

September

Happenings

Trainings

Equity Flattens the Curve –
Virtual Check-In

Practical Approaches to Race-
based Stress and Trauma in
Older Adults

The Psychology of Immigration --
A Psycho-Legal Approach to
Clinical and Forensic
Psychological Assessment

Anti-Racist Resources

White Privilege: Unpacking the
Invisible Knapsack (Peggy
McIntosh)

<http://convention.myacpa.org/houston2018/wp-content/uploads/2017/11/UnpackingTheKnapsack.pdf>

What exactly is a
microaggression? (Jenée
Desmond-Harris)

<https://www.vox.com/2015/2/16/8031073/what-are-microaggressions>

Dear White Women: A letter
reminding modern white
feminist of their relationship
with black women throughout
history (Rachel E. Cargle)

https://072bc434-41d6-41ab-b249-9180c67fb60f.filesusr.com/ugd/5be363_f5d9bdf09e2d4f6eba09a8c193f5199.pdf

Psychology

Diversity Committee Newsletter

A new quarterly newsletter to provide students, staff, and faculty with updates on department happenings and to disseminate diversity related events, trainings, and educational opportunities happening in our local and extended communities.



The clinical program's Diversity Committee re-organized as a departmental committee in Spring, 2020 with members representing faculty, staff, and grad students. The new Diversity Committee spent the summer working on a strategic plan that is under review by the faculty and department chair at this time. The committee's intention is to catalyze the members of the psychology community to foster inclusion, equity, and diversity of all members of society. Watch for more information about the committee's short- and long-term plans, with ways for you to get involved.

Contact Us

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Department of Psychology

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The American Psychological Association Presents:

Equity Flattens the Curve Virtual Check-in

Date: Thursday, September 10th

Time: 2:00 – 2:30 pm MST

Workshop Location: Virtual

Overview:

The COVID-19 pandemic is affecting us all, but it is disproportionately harming the nation's marginalized populations, including people of color, people with disabilities, people with low income, older people and other groups who are vulnerable to bias. APA's #EquityFlattensTheCurve initiative is working to mitigate these disparities by pushing for an equitable response to the pandemic.

Discover the latest on these efforts and how you can get involved. Our next virtual check-in is welcome to all and will cover:

- a brief update on the initiative's progress and our upcoming network platform
- an advocacy call-to-action regarding equity in state COVID-19 testing
- a spotlight of an #EFTC member making an impact on COVID-19
- a Q&A session with our panelists

This virtual check-in will provide an opportunity to connect with each other around issues of inequity that persist in our nation's COVID-19 response. It will also help to inform the future directions of our initiative.

Join us for the free webinar – Equity Flattens the Curve Virtual Check-In The COVID-19 pandemic is affecting us all, but it is disproportionately harming the nation's marginalized populations, including people of color, people with disabilities, people with low income, older people and other groups who are vulnerable to bias. APA's #EquityFlattensTheCurve initiative is working to mitigate these disparities by pushing for an equitable response to the pandemic.

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Join us for the free webinar –

How to Register:

[REGISTER NOW](#)

The CU Anschutz Multidisciplinary Center on Aging and the Veteran's Community Partnership have collaborated to bring you a very unique and important panel presentation:

Practical Approaches to Race-based Stress and Trauma in Older Adults

Panelists: Malinda Trujillo, PhD; Anthony P. Young, PsyD; Samantha A. Farro, PhD; Hillary Lum, MD, PhD

Date: Thursday, September 17th

Time: 12:00 – 1:30 pm MST

Workshop Location: Virtual via ZOOM

Overview:

As healthcare providers and community members, we are all being called to action to combat racism so that every person has the right to live without fear of violence and has equal access to healthcare and other needs. To strive towards anti-racism action in healthcare requires significant self-reflection, vulnerability, humility, and acknowledgement of power and privilege.

Educating yourself on the health impacts of racism, systemic oppression, and white supremacy is a first step to mitigating health disparities, becoming a more conscious and effective anti-racist ally, and caring for diverse communities more effectively.

Three expert panelists will explore and define systemic racism, race-based trauma, systemic oppression, and white privilege. We will highlight the unique considerations in caring for ethnically and racially diverse older adults affected by decades of racism. We will describe case examples to offer practical tips on how to address race-based stress and trauma in patient care. We will provide key resources to participants interested in next steps.

How to Register:

1. [Click here to register for the Webex Meeting](#)
2. Once directed to the registration page, go to the left-hand side of the webpage and click on Register (indicated by the red box in the screenshot)
3. A new page will open up, which will allow you to fill in your name and email address
4. Click submit
5. You'll be directed to a confirmation page and will also receive an email confirmation

The Psychology of Immigration -- A Psycho-Legal Approach to Clinical and Forensic Psychological Assessment

Presenter: Mihaela Epurianu Dranoff, PhD

Dates: September 18th, 19th, 25th, 26th

Time: 1:00-4:30 EST

Workshop Location: Virtual via ZOOM

14 CE Credits for Psychologists

Workshop Overview:

Mental health providers may be required to provide services to immigrants and refugees in a variety of roles. This workshop covers aspects of the forensic and clinical psychological assessment in the context of migration. The relevance and application of several models of conceptualization addressing multigenerational trauma, family dynamics, developmental issues, and a strength-and-weaknesses approach will be discussed in relation to real-life case examples provided by the presenter. Telehealth as a modality to provide these services will be discussed in the context of the current COVID-19 pandemic.

Target Audience:

Psychologists and Psychology Graduate Students.

Fees:

- Licensed Professionals: \$250
- Pre-licensure Early Career Professionals: \$225
- Doctoral Students: \$195

Registration: <https://www.latinomentalhealthnj.org/upcoming-events>

****CONTEST****

Name this newsletter!

We think that Diversity Newsletter is clear and descriptive, but not necessarily creative. Please feel free to email us your suggestions for an upbeat newsletter name. We will enter your suggestions into a contest for voting. The winner gets to Name This Newsletter!

We hope you are staying healthy and safe in the ongoing COVID-19 pandemic –

Respectfully,

Leilani Feliciano, PhD

Director of Clinical Training
