assault victims: A cross-sectional and longitudinal investigation. *Journal of Trauma and Dissociation*, 11, 210-227.
31. **Littleton, H. L.**, Axsom, D., & Grills-Taquechel, A. E. (2009). Adjustment following the mass shooting at Virginia Tech: The roles of resource loss and gain. *Psychological Trauma: Theory, Research, Practice, and Policy*, 1, 206-219.
32. **Littleton, H. L.**, Grills-Taquechel, A. E., & Axsom, D. (2009). Resource loss as a predictor of posttrauma symptoms among college women following the mass shooting at Virginia Tech. *Violence and Victims*, 24, 669-687.
33. **Littleton, H. L.**, Grills-Taquechel, A. E., & Axsom, D. (2009). Impaired and incapacitated rape victims: Assault characteristics and post-assault experiences. *Violence and Victims*, 24, 439-457.
34. **Littleton, H. L.**, Tabernik, H.*, Canales, E. J.*, & Backstrom, T.* (2009). Risky situation or harmless fun? A qualitative examination of college women's bad hook-up and rape scripts. *Sex Roles*, 60, 793-804.
35. **Littleton, H. L.**, Axsom, D., & Grills-Taquechel, A. (2009). Sexual assault victims' acknowledgment status and re-victimization risk. *Psychology of Women Quarterly*, 33, 34-42.
36. **Littleton, H. L.**, & Henderson, C. E. (2009). If she is not a victim, does that mean she was not traumatized? Evaluation of predictors of PTSD symptomatology among college rape victims. *Violence Against Women*, 15, 148-167.

37. **Littleton, H. L.,** & Radecki Breitkopf, C. (2008). The Body Image Concern Inventory: Validation in a multiethnic sample and initial development of a Spanish language version. *Body Image, 5*, 381-388.
38. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2008). Beyond the campus: Unacknowledged rape among low income women. *Violence Against Women, 14*, 269-286.
39. **Littleton, H. L.,** Horsley, S.*, John, S.*, & Nelson, D. V. (2007). Trauma coping strategies and psychological distress: A meta-analysis. *Journal of Traumatic Stress, 20*, 977-988.
40. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2007). Sexual and physical abuse history and recent sexual risk behaviors: Relationships among women and potential mediators. *Child Abuse & Neglect, 31*, 757-768.
41. **Littleton, H. L.** (2007). An evaluation of the coping patterns of rape victims: Integration with a schema-based information processing model. *Violence Against Women, 13*, 789-801.
42. **Littleton, H. L.,** Rhatigan, D., & Axsom, D. (2007). Unacknowledged rape: How much do we know about the hidden sexual assault victim? *Journal of Aggression, Maltreatment, and Trauma, 14* (4), 57-74.
43. **Littleton, H. L.,** Berenson, A. B., & Radecki Breitkopf, C. (2007). An evaluation of health care providers' sexual violence screening practices. *American Journal of Obstetrics & Gynecology, 196*, 564.e1-564.e7.
44. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2007). Correlates of anxiety symptoms during pregnancy and association with perinatal outcomes: A meta-analysis. *American Journal of Obstetrics & Gynecology, 196*, 424-432.
45. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2007). The rape scripts of low-income European American and Latina women. *Sex Roles, 56*, 509-516.
46. Radecki Breitkopf, C., **Littleton, H. L.,** & Berenson, A. B. (2007). Body image: A study in a tri-ethnic sample of low income women. *Sex Roles, 56*, 373-380.
47. **Littleton, H. L.,** Tiedeman, K., & Axsom, D. (2007). A meta-analysis of self-attributions following three types of trauma: Sexual victimization, illness, and injury. *Journal of Applied Social Psychology, 37*, 515-538.
48. **Littleton, H. L.,** Axsom, D., & Yoder, M. (2006). Priming of consensual and non-consensual sexual scripts: An experimental test of the role of scripts in rape attributions. *Sex Roles, 54*, 557-563.
49. **Littleton, H. L.,** Axsom, D., Radecki Breitkopf, C., & Berenson, A. B. (2006). Rape acknowledgment and post assault behaviors: How acknowledgment status relates to disclosure, coping, worldview, and reactions received from others. *Violence and Victims, 21*, 765-782.
50. **Littleton, H. L.,** & Radecki Breitkopf, C. (2006). Coping with the experience of rape. *Psychology of Women Quarterly, 30*, 106-116.
51. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2005). Body image and risky sexual behaviors: An investigation in a tri-ethnic sample. *Body Image, 2*, 193-198.
52. **Littleton, H. L.,** Axsom, D., & Pury, C. L. S. (2005). Development of the Body Image Concern Inventory. *Behaviour Research and Therapy, 43*, 229-241.
53. **Littleton, H. L.,** & Axsom, D. (2003). The rape and seduction scripts of university students: Implications for rape attributions and unacknowledged rape. *Sex Roles, 49*, 465-475.
54. **Littleton, H. L.,** & Ollendick, T. (2003). Negative body image and disordered eating: What places youth at risk and how can these problems be prevented? *Clinical Child and Family Psychology Review, 6*, 51-66.

Works in Progress:

- Ford, J., Sears, S., **Littleton, H. L.**, Lutes, L., Wuensch, K., Benton, C., Cahill, J., Hudson, C., Nekkanti, R., & Gehi, A. Implantable Cardioverter Defibrillator Trauma Intervention Protocol (ICD-TIPs): Pilot evaluation of a brief, web-based treatment for ICD patients with posttraumatic stress. Manuscript in preparation.
- Dodd, J., & **Littleton, H.** Self-worth, depression, and hazardous drinking: Self-medication and sexual victimization. Manuscript in preparation

Research Presentations at Professional Conferences:

1. Rudolph, K.*, & **Littleton, H.** (2017, August). *Sexual risk behavior in college women: A test of a combined peer influence and sexual motive model*. Paper presented at the annual meeting of the American Psychological Association, Washington, DC.
2. Layh, M.*, & **Littleton, H.** (2017, August). Sexual risk behaviors, sexual satisfaction, and sexual functioning among rape survivors and non-victims. In C. Bowman (Chair), *Predictors of and outcomes related to sexual violence: Implications for prevention*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
3. **Littleton, H.**, Layh, M.*, Rudolph, K.*, & Haney, L.* (2017, August). Evaluation of the SES-R as a sexual assault screening measure. In L. Jones (Chair), *New frontiers in measurement and victimization and Resilience*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
4. Sharp, M.*, Decker, M.*, **Littleton, H.**, & Dolbier, C. (2017, March). *Interpersonal violence history and childbirth specific posttraumatic stress symptoms*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
5. **Littleton, H.**, Layh, M.*, Decker, M.*, & Grills, A. (2016, November). Pre-treatment difficulties and resources as predictors of therapist working alliance in online PTSD treatment. In C. Yeager (Chair), *Theoretical predictors of the effectiveness of Web interventions for trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
6. **Littleton, H.** (2016, November). Predictors of adjustment following gun violence: Lessons learned from a study of victims of the Virginia Tech campus shooting. In J. Kenardy (Chair), *Gun violence and its impact on society*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
7. **Littleton, H.** (2016, May). Unacknowledged rape among rural low SES African American and European American women. In L. Wilson (Chair), *Unacknowledged rape: What do we know about survivors who do not acknowledge their experience?* Symposium conducted at the annual meeting of the Association for Psychological Science, Chicago, IL.
8. Layh, M.*, Rudolph, K.*, & **Littleton, H.** (2016, May). Rape acknowledgment, sexual risk behavior, and re-victimization risk. In L. Wilson (Chair), *Unacknowledged rape: What do we know about survivors who do not acknowledge their experience?* Symposium conducted at the annual meeting of the Association for Psychological Science, Chicago, IL.

9. Decker, M.*, & **Littleton, H. L.** (2015, November). *Does depression increase threat of sexual re-victimization among survivors? Risk perception and resistance self-efficacy as mechanisms.* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
10. Dodd, J. C.*, & **Littleton, H. L.** (2015, November). *Worldview as a predictor of health risk behavior following sexual victimization: Moderated mediation in an ethnically diverse community sample.* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
11. **Littleton, H. L.**, & Grills, A. E. (2015, August). The From Survivor to Thriver program: An RCT of an online cognitive-behavioral program for rape-related PTSD. In H. L. Littleton (Chair), *Promises and pitfalls of online interventions for traumatized individuals: Results of empirical evaluations and boundary issues for clinicians.* Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Canada.
12. Buck, K. S.*, & **Littleton, H. L.** (2015, February). *Impact of educational messages on patient acceptance of male medical students in OB-GYN.* Paper presented at the annual meeting of the Association of Psychologists in Academic Health Centers, Atlanta, GA.
13. Dodd, J.*, Decker, M.*, & **Littleton, H. L.** (2014, November). *Resistance self-efficacy as a predictor of re-victimization among sexual assault victims.* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
14. **Littleton, H. L.** (2014, November). *Sexual victimization and alcohol use and somatic symptoms in pregnancy: The mediating role of depressive symptoms.* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
15. Quintero, J.*, & **Littleton, H. L.** (2014, April). *Comparing the rape scripts of hazardous drinking and non-hazardous drinking college women.* Paper presented at the annual meeting of the North Carolina Psychological Association, Charlotte, NC.
16. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. B. (2013, November). *The From Survivor to Thriver program: Efficacy of an online program for rape victims at reducing general distress.* Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
17. Ford, J.*, **Littleton, H. L.**, & Sears, S. (2013, November). *Pilot evaluation of the Trauma Intervention Protocol for Implantable Cardiac Defibrillators (ICD-TIPs).* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA
18. Dodd, J.* & **Littleton, H. L.** (2013, November). Predicting health risk behaviors following sexual victimization: The role of self-worth. In H. L. Littleton (Chair), *Sexual violence, health risk behaviors, and re-victimization risk among diverse groups of women.* Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
19. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. B. (2013, November). Predicting risky sexual behavior in emerging adulthood: Examination of moderated mediation among victims of childhood sexual abuse and adult sexual assault. In H. L. Littleton (Chair), *Understanding health risk behaviors and re-victimization risk among sexual violence victims: Examining the impact of different types of sexual victimization.* Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.

20. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. (2013, November). The From Survivor to Thriver Program: Initial results of an RCT for an online program for rape victims with PTSD. In A. E. Grills (Chair), *Findings from three novel RCTs examining web-based interventions for stress and trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
21. Rosman, L.* & **Littleton, H. L.** (2013, March). *Body image as a mediator of the relationship between cancer-related changes in appearance and sexual adjustment in breast cancer survivors*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
22. **Littleton, H. L.**, & Ullman, S. E. (2012, November). Re-victimization risk following sexual violence: Examination of structural models in African American and European American women. In H. L. Littleton (Chair), *Understanding sexual violence and exploitation risk among diverse groups of women*. Symposium conducted at the annual meeting of International Society for Traumatic Stress Studies, Los Angeles, CA.
23. Buck, K. S.* & **Littleton, H. L.** (2012, April). *Women's gender schemas for obstetricians-gynecologists: Impact on satisfaction*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
24. Fondren, J. C.* & Bazzini, D. G., & **Littleton, H. L.** (2011, June). *The impact of humor, distraction, and trait forgiveness on rumination regarding a past transgression*. Paper presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
25. Buck, K. S.* & **Littleton, H. L.** (2011, April). *Women's gender schemas and scripts for obstetrician-gynecologists*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
26. **Littleton, H. L.**, & Grills-Taquechel, A. E. (2010, November). Information processing, adjustment, and re-victimization following rape. In J. S. Joseph (Chair), *Cognitive appraisals and traumatic stress*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, Canada.
27. **Littleton, H. L.**, & Buck, K.* (2010, February). *The Survivor to Thriver (S to T) Program: A Pilot Evaluation*. Paper presented at the annual meeting of the Association for Women in Psychology, Portland, OR.
28. **Littleton, H. L.** (2009, November). The impact of support and disclosure reactions on sexual assault victims. In H. L. Littleton (Chair), *Disclosure, reactions, and support: Predictors and consequences following sexual violence*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
29. **Littleton, H. L.** (2009, November). Evaluation of a cognitive processing model of adjustment following the VT mass shooting. In H. L. Littleton (Chair), *Longitudinal examinations of adjustment following the VT and NIU campus shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
30. Buck, K.* & **Littleton, H. L.** (2009, November). Effects of multiple traumas on PTSD and QOL: Mediation of benevolence beliefs. In H. L. Littleton (Chair), *Longitudinal examinations of adjustment following the VT and NIU campus shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
31. Amacker, A.* & **Littleton, H. L.** (2009, August). *The relation between perceptions of similarity and responsibility attributions to a victim of sexual assault*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.

32. Bye, K.S.,* & **Littleton, H. L.** (2009, August). *Examination of rape supportive attitudes in a multi-ethnic college sample*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
33. Vickery, J.,* **Littleton, H. L.**, Law, M. K.*, & Axsom, D. (2009, April). *Body image and risky sex: An examination of key moderators*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.
34. **Littleton, H. L.**, Bye, K.*, Amacker, A.*, & Rickelm, A.* (2009, April). *Stress during pregnancy and perinatal outcomes: A meta-analysis*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.
35. **Littleton, H. L.** (2008, November). Social support and sexual assault recovery: The mediating role of coping. In R. Cieslak (Chair), *Social and cognitive determinants of recovery after trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
36. Lozano, N.*, Lee, B.*, Kelly, B.*, & **Littleton, H.** (2008, November). *Effects of knowing a rape victim: Reactions to crime victims*. Paper presented at the annual meeting of the Texas Psychological Association, Austin, TX.
37. Kelly, B.*, **Littleton, H.**, Cooper, M.*, & Lozano, N.* (2008, November). *Perceptions of male and female professors*. Paper presented at the annual meeting of the Texas Psychological Association, Austin, TX.
38. Canales, E.*, Bye, K.*, & **Littleton, H.** (2008, November). *Attitudes toward rape victims among college men*. Paper presented at the annual meeting of the Texas Psychological Association, Austin, TX.
39. Orcutt, H. (Chair) & **Littleton, H.** (2008, November). *The accidental disaster researcher: Challenges in conducting quick-response studies*. Symposium conducted at the annual Conference on Innovations in Trauma Research Methods, Chicago, IL.
40. **Littleton, H. L.** (2008, November). Examining post-shooting distress from a conservation of resources framework. In H. L. Littleton (Chair), *Risk and resilience following mass trauma: The Virginia Tech shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
41. Bye, K.*, Langelier, A.*, **Littleton, H. L.**, & Grills-Taquechel, A. E. (November, 2008). Cumulative effects of multiple traumas on quality of life: Benevolence beliefs as a potential mediator. In H. L. Littleton (Chair), *Risk and resilience following mass trauma: The Virginia Tech shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
42. **Littleton, H. L.**, Backstrom, T.*, Canales, E.*, & Tabernik, H.* (2008, August). *Risky situation or harmless fun? College women's perceptions of hook-ups*. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
43. **Littleton, H. L.** (2008, August). Predicting PTSD symptomatology following the mass shooting at Virginia Tech: Risk and resilience. In H. L. Littleton (Chair). *The aftermath of the Virginia Tech shootings: Distress and resilience*. Symposium conducted at the annual meeting of the American Psychological Association, Boston, MA.
44. Schart, L.*, Grills-Taquechel, A. & **Littleton, H. L.** (2007, November). *Predicting alcohol abuse: The roles of sexual victimization history, internalizing symptoms, and ethnic minority status*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

45. Schart, L.*, **Littleton, H. L.**, & Grills-Taquechel, A. (2007, November). *Predicting sexual coping: The roles of sexual assault, internalizing symptoms, and ethnicity*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
46. **Littleton, H. L.**, & Henderson, C. E. (2007, November). *Does not acknowledging rape protect victims from developing PTSD? Evaluation in a college sample*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
47. **Littleton, H. L.**, Horsley, S.*, John, S.*, & Nelson, D. V. (2007, March). *Coping with trauma and distress: A meta-analysis*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Washington, D.C.
48. **Littleton, H. L.**, Berenson, A. B., & Radecki Breitkopf, C. (2006, October). *An evaluation of health care providers' sexual violence screening practices*. Paper presented at the annual meeting of the Central Association of Obstetricians and Gynecologists, Las Vegas, NV.
49. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2006, August). *Anxiety during pregnancy and neonatal outcomes: A meta-analysis*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.
50. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2006, August). *The rape scripts of Caucasian and Latina women*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.
51. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2005, April). *Body consciousness and risky sexual behaviors*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
52. **Littleton, H. L.**, & Axsom, D. (2004, November). *Are there multiple types of non-recovered victims? A preliminary test of a memory-processing model*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
53. **Littleton, H. L.**, & Axsom, D. (2004, November). *Coping with the experience of rape*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
54. **Littleton, H. L.**, & Axsom, D. (2003, November). *Coping with the consequences of rape: Unacknowledged versus acknowledged victims*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
55. **Littleton, H. L.**, & Axsom, D. (2002, August). *Effects of priming rape and seduction scripts on rape attributions*. Paper presented at the annual meeting of the American Psychological Association, Chicago, IL.
56. Axsom, D., **Littleton, H. L.**, & Tiedeman, K. (2002, August). *Attributions of self-blame following victimization: A meta-analysis*. Paper presented at the annual meeting of the American Psychological Association, Chicago, IL.
57. Blier, H. K., Fox, L. D., Scarpa-Friedman, A., Ollendick, T. H., **Littleton, H.**, & Seligman, L. (2001, November). *School-based group intervention for aggressive adolescents: Treatment outcomes and implications*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
58. **Littleton, H. L.**, Axsom, D., & Pury, C. L. S. (2001, August). *Development of a body dysmorphic questionnaire*. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
59. Blier, H. K., Fox, L. D., **Littleton, H.** & Scarpa-Friedman, A. (2001, July). *School-based group treatment of aggressive youth: Outcomes and applications*. Paper presented at the 2001 World Congress of Behavioral and Cognitive Therapies, Vancouver, B. C.

60. **Littleton, H. L.**, & Axsom, D. (2001, March). *The rape and seduction scripts of college students*. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
61. **Littleton, H. L.**, & Stephens, B. R. (1997, April). *How gender affects perceptions of aggression in negative campaign advertising*. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
62. Patton, C.W., Allen, D. K., Bundrick, C. L., **Littleton, H. L.**, Sloan, P. A., & Tyrrell, R. A. (1997, April). *Pedestrian estimations of their own visibility under different nighttime conditions*. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.

Other publications:

- Littleton, H. L.**, Dodd, J. C.*, & Rudolph, K.* (2016). Psychosocial functioning within shooting-affected communities: Individual and community-level factors. In L. C. Wilson (Ed.), *The Wiley Handbook of the Psychology of Mass Shootings*. Oxford, UK: Wiley.
- Littleton, H. L.**, Decker, M.*, & Dodd, J.* (2015). [Review of the book *The politics of women's bodies: Sexuality, appearance, and behavior* (4th ed.)]. *Psychology of Women Quarterly*, 39, 132-133.
- Littleton, H. L.** (2011). [Review of the book *Talking about sexual assault: Society's response to survivors*]. *Psychology of Women Quarterly*, 35, 167.
- Littleton, H. L.** (2010). Posttraumatic stress disorder. In B. S. Fisher and S. P. Lab (Eds.), *Encyclopedia of Victimology and Crime Prevention*. Thousand Oaks, CA: Sage.
- Littleton, H. L.** (2010). Sexually transmitted diseases and sexual victimization. In B. S. Fisher and S. P. Lab (Eds.), *Encyclopedia of Victimology and Crime Prevention*. Thousand Oaks, CA: Sage.
- Orcutt, H., & **Littleton, H.** (2010). Implementing and managing a quick-response research project: Advice from researchers responding to the tragedies at Virginia Tech and Northern Illinois University. *Traumatic Stress Points*, 24, 5-6.
- Littleton, H. L.**, & Berenson, A. B. (2008). Medical management of the adolescent sexual abuse victim. In R. M. Reece (Ed.), *Child abuse: Medical diagnosis and management* (3rd ed., pp. 321-341). Washington, D.C.: American Academy of Pediatrics.
- Littleton, H. L.** (2008). Body image dissatisfaction: Normative discontent? [Review of the book *Body image: Understanding body dissatisfaction in men, women, and children*, revised edition]. *Sex Roles*, 59, 292-293.
- Littleton, H. L.**, & Stephens, B. R. (1999). How gender affects perceptions of aggression in negative campaign advertising. *Psi Chi Undergraduate Research Journal*, 4, 33-36.

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