

CURRICULUM VITAE

Steven L. Bistricky, Ph.D.

Licensed Psychologist, State of Texas (# 38467)

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CONTACT INFORMATION

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POSITIONS

2021-present UNIVERSITY OF COLORADO AT COLORADO SPRINGS
Assistant Professor, Department of Psychology
Core Faculty, Clinical Psychology Ph.D. (APA Accredited) and M.A. Programs

2012-2021 UNIVERSITY OF HOUSTON-CLEAR LAKE
Associate Professor, Department of Clinical, Health, and Applied Sciences
Director of Clinical Training, Clinical Psychology Master of Arts Program
Core Faculty, Health Service Psychology Doctoral Program (APA Accredited-on contingency)

EDUCATION AND TRAINING

2010-2012 UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
Clinical Psychology Internship and Post-Doctoral Fellowship
Clinical Psychology Training Program, Department of Psychiatry, Langley Porter
Psychiatric Hospital & Clinics (APA Accredited-Clinical)

2005-2010 UNIVERSITY OF KANSAS
Clinical Psychology Ph.D. Program (APA Accredited-Clinical)
Degrees: Master of Arts (February 2008), Doctor of Philosophy (August 2011)
Masters Thesis: Reaction time and pupillary dilation measures of emotional information
processing in dysphoria
Dissertation: Inhibitory processing of sad facial expressions and depression
Vulnerability
Masters Thesis and Dissertation Chair: Rick Ingram, Ph.D.

1997-2000 UNIVERSITY OF ARIZONA
Major: Communication
Degree: Bachelor of Arts, *Magna cum Laude* (May 2000)

PUBLISHED PEER REVIEWED JOURNAL ARTICLES

1. **Bistricky, S.L.**, Walther, C., Balderas, J.*, Prudon, J.*, Ward, C., Ingram, R.E., & Atchley, R.A. (2021). Dysfunctional sleep insufficiency and reduced P3 attentional response to positive social information. *Sleep and Biological Rhythms*, 19(3), 237-245. doi.org/10.1007/s41105-021-00309-w
2. Balderas, J.*, **Bistricky, S.L.**, Schield, S.*, & Short, M.B. (2021) Spontaneous and instructed emotion-focused coping in dysphoria: Effects on emotion experience and use of other emotion-focused coping strategies. *Current Psychology*. Downloaded from: <https://link.springer.com/content/pdf/10.1007/s12144-021-01924-z.pdf>
3. Long, L.J.*, **Bistricky, S.L.**, Phillips, C.A.*, D'Souza, J.M.*, Richardson, A.L.*, Lai, B.S., Short, M.B., & Gallagher, M.W. (2020). The unique impact of hope and resilience on mental health and well-being in the wake of Hurricane Harvey. *Journal of Traumatic Stress*, 22(6), 962-972. doi.org/10.1002/jts.22555
4. **Bistricky, S.L.**, Long, L.J.*, Lai, B.S., Gallagher, M.W., Kanenberg, H., Elkins, S.R., Harper, K.L.*, & Short, M.B. (2019). Surviving the storm: Avoidant coping, helping behavior, resilience, affective symptoms around a major hurricane/flood. *Journal of Affective Disorders*, 257:297-306. doi:10.1016/j.jad.2019.07.044
5. **Bistricky, S.L.**, Harper, K.*, Balderas, J.*, Cook, D.*, Rios, D., & Short, M.B. (2019). Attentional avoidance of historically relevant, task-irrelevant facial affect: Past depression, interpersonal characteristics, and ethnicity. *Psychological Reports*, 123(6). doi:10.1177/0033294119869825
6. Balderas, J.*, Schield, S.*, Harper, K.*, Schanding, T., Ingram, R.E., Atchley, R.A., & **Bistricky, S.L.** (2019). Current dysphoria, past major depression, and memory for affective facial expressions. *Current Psychology*. doi:10.1007/s12144-019-00321-x
7. Roberts, C.M.*, Harper, K.L.*, **Bistricky, S.L.**, & Short, M.B. (2019). Bedtime behaviors: Parental accommodations, mental health, and children's sleep disturbance behaviors. *Children's Health Care*. (published online, May 9) doi:10.1080/02739615.2019.1605607
8. Malchar, S.*, Praytor, S.*, Wallin, A.*, **Bistricky, S.L.**, & Schanding, Jr., G.T. (2018). Evaluating family-school collaboration: A preliminary examination of the Family-School Collaboration Inventory. *Contemporary School Psychology*, 1-11. doi: 10.1007/s40688-019-00227-2
9. Knott, L., Wetterneck, C., Norwood, W., & **Bistricky, S.L.** (2018). The impact of training in Functional Analytic Therapy on therapists' target behavior. *Behavior Analysis: Research and Practice*. doi:10.1037/bar0000097

* denotes mentored trainee/student

10. Gomez, J.*, Hoffman, H.G., **Bistricky, S.**, Gonzalez, M., Rosenberg, L., Sampaio, M., García-Palacios, A. Navarro-Haro, M.V., Alhalabi, W., Rosenberg, M., Meyer 3rd, W.J., Linehan, M.M. (2017). The use of Virtual Reality facilitates Dialectical Behavior Therapy® “observing sounds and visuals” mindfulness skills training exercises for a Latino patient with severe burns: A case study. *Frontiers in Psychology: Clinical and Health Psychology*. doi:10.3389/fpsyg.2017.01611
11. **Bistricky, S.L.**, Gallagher, M.W., Roberts, C.*, Ferris, L.*, Gonzalez, A.*, & Wetterneck, C. (2017). Frequency of interpersonal trauma types, avoidant attachment, self-compassion, and interpersonal competence: A model of persisting post-traumatic symptoms. *Journal of Aggression, Maltreatment, and Trauma*. doi:10.1080/10926771.2017.1322657
12. **Bistricky, S.L.**, Harper, K.*, Roberts, C.*, Cook, D.*, Schield, S.*, Bui, J.*, & Short, M.B. (2017). Understanding and promoting stress management practices among college students with an integrated health behavior model. *American Journal of Health Education*, 49,1. doi: 10.1080/19325037.2017.1377651
13. Short, M.B., Wetterneck, C.T., **Bistricky, S.L.**, Shutter, T., & Little, T.E.* (2016). Clinicians’ beliefs, observations, and treatment effectiveness regarding clients’ sexual addiction and internet pornography use. *Community Mental Health Journal*, 51(8), 1070–1081. doi:10.1007/s10597-016-0034-2
14. Lee, E.*, **Bistricky, S.L.**, Milam, A., Wetterneck, C., & Björgvinsson, T. (2016). Thought control strategies and symptom dimensions in obsessive-compulsive disorder: Associations with treatment outcome. *Journal of Cognitive Psychotherapy*, 30(3), 177–189. doi:10.1891/0889-8391.30.3.177
15. **Bistricky, S.L.**, Harrison, J.*, Tran, K.*, & Schield, S.* (2016). Attending to emotional faces: Interpersonal connections and depression history. *Journal of Social and Clinical Psychology*, 35(3), 202-234. doi: 10.1521/jscp.2016.35.3.202
16. **Bistricky, S.L.**, Tran, K.*, & Muths, L.A.H.* (2016). Increasing use and dissemination of stress reduction techniques: Learning, familiarity, and family history. *Training and Education in Professional Psychology*, 10(2), 117-124. doi:10.1037/tep0000116
17. **Bistricky, S.L.**, Ingram, R.E., Siegle, G.J., & Short, M.B. (2015). Parental depression risk and reduced physiological responses during a valence identification task. *Cognitive Therapy and Research*, 39(3), 318–331. doi:10.1007/s10608-014-9660-6
18. **Bistricky, S.L.**, Atchley, R.A., Ingram, R.E., & O’Hare, A. (2013). Biased processing of sad faces: An ERP marker candidate for depression vulnerability. *Cognition and Emotion*, 28(3), 470-492. doi.org/10.1080/02699931.2013.837815
19. **Bistricky, S.L.** (2013). Mill and mental phenomena: Critical contributions to a science of cognition. *Behavioral Sciences*, 3(1), 217–231. doi:10.3390/bs3020217.
20. Atchley, R.A., Ilardi, S.S., Young, K., Stroupe, N., O’Hare, A. **Bistricky, S.L.**,...Lepping, R.J. (2012). Depression reduces perceptual sensitivity for positive words and pictures. *Cognition and Emotion*, 26(8), 1359-1370. doi:10.1080/02699931.2012.660134

21. **Bistricky, S.L.**, Ingram, R.E., & Atchley, R.A. (2011). Facial affect processing and depression susceptibility: Cognitive biases and cognitive neuroscience. *Psychological Bulletin*, 137(6), 998-1028. doi:10.1037/a0025348
22. **Bistricky, S.L.**, Mackin, R.S., Chu, J., & Areán, P.A. (2010). Recruitment of older African Americans and Asian Americans with late life depression and mild cognitive impairment. *American Journal of Geriatric Psychiatry*, 18(8), 734-742. doi:10.1097/JGP.0b013e3181cc0314
23. Ingram, R.E., Nelson, T., Steidtmann, D., & **Bistricky, S.** (2007). Comparative data on child and adolescent cognitive measures associated with depression. *Journal of Consulting and Clinical Psychology*, 75, 390-403. doi:10.1037/0022-006X.75.3.390

MANUSCRIPTS IN PROGRESS

1. Balderas, J.*, **Bistricky, S.L.**, Millmann, M.*, Gimenez-Zapiola, M.*, Pascuzzi, B.*, & Short, M.B. (manuscript submitted). Brief online intervention model promotes sustained helping behavior across 6 months following a population-wide traumatic event.
2. Giménez-Zapiola*, Pascuzzi, B.*, Bathla, S.*, Pollard, T.*, & Schanding, G.T., & **Bistricky, S.L.** (manuscript in preparation). Sexual orientation, mental health symptoms, resilience, and self-care in professional psychology.
3. **Bistricky, S.L.**, Marek, R.J., Sublett, L., Moreno, G., & Palmer, L.E.* (manuscript in preparation). Self/other identity balance supports positive employee-supervisor relationship, strengthening perception that work goals benefit self and others in Latinx and non-Latinx individuals.
4. **Bistricky, S.L.**, Egan, A.*, Lopez, A.K.*, Pollard, T.*, Schanding, G.T., & Sublett, L. (manuscript in preparation). Enhancing practitioner-focused graduate research training through a collaborative psychoeducation intervention project.
5. Daniel, J.*, Reyes, J.*, Kaye, S.*, Chu, J.*, Baulch, C.*, **Bistricky, S.L.**, & Marek, R.J. (manuscript in preparation). Preliminary investigation of the MMPI-3 Compulsivity Scale.
6. **Bistricky, S.L.**, Egan, A.*, Pollard, T. B.*, Lopez, A.K.*, & Brehm, G. (manuscript in preparation). Feasibility and acceptability of a brief hybrid intervention addressing emotion regulation and bedtime procrastination through mindfulness, self-compassion, and sleep hygiene.

PUBLISHED BOOK SECTIONS

1. Hammen, C., **Bistricky, S.L.**, & Ingram, R.E. (2009). Vulnerability to depression in adulthood. In R. Ingram & J. Price (Eds.), *Handbook of vulnerability to psychopathology: Risk across the lifespan*, 2nd Edition. New York: Guilford.
2. **Bistricky, S.L.** (2009). The Dysfunctional Attitudes Scale. In R.E. Ingram (Ed.), *International encyclopedia of depression*. New York: Springer Publishing Company.
3. **Bistricky, S.L.**, & Klein, J.* (2009). Minor depression. In R.E. Ingram (Ed.), *International encyclopedia of depression*, New York: Springer Publishing Company.

- Ingram, R.E., Steidtmann, D.K. & **Bistricky, S.L.** (2008). Information processing: Attention and memory. In K. Dobson & D. Dozois (Eds.), *Risk factors in depression*. New York: Elsevier Books.

RESEARCH GRANTS/FUNDING

2017. Co-Investigator and Faculty Sponsor, Hasting Family Project Fund. Validation of the APOP: Acceptance of Pelvic Organ Prolapse. \$1000 (Funded)

2017. Co-Principal Investigator, University of Houston – Clear Lake, Faculty Research & Support Funds. Variables Associated with Adults’ and Children’s Psychological Function and Helping Behaviors Following Hurricane Harvey. \$3800. (Funded)

2012. Principal Investigator, University of Houston – Clear Lake, Faculty Research & Support Funds. Depressive Attention Toward Facial Emotion and Social Dysfunction. \$2700. (Funded)

2010. Scott Mesh Honorary Scholarship for Research in Psychology, American Psychological Association of Graduate Students. Facial Affect Processing in Depression-Susceptible Groups. \$2000. (Funded).

2009. National Institute of Mental Health, Ruth L. Kirschstein National Research Service Award (F31). Inhibitory Processing of Sad Facial Expressions and Depression Vulnerability. \$34,000. (Not funded)

RESEARCH PRESENTATIONS

- Lopez, A.*, Gimenez-Zapiola, M.*, Egan, A.*, & Pollard, T.*, Palmer, L.E.*, Graves, M.*, Velasquez, K.*, & **Bistricky, S.L.** (2021). Feasibility of hybrid group-self-directed training in self-compassion for emotion regulation and sleep. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA.
- Gimenez-Zapiola, M.*, Pascuzzi, B.*, Pollard, T.*, Bathla, S.*, Schanding, G.T., & **Bistricky, S.L.** (2021). Comparing mental health and self-care practices of professional psychology program students and alumni based on sexual orientation. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA.
- Marek, R.J., Kaye, S.*, Baulch, C.*, & **Bistricky, S.L.** (2021) Obsessive Compulsive Disorder severity and COVID-19. Increased severity or method variance? Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA.
- Egan, A.*, Lopez, A.*, Gimenez-Zapiola, M.*, Pollard, T.B.*, Pascuzzi, B.*, Sandhu, H.*, Short, R.J. & **Bistricky, S.L.** (2021). Pilot virtual self-compassion training reduces bedtime procrastination and negative affect. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA.

5. Pascuzzi, B.*, Grant, S.*, Palmer, L.*, Sandhu, H.*, & Elkins, S.R., Auslander, B., Marek, R.J. & Bistricky, S.L. (2021). Health Anxiety Moderates the Relationship Between Health Self-Efficacy and Health Behavior Adherence. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA.
6. Gimenez-Zapiola, M.*, Pascuzzi, B.*, Bathla, S.*, Mejia, C.*, Pollard, T.*, Schanding, G.T., Elkins, S., & **Bistricky, S.L.** (2021). Self-care and mental health in graduate students and alumni during the COVID-19 pandemic. Poster abstract accepted for presentation at the Southwestern Psychological Association convention, San Antonio, TX.
7. Egan, A.*, Lopez, A.*, Pollard, T.*, Palmer, T.*, & **Bistricky, S.L.** (2021). How procrastinatory cognitions and self-control relate to self-compassion. Poster abstract accepted for presentation at the Southwestern Psychological Association convention, San Antonio, TX.
8. Pascuzzi, B.*, Darban, B.*, Millmann, M.*, Ramón, E. *, Box, H.*, Gimenez-Zapiola, M.*, Short, M.B., & **Bistricky, S.L.** (2020). Predictors of community helping behavior after Hurricane Harvey. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA.
9. Daniel, J.*, Reyes, J.*, **Bistricky, S.L.**, & Marek, R.J. (2020). Validating the Compulsivity (CMP) Scale of the MMPI-3. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA.
10. Pascuzzi, B.* Velasquez, K.*, Gimenez-Zapiola, M. *, Box, H. *, **Bistricky, S.L.** (2020). Subfactors of emotion dysregulation and quiet ego modulate intolerance of uncertainty. Abstract accepted for poster presentation at the Southwest Psychological Association Convention, Frisco, TX. Also presented at UHCL Student Conference for Research and Creative Arts.
11. **Bistricky, S.L.** (2020). Avoidant coping, helping behavior, resilience, and symptoms of PTSD and depression following Hurricane Harvey. Paper accepted for presentation at Anxiety and Depression Association of America Annual Convention, San Antonio, TX.
12. Lopez, A.*, Pollard, T.*, Egan, A.*, & **Bistricky, S.L.** (2019). The relationship between perceived stress, intolerance of uncertainty, mindfulness variables and self-compassion and anxiety levels. Poster presented at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
13. Long, L. *, **Bistricky, S.L.**, Phillips, C. *, D'Souza, J., Richardson, A. *, Lai, B., Kanenberg, H., Elkins, S., Harper, K., & Short, M.B. (2019). The comparative influence of hope and trait resilience on mental health in the aftermath of Hurricane Harvey. Poster presented at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
14. Darban, B.*, Velasquez, K.M.*, Martinez, M.*, Nguyen, T.*, Casillas, L.*, Schield, S. *, **Bistricky, S.L.**, Short, M.B., & Elkins, S. (2019). Impact of Hurricane Harvey on parent psychopathology and parental accommodation. Poster presented at the American Psychological Association convention. Chicago, IL.

15. Farah, L.*, Harper, K.*, Darban, B.*, Long, L.*, Lai, B., Short, M.B., Gallagher, M.W., Elkins, S., Kanenberg, & **Bistricky, S.L.** (2018). How strongly were Hurricane Harvey exposure, coping, social support, and ethnicity related to PTSD symptoms? Poster presented at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
16. O'Brien, K.*, Schield, S.*, Balderas, J.*, Romero, G.*, Segovia, S.*, & **Bistricky, S.L.** (2018). Attention bias variability and implications for depression vulnerability. Poster presented at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
17. Velasquez, K.M.*, Salas, R., **Bistricky, S.L.**, Segovia, S.*, Romero, G.*, & Duke, T.* (2018). Psychological inflexibility and altered frontal-to-basal ganglia resting state functional brain connectivity in PTSD. Poster presented at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
18. Velasquez, K.M.*, Gosnell, S.N., **Bistricky, S.L.**, & Salas, R. (2018). Altered functional connectivity in basal ganglia to frontal cortex and anxiety symptoms in PTSD. Poster abstract presented at Southwestern Psychological Association convention, Houston, TX.
19. Cook, D.M.*, **Bistricky, S.L.**, Strait, G., Johnston, A. Velasquez, K.*, Harper, K.*, Schield, S.*, O'Brien, K.* & Elkins, S. (2018). How brief is too brief? Mindfulness training and social anxiety. Poster presented at Southwestern Psychological Association convention, Houston, TX.
20. O'Brien, K.*, Balderas, J.C.*, Rogers, S.*, Short, M.B., & **Bistricky, S.L.** (2017). Emotion regulation and attention in dysphoria: When does rumination predict mood-congruent attention? Poster presented at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
21. Harper, K.*, Urane, W.*, Balderas, J., **Bistricky, S.L.**, & Short, M.B. (2017). 1-2-3 for HPV! 'Catch up' To take care of me! A pilot intervention to increase HPV vaccination uptake among 18-26 year olds. Poster presented at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
22. Cook, D.M.*, O'Brien, K.*, Harper, K.*, Johnston, A., Elkins, S. & **Bistricky, S.L.** (2017). To perform or not to perform: Avoidance, fear, and a brief training to increase mindfulness. Poster presented at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
23. Balderas, J.C.*, Harper, K.L.*, Schield, S.L.*, O'Brien, K., Short, & Bistricky, S.L. (2017). Spontaneous and instructed emotion regulation in dysphoria: Effects on emotion experience. Poster presented at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
24. Cook, D.*, Harper, K.L.*, Bui, J.*, Schield, S.*, Dworzycki, K.*, Roberts, C.M.*, Garcia, D.*, Johnston, A., Elkins, S., & **Bistricky, S.L.** (2017). Relationships between anxiety and mindfulness: Traits, training, and practice. Poster presented at annual Student Conference for Research and Creative Arts, University of Houston-Clear Lake, Houston, TX.
25. Roberts, C.*, Cook, D.*, Bui, J.*, & **Bistricky, S.L.** (2017). Social and psychological predictors of stress reduction technique use in undergraduates. Research poster presented at annual conference of the Southwestern Psychological Association, San Antonio, TX.

26. Roberts, C.*, Wang, S.*, Nguyen, T.*, Ward, C., **Bistricky, S.L.**, & Short, M.B. (2017). Bedtime behaviors: The relationship of children's sleep disturbance behaviors and parental variables. Research poster presented at the annual conference of the Southwestern Psychological Association, San Antonio, TX.
27. **Bistricky, S.L.** (2016). Interpersonal trauma, competence and self-compassion: Relationships with post-traumatic symptoms. Paper presentation at Emily G. Sutter UHCL Symposium: Current Issues in Clinical, Health, and Applied Sciences. April 8th. Houston, TX.
28. Harper, K.H.*, Balderas, J.C.*, Bui, J.*, Short, M.B., & **Bistricky, S.L.** (2016). Health Belief Model as a predictor for college student intended use of stress management techniques. Research poster presented at the Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.
29. Balderas, J.C.*, Harper, K.L.*, Ingram, R.E., Atchley, R.A., **Bistricky, S.L.** (2016). Affective memory in dysphoric individuals with or without past depression history. Research poster presented at the Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.
30. **Bistricky, S.L.** (2016). Social Anxiety and Autism. Presentation to students and faculty in grand rounds-Style colloquium at University of Houston-Clear Lake. February 25th. Houston, TX.
31. Gomez, J.*, Hoffman, H., Gonzalez, M., Patterson, D., Palacios, A.G., Navarro Haro, M.V., Al-Halabi, W., Rosenberg, L., Rosenberg, M., **Bistricky, S.**, Linehan, M., & Meyer, W. (2016). The use of virtual reality with Oculus Rift to facilitate Dialectical Behavior Therapy "observing sounds and visuals" mindfulness skills training exercises for a Latino patient with severe burns: A case study. Presented at International Society for Burn Injuries Annual Convention, Miami, FL.
32. Harper, K.*, Balderas, J.S.*, Osegueda, A.J.*, Short, M.B., & **Bistricky, S.L.** (2015). Re-attuned to harmony? Depression history, Hispanic ethnicity, and attention to emotion. Research poster presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.
33. Balderas, J.S.*, Love, D.*, Harper, K.*, Schield, S.*, Guidry, A.*, & **Bistricky, S.L.** (2015). Conflict management, negative assertion, rumination and self-esteem in remitted depressed individuals. Research poster presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.
34. Harper, K.*, Balderas, J.S.*, Harrison, J.*, Love, D.*, Bui, J.*, & **Bistricky, S.L.** (2015). Fear of negative evaluation and rumination in relation to initiation, disclosure, and current dysphoria. Research poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago, IL.
35. **Bistricky, S.L.**, Elmore, J.*, Guidry A.*, Tran, K.*, & Hellinghausen, L.* (2014). Personal predispositions and persuasion in selecting specific stress reduction techniques. Featured presentation. New Dimensions Day Hospital Continuing Education Series, Houston, TX.
36. **Bistricky, S.L.** (2014). Over the borderline: Dialectical behavior therapy's broadening applications. Paper Presentation at annual Current Issues in Mental Health symposium at University of Houston-Clear Lake. Houston, TX.

37. Lee, E. B.*, **Bistricky, S. L.**, Milam, A. C., Wetterneck, C. T., & Björgvinsson, T. (November 2014). Thought control strategies and obsessive-compulsive disorder dimensionality. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Special Interest Group Poster Exposition, Philadelphia, PA.
38. Knott, L.E.*, Norwood, W. **Bistricky, S.L.**, & Wetterneck (2014). The impact of training in Functional Analytic Psychotherapy on therapists' target behaviors. Poster presented at the Annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
39. Negrete, M.*, Elmore, J.*, Hellinghausen, L.*, Tran, K.*, & **Bistricky, S.L.** (2014). Do as I say, do, and know: Disseminating stress reduction techniques. Presented at Southwestern Psychological Association. San Antonio, TX.
40. Harrison, J. *, Hellinghausen, L. *, **Bistricky, S.L.**, Elmore, J.*, Tran, K.*, Osegueda, A*. & Schield, S.* (2014). Afraid to ask: Relationships among past depression, current dysphoria, fear of negative evaluation, and reassurance seeking. Poster presented at annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
41. Harrison, J.*, Page, T.*, Hellinghausen, L.*, **Bistricky, S.L.**, Lazorwitz, B.*, Prudon, J.*, Negrete, M.*, & Guidry, A. (2014). Interpersonal incompetence and deficient social support: Correlates of past depression or current dysphoria? Poster presented at the Annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
42. Hellinghausen, L.*, Short, M.B., & **Bistricky, S.L.** (2014). Parental involvement and how it may affect children in dance. Research poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
43. Osegueda, A. J.*, David, C. A.*, **Bistricky, S. L.**, & Wetterneck, C. T. (2014). The effects of interpersonal trauma on intimacy, relationships and social competence. Poster presented at the International Society for Traumatic Stress Studies annual conference. Miami, FL.
44. Osegueda, A. J.*, David, C. A.*, **Bistricky, S. L.**, & Wetterneck, C. T. (2014). Effects of trauma types and frequency on PTSD severity and levels of distress. Poster presented at the International Society for Traumatic Stress Studies annual conference. Miami, FL.
45. Negrete, M.*, Elmore, J.*, Prudon, J.*, & **Bistricky, S.** (2014). Preferences for stress reduction techniques in racial and ethnic minority students. Poster presented at UHCL Student Conference for Research and Creative Arts. Houston, TX.
46. Ma., X., Short, M., **Bistricky, S.**, & Zaborowski, J.* (2014). The role of anticipated regret in risky sexual Decision making. Society for Personality and Social Psychology Annual Meeting. Austin, TX.
47. **Bistricky, S.** (2013). Problem Solving Therapy: An evidence based intervention for depression. Presentation at Current Issues in Mental Health symposium at University of Houston-Clear Lake. Houston, TX.
48. Tran, K.*, Hellinghausen, L.*, & **Bistricky, S.** (2013). What factors predict stress reduction technique use in future mental health practitioners? Poster presented at Association for Behavioral and Cognitive Therapies conference. Nashville, TN.

49. Hellinghausen, L.*, Tran, K.*, & **Bistricky, S.** (2013). What makes trainees willing to recommend certain Stress reduction techniques? Poster presented at Association for Behavioral and Cognitive Therapies conference. Nashville, TN.
50. Tran, K.*, Hellinghausen, L.*, & **Bistricky, S.** (2013). What predicts future mental health practitioners' intention to use certain stress reduction interventions? Poster presented at Association for Behavioral and Cognitive Therapies conference. Nashville, TN.
51. Fekri, S. M.*, Baker, M., **Bistricky, S.**, Couture, L., Nelson, C. J., & Mackin, R. S. (2012). Effect of anxiety on cognitive functioning and perception of cognitive difficulties in individuals with late life depression. Poster presented at American Association for Geriatric Psychiatry Convention. Washington, DC.
52. **Bistricky, S.**, Atchley, R.A., Ingram, R.E., O'Hare, A., Candea-Kromm, B.*, Judah, M.*, Appier, S.*, Garcia, A.*, Meyer, K.*, Bradshaw, G.*, Kearney, W.*, & Powell, E.* (2011). Preferential Processing of Sad Facial Expressions: An ERP Marker of Depression Risk. Poster presented at Society for Research in Psychopathology. Boston, MA.
53. Flach K.*, Pugh, S.R.*, Rudd L.*, Pan, J., Lii, S., **Bistricky, S.**, Areán, P., & Mackin, R.S. (2010). Expressive Language impairments in older adults with late life depression. Conference of the American Society on Aging. San Francisco, CA.
54. Flach, K.*, Lii, S., Pan, J., Pugh, S.*, Rudd, L.*, **Bistricky, S.**, Areán, P., & Mackin, R.S. (2010). Impairments of financial capacity in older adults with late life depression. Bay Area Clinical Research Symposium. San Francisco, CA.
55. **Bistricky, S.**, Young, K., O'Hare, A., Stroupe, A., Fitts, A. Schuster, J. Ilardi, S. and Atchley, R.A. (2009). Depression and attention to emotionally valenced words and images: An event-related potentials (ERP) study. Poster presented at the Society for Research in Psychopathology Conference, Minneapolis, MN.
56. Young, K. Stroupe, N., Fitts, A. Ilardi, S. Collison, E.*, **Bistricky, S.**, O'Hare, A., & Atchley, R.A. (2009). The influence of depression on the detection of affect in pictures and words. Abstract published for presentation at the Theoretical & Experimental Neuropsychology meeting, Montreal, Quebec.
57. **Bistricky, S.L.**, Garcia, A.J.*, Candea-Kromm, B.*, Bradshaw, G.*, Ingram, R.E. (2009). Emotional facial expression interpretation differences among individuals with and without risk factors for major depression. Poster presented at the Graduate Research Competition, Lawrence, Kansas.
58. **Bistricky, S.L.**, & Ingram, R.E. (2008). Sustained pupil dilation and reaction time measures of emotional information processing in dysphoria: Gender matters. Poster presented at Society for Psychophysiological Research conference, Austin, TX.
59. **Bistricky, S.L.**, & Ingram, R.E. (2008). What were they thinking? Pupil dilation, self-reported off-task thinking, and incidental recall following attentional focus on emotional aspects of information. Poster presented at 2008 Society for Psychophysiological Research conference, Austin, TX.

60. **Bistricky, S.L.**, & Hamilton, N.A. (2008) The Positive and Negative Affect Schedule and dysphoria: A principal components analysis. Poster presented at Southwestern Psychological Association Convention, Kansas City, MO.
61. **Bistricky, S.L.**, Mackin, R.S., & Areán, P.A. (2005). Effective strategies for recruiting minorities suffering from late life depression and mild cognitive impairment. Poster presented at 2005 American Association for Geriatric Psychiatry Convention, San Diego, California.
62. **Bistricky, S.L.**, Mackin, R.S., & Areán, P.A. (2004). Efficacy of recruitment strategies for individuals suffering from late life depression and mild cognitive impairment. Poster presented at 2004 Bay Area Clinical Research Symposium, San Francisco, California.

NON-PEER REVIEWED PUBLIC HEALTH ARTICLES

1. Areán, P.A., **Bistricky, S.L.** (2003) Depression later in life: San Franciscans have treatment options. *San Francisco Observer*. July.
2. **Bistricky, S.L.** (2003) Holiday blues. *The Richmond Review*. December.

INSTRUCTIONAL AND SUPERVISORY EXPERIENCE

2012-present

Associate Professor

UNIVERSITY OF HOUSTON-CLEAR LAKE. Teach primarily graduate courses with occasional undergraduate courses.

- Abnormal Psychology
- Anxiety and Stress Management
- Basic Psychotherapy Skills
- Clinical Psychology Graduate Practicum
- Clinical Supervision Course and Practicum
- Development and Treatment of Mood and Anxiety Disorders
- External Practicum/Internship Coordinator
- Group Psychotherapy
- Personality Assessment
- Social Psychology
- Theories of Personality

Thesis committee member for master's students.

COMPLETED THESES

Caroline Roberts, B.A. (2017)

Title: Parental accommodation and children's sleep behaviors

Chair: Mary Short, Ph.D.; *Committee Members:* **Steven Bistricky, Ph.D.**, Julia Strait, Ph.D.

Jessica Balderas, M.A. (2016)

Title: Implementation of emotion regulation strategies and emotional experience in dysphoric individuals.

Chair: **Steven Bistricky, Ph.D.**; *Committee Member:* Mary Short, Ph.D.

Eric Lee, M.A. (2014)

Title: Thought control and emotion regulation strategies' relationships with treatment outcome in individuals with obsessive-compulsive disorder. (Thesis accepted by Utah State University Ph.D. program).

Chair: **Steven Bistricky, Ph.D.**; *Committee Members:* Alex Milam, Ph.D., Chad Wetterneck, Ph.D., Throstur Bjorvingsson, Ph.D.

Lindsey Knott, M.A. (2014)

Title: The impact of training in Functional Analytic Psychotherapy on therapists' target behaviors (Thesis accepted by Western Michigan University Ph.D. program).

Chair: William Norwood, Ph.D.; *Committee Members:* **Steven Bistricky, Ph.D.**, Chad Wetterneck, Ph.D.

Daniel Steinberg, M.A. (2014)

Title: Experiential avoidance and obsessive beliefs in obsessive-compulsive disorder. (Thesis accepted by University of North Texas Ph.D. program)

Chair: William Norwood, Ph.D.; *Committee Members:* **Steven Bistricky, Ph.D.**, Chad Wetterneck, Ph.D.

Jared Broussard, M.A. (2014)

Title: Effect of video game use and content on participant behavior and values

Chair: Mary Short, Ph.D.; *Committee Member:* **Steven Bistricky, Ph.D.**

Dissertation committee member for doctoral students.

COMPLETED

Kristina Harper, PsyD

Title: '1-2-3! Catch-up for HPV': A theoretically informed psychoeducational intervention to increase HPV vaccine uptake among young adults.

Chair: Mary B. Short, Ph.D.; *Committee Member:* **Steven Bistricky, Ph.D.**

Staci Schield, PsyD

Title: Predicting adherence to health behaviors: Developing a screening questionnaire to facilitate engagement in diet and physical exercise.

Chair: **Steven Bistricky, Ph.D.**; *Committee Members:* Sara Elkins, Ph.D.; Beth Auslander, Ph.D.; & Ryan Marek, Ph.D.

Diana (Cook) Stinson, PsyD

Title: Mindfulness and expressive writing for performance anxiety

Chair: **Steven Bistricky, Ph.D.**; *Committee Members:* Sara Elkins, Ph.D.; Amanda Johnston, Ph.D.; Gerald Strait, Ph.D.

Kenia Velasquez, M.A.

Title: How different facets of perfectionism correspond with adaptive and maladaptive psychological factors

Chair: **Steven Bistricky, Ph.D.**; *Committee Members:* Amanda Johnston, Ph.D.; Ryan Marek, Ph.D.

IN PROGRESS

Tyler Powers, M.A.

Topic: Multiple minority statuses and sexual minority stress in a sample of LGBTQ+ college students

Chair: Heather Littleton, Ph.D.; *Committee Members:* Katie Edwards, Ph.D., Colin Mahoney, Ph.D.; Anna Staudenmeyer, Ph.D.; **Steven Bistricky, Ph.D.**

Status: Proposal defense planned for September 2021

Mentor for student research and student educational/career goals.

MENTEES ADMITTED INTO DOCTORAL PROGRAMS

Jessica Balderas, Alana Egan, Jocelyn Gomez, Staci (Schield) Grant, Kristina Harper, Lindsey Knott, Eric Lee, Alicia Lopez, Jasmin Prudon, Caroline Roberts, Daniel Steinberg, Diana (Cook) Stinson.

2011-2013

Clinical Skills Trainer

ADVANCING INTEGRATIVE MENTAL HEALTH SERVICES (AIMS) CENTER - UNIVERSITY OF WASHINGTON. Conducted trainings with various community mental health agencies to teach clinicians to administer evidence based treatments, such as Problem Solving Therapy. Provided individual case consultation.

2009-2010

Graduate Student Junior Clinical Supervisor

UNIVERSITY OF KANSAS PSYCHOLOGICAL CLINIC.

Duties: Provided junior (supervised) supervision to two novice graduate student therapists. Co-facilitated novice therapist orientation and training.

Supervisor: Sarah Kirk, Ph.D.

2008-2010

Instructor

UNIVERSITY OF KANSAS, Lawrence. Developed and taught Abnormal Psychology, Theories of Personality.

2007

Instructor

DUKE UNIVERSITY TALENT IDENTIFICATION PROGRAM, University of Kansas, Lawrence Campus. Taught intensive Introduction to Psychology course.

2006-2007

Graduate Discussion Section Instructor

UNIVERSITY OF KANSAS, Lawrence. For two semesters, created and executed lesson plans covering material for undergraduate Experimental-Clinical Psychology course.

Lectured on research design, statistical analysis, and writing, and led discussions about clinical interviewing, diagnostic issues, and psychophysiological research.

2006-2007

Graduate Teaching Guest Lecturer

UNIVERSITY OF KANSAS, Lawrence. Guest lectured on three occasions in psychological research methods course and introduction to psychology course regarding topics such as ethics in research, sampling techniques, abnormal psychology, and career development in psychology.

RESEARCH EXPERIENCE

- 2012-present **Research Faculty**
UNIVERSITY OF HOUSTON-CLEAR LAKE
Develop and conduct a line of research focused on cognitive biases and cognitive functioning in depressed and depression-vulnerable individuals. Supervise undergraduate and graduate students in research projects. Conceptualize research projects, collect data, and publish and present findings.
- 2010-2012 **Post-Doctoral Research Fellowship in Clinical Psychology**
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO CLINICAL PSYCHOLOGY TRAINING PROGRAM, Clinical, Translational and Clinical Services Research in the Treatment of Mood Disorders in Older Adults, Department of Psychiatry. Collected and analyzed data, wrote manuscripts for journal publication, and consulted on new and existing research projects related to late life depression.
Research Mentors: Patricia Areán, Ph.D.; R. Scott Mackin, Ph.D.
- 2005-2010 **Project Coordinator**
UNIVERSITY OF KANSAS, Department of Psychology
Cognitive-Clinical Lab. Designed, implemented, and collaborated on research projects related to cognition and depression vulnerability. Used self-report, behavioral and psychophysiological (pupil dilation) measures to examine cognitive processing of emotional stimuli in individuals vulnerable to depression based on personal or family depression history or current dysphoria.
Research Mentor: Rick Ingram, Ph.D.
Psychophysiology, Emotion, and Psycholinguistics Lab. Designed, implemented, and collaborated on projects related to depression and behavioral and electrophysiological (event-related potentials) responses to emotional words, pictures, and facial expressions. Trained research assistants in data collection and cleaning procedures.
Research Mentor: Ruth Ann Atchley, Ph.D.
- 2007-2008 **Lab Coordinator of Undergraduate Research Assistants**
UNIVERSITY OF KANSAS, Department of Psychology, Cognitive-Clinical Lab.
Recruited, interviewed, and selected qualified students to join research lab; assigned students with current research projects, designed curriculum, and conducted meetings.
- 2003-2005 **Lead Research Associate**
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, Department of Psychiatry, Collaborative Psychotherapy for the Elderly with Depression Project. Position with NIMH-funded clinical trial. Prepared subject tracking and recruitment reports, oversaw databases, and trained new staff on study protocols. Produced research posters and manuscript for publication.
Research Mentors: Patricia Areán, Ph.D.; R. Scott Mackin, Ph.D.
- 2003 **Research Assistant**
UNIVERSITY OF CALIFORNIA, BERKELEY, Institute of Personality and Social Research, 1/03-7/03. Research project within Dr. Ann Kring's laboratory investigating verbal and nonverbal sequencing of behaviors in normal and socially anxious individuals

in interpersonal situations. Provided feedback for piloting coding procedures, coded non-verbal behaviors in dyadic interactions.

Primary Research Mentor: Erin Heerey, Ph.D.

CLINICAL EXPERIENCE AND TRAINING

2013-present

Clinical Practicum Supervisor

UNIVERSITY OF HOUSTON-CLEAR LAKE

Provide individual and group supervision to graduate student clinicians and peer-supervisors, manage caseloads, coordinate with Clinic Director regarding functioning of practicum and clinic.

2011-2012

Post-Doctoral Fellowship in Clinical Psychology

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO CLINICAL PSYCHOLOGY

TRAINING PROGRAM, Clinical Assessment and Intervention Cluster, Department of Psychiatry.

Over 60 Program

Duties: Conducted Problem Solving Therapy or conduct novel evidence-based, stepped-care psychotherapy tailored to individual needs of depressed older adults.

Clinical Supervisors: Pat Areán, Ph.D.; R. Scott Mackin, Ph.D.

Adolescent Dialectical Behavior Therapy Graduate Group

Duties: Co-led process group with adolescents and young adults who have completed multifamily skills group modules of DBT to address multiple problems, often including suicidal ideation and other self-injurious impulses and behaviors. Participate in weekly multidisciplinary consult meetings with individual DBT therapists and other group leaders.

Clinical Supervisors: Barbara Stuart, Ph.D., Alison Yeager, Psy.D., Esme Shaller, Ph.D.

Mindfulness Based Cognitive Therapy for Depression

Duties: Co-facilitated 8-week MBCT group for adults with depression resistant to psychopharmacological intervention.

Clinical Supervisors: Stuart Eisendrath, M.D.; Maura McLane, MFT.

Psychological Assessment Clinic—Psychiatric Differential Diagnosis Emphasis

Duties: Conducted psychological and neuropsychological assessments of patients referred to specialty assessment clinic based on complex psychiatric, cognitive, and neurological complaints and suboptimal response to previous psychiatric or medical interventions.

Clinical Supervisors: William Hooker, Ph.D.; Joel Kramer Psy.D.

2010-2011

Pre-Doctoral Internship in Clinical Psychology

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO CLINICAL PSYCHOLOGY

TRAINING PROGRAM, Clinical Assessment and Intervention Cluster, Department of Psychiatry.

General Psychiatric Outpatient Services (San Francisco VA Medical Center)

Duties: Conducted Cognitive Behavioral Therapy with patients with diagnoses such as Major Depressive Disorder, Bipolar Disorder, Post-Traumatic Stress Disorder, Social Phobia, and Attention Deficit/Hyperactivity Disorder. Utilized mindfulness, exposure,

cognitive behavioral, and acceptance and commitment therapy strategies. Consulted with social workers, nurses, and psychiatrists regarding patients' psychosocial functioning.

Clinical Supervisors: John McQuaid, Ph.D.; Jane Zich, Ph.D.

Adult Psychiatry Clinic

Duties: Conducted Cognitive Behavioral Therapy in an outpatient setting with a population including adults with diagnoses such as Major Depressive Disorder, Bipolar Disorder, and Anxiety disorder NOS. Participated in team case supervision.

Clinical Supervisors: Patricia Areán, Ph.D.; Beverly Lehr, Ph.D.

Over 60 Program

Duties: Conducted Problem Solving Therapy with depressed older adults with disability, financial problems, and various other case management needs.

Clinical Supervisors: Patricia Areán, Ph.D.; Jane Zich, Ph.D.

Psychological Assessment Clinic—Neuropsychology Emphasis

Duties: Conducted assessments with adult patients with suspected neurological disorder caused by trauma, vascular disorders, infectious diseases, or degenerative disorders, as well as primary psychiatric disorders. Provided consultation and referral services for patients within the UCSF Adult Inpatient Unit and Partial Hospitalization program.

Clinical Supervisors: Joel Kramer, Psy.D.; William Hooker, Ph.D.

Adolescent Dialectical Behavior Therapy Program

Duties: Co-led DBT-A Multi-Family Skills Groups for adolescents with multiple chronic psychiatric problems, including suicidality and other self-injurious behaviors, and the adolescents' guardians. Participated in weekly multidisciplinary consult team meetings.

Clinical Supervisors: Auran Piatigorski, Ph.D.; Samantha Fordwood, Ph.D.; Alison Yeager, Psy.D.; Esme Shaller, Ph.D.

Partial Hospitalization Program

Duties: Individually led DBT emotion regulation skills groups with a diverse adult population of patients with mood disorders, anxiety disorders, thought disorders, Borderline Personality Disorder, and various other Axis II disorders, patients requiring a greater level of care than outpatient psychiatric services.

Clinical Supervisors: Alla Spivack, M.D.; Martin Mulkey, MFT; Venus Bobis, MFT

Adult Inpatient Psychiatric Hospitalization Program

Duties: Provided intake assessment, brief psychosocial intervention, and case management for patients in a locked psychiatric facility. Worked with a diverse population of individuals, ranging in age, ethnicity, socioeconomic status, and acuity diagnosed with psychotic disorders, mood disorders, substance-induced disorders, and various Axis II disorders. Collaborated with multidisciplinary team of psychiatrists, social workers, and psychiatric nurses.

Supervisors: Andrew Booty, M.D.; Stephen Hall, M.D.; Dale McNeil, Ph.D.

Emergency Department, Psychology Consultation and Liaison

Duties: Provided assessment and crisis management with a diverse population of patients. Trained in empirically based evaluation of patient risk for violence and suicide. Worked

with patients and family members, typically of lower socioeconomic status, with a wide range of diagnoses.

Clinical Supervisors: Jewel Shim, M.D.; Kristen Brooks, M.D.; Eve Maremont, M.D.

2006-2010

Graduate Student Clinician

UNIVERSITY OF KANSAS PSYCHOLOGICAL CLINIC.

Duties: Conducted individual, couples, and group psychotherapy with community members and college students varying widely in socioeconomic status and educational background. Conducted ongoing comprehensive psychological assessments. Consulted with external agencies and care providers about treatment and case management issues. Utilized attachment therapy, ACT, CBT, mindfulness, motivational interviewing.

Supervisors: Sarah Kirk, Ph.D.; Doug Witt, Ph.D.; Cyd Schnacke, Ph.D.

2003- 2005

Research Clinician

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, LANGLEY PORTER PSYCHIATRIC INSTITUTE.

Duties: Conducted research and clinical assessments with diverse population of elderly participants, longitudinally assessing mood, disability and health status.

Supervisor: R. Scott Mackin, Ph.D.

SERVICE ACTIVITIES

Service to Profession

External Member of Institutional Review Board

National Aeronautics and Space Administration (NASA), 2014-present.
Consulting psychologist member of human subjects IRB.

Ad hoc consultant to Executive Director of Texas State Board of Examiners of Psychologists (TSBEP) regarding Licensed Psychological Associate training standards, 2017.

Member of Competency Standards Advisory Committee formed by Texas State Board of Examiners of Psychologists, 2017-2018.

Affiliate Member, Council of Combined-Integrated Doctoral Programs in Psychology, 2017

Ad hoc reviewer. Provided evaluative commentary on manuscripts for the following journals:

Behaviour Research & Therapy, 2018-2019

Biological Psychology, 2016

Brain and Cognition, 2017, 2019

British Journal of Education, Society, & Behavioral Science, 2013

Clinical Psychology and Psychotherapy, 2007

Cognition & Emotion, 2013-2018

Cognitive Therapy and Research, 2009, 2010, 2015-2018

European Child & Adolescent Psychiatry, 2015

Journal of Anxiety, Stress, & Coping, 2020-2021

Journal of Affective Disorders, 2017-2020

Journal of Applied Gerontology, 2010

Journal of Behavior Therapy and Experimental Psychiatry, 2016-2021
Journal of Health Psychology, 2019
Journal of Social and Clinical Psychology, 2017-2020
Journal of Psychophysiology, 2020
Journal of Social and Personal Relationships, 2016-2017
Journal of Traumatic Stress, 2016
Mindfulness, 2019
Psychiatry Research, 2012-2014
Psychology and Neuroscience, 2015
Psychological Reports 2019-2020

Ad hoc presentation abstract reviewer for Southwestern Psychological Association, 2013.

Service for UHCL Clinical Psychology (M.A.) Program

- Director of Clinical Training (2017-2021)
- Chair of program admissions committee
- Graduate thesis committee member
- Advisor for graduate students

Service for UHCL Health Service Psychology (PsyD) Program

- Chair of Admissions Committee (2016-2019)
- Member of Diversity Committee (2016-2021)
- Presenter for student professional development seminars

Service for UHCL Department of Clinical, Health, and Applied Sciences (CHAS)

- Provide contributions necessary to departmental functioning
- Chair and member of faculty and clinic staff search committees
- Service on Third-Year Review, Promotion and Tenure Committees

Service for UHCL College of Human Sciences & Humanities (HSH)

- Administrator for interdepartmental Psychology Research Participant Pool, summer 2015-2021
- Member of Faculty Mentoring Committee, 2013-2018
- Member of Student Scholarship Committee, 2017-2021
- Faculty Mentor, 2017-2019.

Service for University of Houston-Clear Lake

- Senator, UHCL Faculty Senate, 2016-2017
 - Member, Faculty Senate Research Committee
 - Member, Faculty Senate Facilities and Support Services Committee
- Participated in UHCL Open House events
- Annual Faculty Evaluator for Student Conference for Research and Creative Arts, 2013-2020.
- Consultant on approved Doctor of Psychology proposal and implementation, 2012-2016
- Faculty Co-Advisor Psi Chi Student Honor Society and Psychology Club Student Organization, 2013-2016

HONORS AND LEADERSHIP POSITIONS

- 2019-2020 **Center for Faculty Development-Faculty Senate Award for Texas Research & Scholarship**, University of Houston-Clear Lake. Award given annually to outstanding research relevant to Texas or communities in Texas.
- 2015-2016 **Minnie Stevens Piper Teaching Award Finalist**, University of Houston-Clear Lake. Recognition for finalist distinction at UHCL for Texas state-wide award for teaching excellence.
- 2009-2010 **C.R. Snyder Award for Excellence in Research Achievement**, University of Kansas. Clinical psychology program honor recognizes significant student research contributions.
- 2009-2010 **Lori Irving and Mitch Handelsman Graduate Student Teaching Award**, University of Kansas. Psychology Department honor recognizes outstanding performance in undergraduate instruction.
- 2008-2009 **David Schulman Award for Excellence in Clinical Psychology**, University of Kansas. Clinical Psychology program honor recognizes distinguished overall academic, clinical, and research performance by graduate trainee.
- 2008-2009 **Graduate Admissions Committee Member for the Clinical Psychology Program**, University of Kansas. Reviewed and rated all applications, collaborated with the two faculty committee members to select initial pool of applicants to receive offers, coordinated applicant transportation, accommodations, and interview weekend activities.
- 2005-2006 **Student Representative to the Clinical Psychology Program**, University of Kansas. Acted as liaison between students and faculty, discussed and voted on curriculum revisions, departmental hires, other topical program matters.
- 2000 **Graduated Magna Cum Laude**, The University of Arizona.

PROFESSIONAL AFFILIATIONS (past and present)

Association for Behavioral and Cognitive Therapies
American Psychological Association
International Society for Traumatic Stress Studies
Southwestern Psychological Association
Society for Research in Psychopathology
Society for Psychophysiological Research