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Gerontology Center
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Academic Positions at University of Colorado

2021-2023 Associate Director of Clinical Training, Psychology
2021 Interim Director of Clinical Training, Psychology
2016-2018 Director, Aging Center
2014-2017 Faculty Director, Lane Center for Academic Health Sciences
2007-2008 Pederson Visiting Scholar of Aging Family Studies, Oregon State University
2006-Present Kraemer Family Professor of Aging Studies
2004-2007 Director of Clinical Training in Psychology
2000-Present Professor of Psychology
1991-Present Director, Gerontology Center
1993-2000 Chair, Department of Psychology
1991-2000 Associate Professor of Psychology
1991-1997 Associate Director for Psychology, Colorado Geriatric Education Center (UCHSC)
1990-1991 Interim Director, Center on Aging
1987-1996 Director of Clinical Training, Department of Psychology
1986-Present Licensed Psychologist, CO #1092
1984-1991 Assistant Professor of Psychology

Education

Ph.D. Pennsylvania State University, December, 1983, Clinical Psychology
Minors in Adult Development and Aging; Brain Organization and Function.
M.S. Pennsylvania State University, 1979, Clinical Psychology
B.S. Middle Tennessee State University, 1977, Psychology

Honors and Awards

Pikes Peak Leadership Institute, Mary Lou Makepeace Community Trustee, 2018
Society for Clinical Geropsychology, Distinguished Contribution Award, 2016
APA Committee on Aging Award for Distinguished Service to Profession, 2014
Colorado Gerontological Society Distinguished Pioneer in Aging Award, 2014
American Board of Professional Psychology (ABPP) Certification in Geropsychology, 2014
Society for Clinical Geropsychology, Distinguished Clinical Mentorship Award, 2012
CU Technology Transfer New Inventor of the Year at UCCS, 2009
Professional Contribution Award, The ARC
Fellow, Gerontological Society of America
Fellow, American Psychological Association, (Divisions 20 and 12).
Bank One Community Service Award, University of Colorado System.
Cornelia Sabine Award for Outstanding Contributions to Psychology, El Paso County Psychological Society
NIMH Postdoctoral Fellowship in Geriatric Mental Health, Palo Alto VA Medical Center, Palo Alto, CA, 1983 - 1984.
NIA Predoctoral Fellowship, Pennsylvania State University, 1979 - 1982.

AOA Fellowship, Middle Tennessee State University, 1977 - 1978.
Honor Scholarship, David Lipscomb College, 1974 - 1976.

Grants

Qualls, S. H. "Linking At-Risk Seniors to Mental Health Services Through Collaboration", Next50 Initiative, \$567,182, 2018-2020. (SH Qualls, PI).

Qualls, S. H. "Older Coloradans and Marijuana: Public health problem or policy alternative", Colorado Department of Public Health and Environment, \$97,500, 2017-18. (SH Qualls, PI)

Qualls, S. H., "Integrated Behavioral Healthcare," Sponsored by CaringforColorado Foundation, State, \$61,621.00. (Funded: December 15, 2016 - December 14, 2017).

Qualls, S. H., "Mental health services," Sponsored by Pikes Peak Community Foundation, Local, \$3,500.00. (Funded: December 9, 2016 - December 8, 2017).

Qualls, S. H., "UCCS Aging Center General Operating Funds," Sponsored by Colorado Springs Osteopathic Foundation, Local, \$20,000.00. (Funded: November 15, 2016 - November 14, 2017).

Qualls, S. H., "Mental health services," Sponsored by Inasmuch Foundation, Other, \$25,000.00. (Funded: November 4, 2016 - November 3, 2017).

Qualls, S. H. (Principal), Engleman, L. (Co-Principal), "Caregiver and Senior Outreach Services," Sponsored by Pikes Peak Area Council of Govts - Area Agency on Aging, Local. (\$107,870 for FY2017; \$99,772 for FY2018).

CaringforColorado, "Cognitive and psychological assessment in home health", \$51,811. 2013-14. (SH Qualls and L Bryan).

APA Division 20 (Adult Development and Aging), APA Division 12, Section II (Society for Clinical Geropsychology), and Council of Professional Geropsychology Training Programs, "Professional geropsychology workforce study. " Award granted: \$1,500. May 2011-May 2012. (S. H. Qualls and D.L. Segal).

UCCS Chancellor's Technology Transfer Infrastructure Fund, Aging Initiative: Accelerating Technology Transfer. \$110,000. 2009-2011.

National Institute on Aging, SBIR to AbleLink Technologies, Inc., Health Care Manager, Contract \$253,000, 4/2011-3/2013.

National Institute on Aging, SBIR to CaringFamily, Inc., Revision of Connecting Elders, Empowering Caregivers – contract \$173,063. 9/2009-8/2010.

National Institute on Aging, SBIR to CaringFamily, Inc., Connecting Elders, Empowering Caregivers - contract \$296,379, 2008-10. Co-PD/PI [Research Contract, PI]

Coleman Institute for Cognitive Disabilities, \$165,000, Training program in psychology of aging with developmental disabilities. 2007-14.

Pfizer Medical Education Group, \$5,000, National Clinical Geropsychology Conference: Aging Families and Caregiving. 2007.

Retirement Research Foundation, \$261,173, Traditional and Web-based Mental Health Training for Allied and Home Health Professionals: Laying a Foundation for a National Center for Mental Health and Aging, 2006-2008.

Coleman Institute for Cognitive Disabilities, \$60,000, Training program in psychology of aging with developmental disabilities. 2006-07.

Joseph Henry Edmundson Foundation, \$30,000 matching grant for Aging Initiative.

Retirement Research Foundation, \$100,000 (cumulative), Expanding capacity in geriatric mental health: National Clinical Geropsychology Conference, 2004-2008.

Coleman Institute for Cognitive Disabilities, University of Colorado System, Detection of Dementia in Down's Syndrome (with graduate student, Heidi Layton), \$4,026, 2004.

Coleman Institute for Cognitive Disabilities, University of Colorado System, Travel grant, \$5,000, 2004.

Coleman Institute for Cognitive Disabilities, University of Colorado System, Doctoral Training Stipends, \$24,000, 2004-05, 2005-06.

Colorado Commission on Higher Education. Gerontology Certificate On-line Development. \$8,400. 2003-04.

Pikes Peak Mental Health Foundation. Geriatric mental health. \$9,250, 2001-02.

University of Colorado, President's Fund for Information Technology. Teleconferencing training for health aides in nursing homes and home health agencies. \$5,000, 1990 - 1991.

UCCS Committee for Research and Creative Works. Myocardial infarction and marriage: Impact of patient and spouse characteristics on medical compliance and marital satisfaction. \$2200. April, 1989.

UCCS Committee for Research and Creative Works. Marital interaction patterns in depressed and non-depressed couples. \$6,406. April, 1985.

Center for Community Development and Design, University of Colorado and City of Colorado Springs. Social and recreational needs of the old-old. \$7,550. December, 1985.

Contracts

JFK Partners. Aging family caregivers of adults with developmental disabilities. \$105,000. 2002-09.

Pikes Peak Area Agency on Aging. Family caregiver and mental health services. \$117,040, 2002-07. \$191,243, 2016-current.

Society for Medical Care of the Elderly. Mental health in nursing homes in Colorado Springs. \$1,680, 1993-94

Geriatric Education Center, University of Colorado Health Sciences Center, Mental health education. \$7,000 to \$14,000 per year 1991-1997

Penrose/St. Francis Health Care System. Aging Awareness Program: Development of staff training curriculum. UCCS Center on Aging, \$5,500. 1990-1991.

Department of Corrections, State of Colorado. Research consultation and assistance. \$23,200, 1991-1992. \$23,000, 1990-1991. \$13,900, 1989-1990.

Books

Segal, D. H., Qualls, S. H., & Smyer, M. A. (2018). *Aging and mental health* (3rd ed). Hoboken, NJ: Wiley-Blackwell.

Qualls, S. H. & Williams, A.A. (2013). *Caregiver family therapy*. Washington, DC: American Psychological Association Press.

Segal, D. H., Qualls, S. H., & Smyer, M. A. (2011). *Aging and mental health* (2nd ed). Hoboken, NJ: Wiley-Blackwell.

Qualls, S. H. & Kasl-Godley, J. (2011). *End of life care*. Hoboken, NJ: Wiley Publishing.

Qualls, S. H., & Zarit, S. H. (2009). *Aging families and caregiving: a clinician's guide to research, practice, and technology*. Hoboken, NJ: Wiley Publishing.

Qualls, S. H., & Smyer, M. A. (2007). *Changes in decision-making capacity in older adults: assessment and intervention*. Hoboken, NJ: Wiley Publishing.

Qualls, S. H., & Knight B. (Eds.) (2006). *Psychotherapy for depression in older adults*. Hoboken, NJ: Wiley Publishing.

Qualls, S. H. & Abeles, N. (Eds.) (2000). *Psychology and the aging revolution: Dialogues about theory, research, and practice*. Washington, D.C.: American Psychological Association Books.

Smyer, M. A. & Qualls, S. H. (1999). *Aging and mental health*. London: Blackwell.

Book Chapters

1. O'Malley KA, Qualls SH & Jacobs ML. (2022). Models and Interventions for Caregiving in Later Life. G. Amunson (Ed). *Comprehensive Clinical Psychology, 2nd Edition*. Elsevier.
2. Qualls, S.H. (2021). Family caregiving. In K. Ferraro & D. Carr (Eds.), *Handbook of Aging and Social Sciences* (9th ed.) (pp. 221-238). San Diego, CA: Academic Press.
3. Qualls, S., & Edwards, L. (2019). [Family systems theory](https://doi.org/10.1093/acrefore/9780190236557.013.435). In *Oxford Research Encyclopedia of Psychology*. Oxford University Press. doi: <http://dx.doi.org/10.1093/acrefore/9780190236557.013.435>

4. Qualls, S. H. (2018). Therapeutic interventions for caregiving families. In W.A. Bailey & A.W. Harrist, (Vol. Eds.). *Emerging Issues in Family and Individual Resilience: Vol. 2. Family Caregiving: Fostering Resilience Across the Life Course* (pp. 27-44). Cham, Switzerland: Springer International.
5. Qualls, S. H., Segal, D. L., & Hiroto, K. (2015). Special issues in working with older adults. In J. R. Matthews & C.E. Walker (Ed.), *Your practicum in psychology: a guide for maximizing knowledge and competence* (2nd ed., pp203-223). Washington, DC: American Psychological Association.
6. Lichtenberg, P., Qualls, S.H., & Smyer, M.A. (2015). Competency and decision-making capacity: Negotiating health and financial decision-making. In P. Lichtenberg & B. Mast (Eds.), *APA handbook of clinical geropsychology* (pp. 553-578). Washington, DC: APA Press. [doi: 10.1037/14459-021](https://doi.org/10.1037/14459-021)
7. Qualls, S.H. (2015). Building competencies in professional Geropsychology: Guidelines, training model, and strategies for professional development. In P. Arean (Ed.), *Treatment of late life depression, anxiety, trauma, and substance abuse*. (pp. 11-48). Washington, DC: APA Press. doi:10.1037/14524-002
8. Qualls, S. H. (2014). Family therapy with ageing families. In N. A. Pachana & K. Laidlaw (Eds.), *The Oxford Handbook of Clinical Geropsychology*. (pp. 710-732). Oxford: Oxford University Press.
9. Qualls, S. H. & Vair, C. (2012). Caregiver family therapy with dementia. In P. R. Peluso, R. E. Watts, & M. Parsons (Eds.), *Changing aging, changing families* (pp. 63-78). New York: Routledge.
10. Qualls, S. H. (2011). The field of Geropsychology. In V. Molinari (Ed.), *Specialty competencies in Geropsychology* (pp. 14-20). New York: Oxford Press.
11. Qualls, S.H. & Layton, H. (2010). Mental health and adjustment. In J.C. Cavanaugh & C.K. Cavanaugh (Eds.), *Aging in America, Volume II: Physical and Mental Health and Aging* (pp. 171-187). Santa Barbara, CA: Praeger.
12. Qualls, S. H., & Noecker, T L. (2009). Caregiver family therapy for conflicted families. In S. H. Qualls & S. H. Zarit (Eds.), *Aging families and caregiving: A clinician's guide to research, practice, and technology* (pp. 155-188). Hoboken, NJ: Wiley.
13. Qualls, S. Honn (2008). Caregiver family therapy. In B. Knight & K. Laidlaw (Eds.), *Handbook of emotional disorders in older adults* (pp. 183-209). Oxford University Press.
14. Qualls, S. H., & Benight, C. C. (2006). Role of clinical health geropsychology in the health care of older adults. In C. Aldwin, A. Spiro, & C. Park (Eds.), *Handbook of health psychology and aging*. NY: Guilford.
15. Qualls, S. H., & Roberto, K. A. (2005). Diversity and caregiving support intervention: Lessons from elder care research. In B. Hayslip (Ed.), *Working with custodial grandparents of ethnically diverse populations* (pp. 37-54). New York: Springer.
16. Qualls, S. Honn & Segal, D. L. (2003). Assessment of older adults and their families. In K. Jordan (Ed.), *Handbook of couple and family assessment* (pp. 109-127). New York: Prentice-Hall.

17. Qualls, S. Honn (2003). Aging and cognitive impairment. In D. K. Snyder & M. A. Whisman (Eds.), *Treating difficult couples: Managing emotional, behavioral, and health problems in couples therapy* (pp. 370-391). New York: Guilford.
18. Qualls, S.H., Segal, D.L., Norman, S., Niederehe, G., Gallagher-Thompson, D. (2002). Psychologists in practice with older adults: Current patterns, sources of training, and need for continuing education. *Professional Psychology: Research and Practice*, 33, 435-442. doi: [10.1037/0735-7028.33.5.435](https://doi.org/10.1037/0735-7028.33.5.435)
19. Qualls, S. Honn (2002). Women in the middle. In F.K. Trotman, & C.M. Brody (Eds.), *Psychotherapy and counseling with older women : Cross-cultural, family, and end-of-life issues* (pp. 87-103). NY: Springer.
20. Roberto, K. & Qualls, S. Honn (2002). Intervention strategies for grandparents raising grandchildren: Lessons learned from the caregiving literature. In B. Hayslip (Ed.), *Working with custodial grandparents*. New York: Springer.
21. Qualls, S. Honn (2000). Working with families in nursing homes. In V. Molinari (Ed.), *Professional Psychology in Long Term Care* (pp. 91-112). New York: Hatherleigh Co.
22. Kamilar, C.B., Segal, D. L., & Qualls, S. H. (2000). Role of gender and culture in the psychological adjustment to aging. In R. M. Eisler & M. Hersen (Eds.), *Handbook of Gender, Culture, and Health* (pp. 405-428). Mahwah, NH: Lawrence Erlbaum Associates.
23. Qualls, S. Honn (1999). Realizing power in intergenerational family hierarchies: Family reorganization when older adults decline. In M. Duffy (Ed.), *Handbook of Counseling and Psychotherapy with Older Adults* (pp. 228-241). New York: J. Wiley & Sons.
24. Qualls, S. Honn (1999). Mental health and mental disorders in older adults. In J. C. Cavanaugh & S. K. Whitbourne (Eds.), *Gerontology: Interdisciplinary perspectives* (pp. 305-328). New York: Oxford University Press.
25. Qualls, S. Honn (1996). Family therapy with aging families. In B. Knight & S. H. Zarit (Eds.) *Psychotherapy and aging* (pp. 121-137). Washington DC: American Psychological Association.
26. Qualls, S. Honn (1995). Clinical interventions with later life families. In R. Blieszner & V. Bedford (Eds.), *Handbook of Aging and the Family* (pp 474-494). Westport, CT: Greenwood Press.
27. Qualls, S. Honn. (1991). Therapy with older families. In P. A. Keller & S. R. Heyman (Eds.) *Innovations in clinical practice: A source book, Vol 10* (pp. 69-84). Sarasota, FL: Professional Resource Exchange.
28. Smyer, M. A., Zarit, S. H., & Qualls, S. H. (1990). Psychological intervention with the aging individual. In J. E. Birren & K. W. Schaie (Eds.), *Handbook of Psychology and Aging, (3rd Ed.)* (pp. 375-403). San Diego, CA: Academic Press, Inc.
29. Qualls, S. Honn. (1988). Problems in families of older adults. N. Epstein, S. Schlesinger, & W. Dryden (Eds.), *Cognitive-behavioral therapy with families* (pp.215-253). New York: Brunner-Mazel.

Refereed Publications

1. Abdollah, H., Mahoor, M. H., Zandie, R, Siewierski, J, & Qualls, S. H. (2022 early access) Artificial emotional intelligence in socially assistive robots for older adults: A Pilot Study. *IEEE Transactions on Affective Computing*. Doi: 0.1109/TAFFC.2022.3143803
2. Scott, J. M., Yun, S. W., & Qualls, S. H. (2021). Impact of COVID-19 on the mental health and distress of community-dwelling older adults. *Geriatric Nursing*, 42, 998-1005
Doi: [10.1016/j.gerinurse.2021.06.020](https://doi.org/10.1016/j.gerinurse.2021.06.020)
3. O'Malley, K. A., & Qualls, S. H. (2022). Validation of a comprehensive measure of the family caregiver experience: the Caregiver Reaction Scale. *Clinical Gerontologist*, 45(3), 503-513.
Doi: [10.1080/07317115.2020.1774455](https://doi.org/10.1080/07317115.2020.1774455).
4. Arora, K., Qualls, S.H., Bobitt, J., Milavetz, G., & Kaskie, B. (2020). Older cannabis users are not all alike: lifespan cannabis use patterns. *Journal of Applied Gerontology*.
<https://doi.org/10.1177%2F0733464819894922>
5. Arora, K., Qualls, S.H., Bobitt, J., Lum, H.D., Milavetz, G., Croker, J., & Kaskie, B. (2020). Measuring attitudes towards medical and recreational cannabis among older adults in Colorado. *The Gerontologist*, 60, 232e-241e, Published online 5-14-2019. Doi: 10.1093geront/gnz054
6. Plys, E. & Qualls, S.H. (2020). Programmed activity offerings and attendance patterns in assisted living. *Activities, Adaptation, and Aging*, Published online 6-4-2020. doi: 10.1080/01924788.2020.1773674
7. Plys, E., & Qualls, S.H. (2020). Sense of community and its relationship to mental health in assisted living. *Aging and Mental Health*, 24, 1645-1653. Published online 7-30-2019. Doi: 10.1080/13607863.2019.1647133
8. O'Malley, K.A., & Qualls, S.H. (2019). Application of fidelity in tailored caregiver interventions. *Aging and Mental Health*, 24, 2094-2102.. Doi: 10.1080/13607863.2019.1647134
9. Plys, E., & Qualls, S. H. (2019). Programmed activity attendance in assisted living: An application of the theory of planned behavior with additional health factors. *Journal of Aging and Mental Health*. Published online 7-29-2019. Doi: 10.1080/07317115.2019.1645781.
10. Bobitt, J., Qualls, S.H., Schuchman, M., Wickersham, R.H., Lum, H.D., Arora, K., Milavetz, G, & Kaskie, B. (2019). A qualitative analysis of cannabis use among older Coloradans. *Drugs & Aging*, 36, 655-666. Doi: 10.1007/s40266-019-00665-w
11. Moyer, J, Karel MJ, Stamm KE, Qualls SH, Segal DL, Tazeau YN, DiGilio DA. (2019). Workforce analysis of psychological practice with older adults: Growing crisis requires urgent action. *Training and Education in Professional Psychology*, 13, 46-55. doi: <http://dx.doi.org/10.1037/tep0000206>.
12. O'Malley, K. & Qualls, S.H. (2017). Preliminary evidence for the validity and reliability of the Caregiver Reaction Scale. *Clinical Gerontologist*, 40, 281-294, doi: 10.1080/07317115.2016.1198858

13. O'Malley, K., & Qualls, S. H. (2016). Development and preliminary examination of the psychometric properties of the Behavior Problem Checklist. *Clinical Gerontologist, 39*, 263-281. doi: 10.1080/07317115.2015.1121196.
14. Qualls, S. H. (2016). Caregiving families within the long-term services and support system for older adults. *American Psychologist, 71*(4), 283-293. doi:10.1037/a0040252
15. Plys, E. & Qualls, S.H. (2016). Multidimensional demand strength of recreational activity programming in assisted living: A conceptual model and prototypical rating scale. *Journal of Housing for the Elderly, 30*, 360-379. doi: 10.1080/02763893.2016.1224789
16. Qualls, S.H., Klebe, K.J., Berryman, K., Williams, A., Phillips, L., Layton, H., Hiroto, K., Stephens, M., Anderson, L., & Rogers, M. (2015). Motivational and cognitive pathways to medical help-seeking for Alzheimer's Disease: A cognitive impairment response model. *The Journals of Gerontology: Psychological Sciences, 70*, 57-66. doi: 10.1093/geronb/gbu058
17. McDaniel, S.H., Grus, C.L., Cubic, B., Hunter, C., Kearney, L.K., Schuman, S, Karel, M.J., Kessler, R.S., Larkin, K., McCutcheon, S., Miller, B.F., Nash, J., Qualls, S., Sanders, K., Stancin, T, Stanton, A., Sturm, L., Johnson, S.B. (2014). Competencies for psychology practice in primary care. *American Psychologist, 69*, 409-429. doi: 10.1037/a0036072
18. Qualls, S. H. (2014). Yes, health and social relationships are inextricably linked. *Generations, 38*, 6-7.
19. Qualls, S. H. (2014). What social relationships can do for health. *Generations, 38*, 8-14.
20. Carroll, J., & Qualls, S.H. (2014). Moving into senior housing: Adapting the old, embracing the new. *Generations, 38*, 42-47.
21. George, D.R., Qualls, S.H., Camp, C, & Whitehouse, P.J. (2013). "Renovating Alzheimer's": Constructive reflections on the new NIA/AA guidelines for the diagnosis of AD and related conditions. *The Gerontologist, 53*, 378-387. doi: 10.1093/geront/gns096
22. Pepin, R., Williams, A.A., Anderson, L.A., & Qualls, S.H. (2013). A preliminary typology of caregivers and effects of service utilization of caregiver counseling. *Ageing and Mental Health, 17*, 495-507. doi: 10.1080/13607863.2012.758232
23. Gibson, S. C. & Qualls, S. H. (2012). A family systems perspective of elder financial abuse. *Generations, 36*(3), 26-29.
24. Silva-Smith, A.L., Feliciano, L., Kluge, M. A., Yochim, B. P., Anderson, L. N., Hiroto, K. E. & Qualls, S. H. (2011). The Palisades: An interdisciplinary wellness model in senior housing. *The Gerontologist, 61*, 406-414. doi: 10.1093/geront/gnq117
25. Qualls, S. H., Scogin, F., Zweig, R., & Whitbourne, S. K. (2010). Predoctoral training models in professional geropsychology. *Training and Education in Professional Psychology, 4*, 85-90. doi: 10.1047/a0018504
26. Qualls, S.H. & Anderson, L. (2009). Family therapy in later life. *Psychiatric Annals, 39*, 844-850. doi: 10.3928/00485713-20090821-07

27. Knight, B., Karel, M., Hinrichsen, G., Qualls, S. H., & Duffy, M. (2009). Pikes Peak model for training in professional geropsychology. *American Psychologist, 64*, 205-214. doi: 10.1037/a0015059
28. Qualls, S.H. (2009). Introduction [to special section]. *Clinical Gerontologist, 32*, 127-129.
29. Foster, S., Layton, H., Qualls, S. H., & Klebe, K. (2009). Tailored caregiver therapy: Consumer perspectives on outcomes. *Clinical Gerontologist, 32*, 177-197.
30. Stephens, M., & Qualls, S. H. (2008). Therapy with aging couples and dementia. *Generations, 31*(3), 54-56.
31. Qualls, S. Honn (2007). Hopes for an empirical base for clinical practice – Commentary on “assessment of decision-making capacity in older adults”. *Journals of Gerontology: Psychological Sciences, 62B*, P16-P17.
32. Qualls, S. H., Segal, D. L., Benight, C. C., & Kenny, M. P. (2005). Geropsychology training in a specialist geropsychology doctoral program. *Gerontology and Geriatrics Education, 25*(4). 21-40.
33. Qualls, S. H., & Abeles, N. (2003). Psychology and the aging revolution: How we adapt to a longer life. *American Journal of Psychology, 116*, 150-156.
34. Qualls, S. H., Segal, D. L., Norman, S., Niederehe, G., & Gallagher-Thompson, D. (2002). Psychologists in practice with older adults: Current patterns, sources of training, and need for continuing education. *Professional Psychology: Research and Practice, 33*, 435-442.
35. Qualls, S. Honn (2002). Defining mental health in later life. *Generations, 25*, 9-13.
36. Owens, S. J., & Qualls, S. Honn (2002). Family involvement during a geropsychiatric hospitalization. *Journal of Clinical Geropsychology, 8*, 87-99.
37. Qualls, S. Honn (2000). Therapy with aging families: Rationale, opportunities, and challenges. *Journal of Aging and Mental Health, 4*, 191-199.
38. Qualls, S. Honn (1999). Family therapy with older adult clients. *In Session: Psychotherapy in Practice, 55*(8), 1-14.
39. Segal, D. L., Qualls, S. H., & Feinsod, F. M. (1999). A community focus on CNA performance. *Nursing Homes: Long Term Care Management, 48* (10), 72-80.
40. Qualls, S. Honn (1998). Training in geropsychology: Preparing to meet the demand. *Professional Psychology: Research and Practice, 29*, 23-28.
41. Lichtenberg, P. A., Smith, M., Frazer, D., Molinari, V., Rosowsky, E, Crose, R., Stillwell, N., Kramer, N., Hartman-Stein, P., Qualls, S., Salamon, M., Duffy, M., Part, J., & Gallagher-Thompson, D. (1998). Standards of psychological services in long-term care facilities. *The Gerontologist, 38*, 122-127.

42. Qualls, S. Honn (1997). Aging families: The personal, permanent group. *Group, 21*, 180-190.
43. Owens, S. J., & Qualls, S. H. (1997). Family stress at the time of a geropsychiatric hospitalization. *Family Relations, 46*, 179-185.
44. Qualls, S. Honn (1997). Transitions in autonomy: The essential caregiving challenge. *Family Relations, 46*, 41-45.
45. Qualls, S. Honn (1996). Marital therapy with later life couples. *Journal of Geriatric Psychiatry, 28* (2), 139-163. Reprinted in D. Atkinson & G. Hackett (Eds.) (1998). *Counseling Diverse Populations* (2nd Ed.). Boston, MA: McGraw-Hill.
46. Knight, B., & Qualls, S. Honn (1995). The older client in developmental context: Life course and family systems perspectives. *The Clinical Psychologist, 48*(2), 11-17.
47. Qualls, S. Honn (1993). Family therapy with older adults. *Generations, 27*(1), 73-74.
48. Qualls, S. Honn (1993). Marital therapy with older couples. *The Family Journal: Counseling and Therapy for Couples and Families, 1*, 42-50.
49. Higgins, L. F., Qualls, S. Honn, & Couger, J. D. (1992). The role of emotions in employee creativity. *Journal of Creative Behavior, 26*(2), 119-129.
50. Qualls, S. Honn. (1992). Social gerontology is not enough: Resources and strategies for counseling. *Counseling Psychologist, 20*, 341-345.
51. Qualls, S. Honn. (1991). Resistance of older families to therapeutic intervention. *Clinical Gerontologist, 11*, 59-68.
52. Catania, J. A., Pollack, L., McDermott, L. J., Qualls, S. Honn, & Cole, L. (1990). Help-seeking behaviors of people with sexual problems. *Archives of Sexual Behavior, 19*, 235-250.
53. Qualls, S. Honn, & Czirr, R. (1988). Geriatric health teams: Classifying models of professional and team functioning. *The Gerontologist, 28*, 372-376.
54. Baltes, M. M., Honn, S., Barton, E. B., Orzech, M. J., & Lago, D. (1983). Dependence and independence in elderly nursing home residents: replication and extension. *Journal of Gerontology, 38*, 556-564.

Non-Refereed Publications

- Qualls, S. H. (2010). Geropsychology. In I. Weiner & W. E. Craighead (Eds.). *Encyclopedia of Psychology* (4th ed., pp.717-718). Hoboken, NJ: Wiley.
- Diehl, M., Chui, H., Youngblade, L. M., & Qualls, S. H. (2010). Human development. In I. Weiner & W. E. Craighead (Eds.). *Encyclopedia of Psychology* (4th ed., pp. 779-781). Hoboken, NJ: Wiley.
- Hyer, L., & Qualls, S. H. (2008, May/June). Council on geropsychology training formed. *The National Psychologist, 5*.

- Blieszner, R. & Qualls, S. H. (2007-08) Co-editors. Special issue on Late Life Couples. *Generations*, 31.
- Segal, D. L. & Qualls, S. H. (2006). Psychological assessment. In R. Schultz (Ed.), *Encyclopedia of aging* (4th ed.) (pp. 986-989). New York: Springer.
- Qualls, S. H. & Smyer, M. A. (2005). Mental health. In R. Schulz (Ed.), *Encyclopedia of aging* (4th ed.). New York: Springer.
- Qualls, S. Honn (2005). Mental health in later life, ecology of. In C. B. Fisher & R. M. Lerner (Eds.), *Applied Developmental Science: An Encyclopedia of Research, Policies, and Programs*. Thousand Oaks, CA: Sage.
- Qualls, S. Honn (2005). Smyer, Michael A. In C. B. Fisher & R. M. Lerner (Eds.), *Applied Developmental Science: An Encyclopedia of Research, Policies, and Programs*. Thousand Oaks, CA: Sage.
- Qualls, S. H., Diehl, M., & Youngblade, L. M. (2001). Human development. In W. E. Craighead & C. B. Nemeroff (Eds.), *The Corsini encyclopedia of psychology and behavioral science* (3rd Ed.) (pp. 697-700). New York: Wiley and Sons.
- Qualls, S. Honn (1996). Dynamics in aging families: Systems in action. *Aging is a family affair: Proceedings of the 39th annual Kirkpatrick Memorial Conference on Aging*. Muncie, IN: Ball State University
- Qualls, S. Honn, Duffy, M., & Crose, R., (1995). Clinical supervision and practicum placements in graduate training. In B. Knight, L. Teri, P. Wohlford, & J. Santos (Eds.), *Mental health services for older adults: Implications for training and practice in geropsychology*. (pp. 119-127). Washington, DC: American Psychological Association.
- Smyer, M.A., & Qualls, S. Honn (1995). Mental health. In G. L. Maddox (Ed.) *Encyclopedia of aging* (pp 629-631). NY: Springer.
- Qualls, S. Honn. (1987). *Pleasure in later life: The social and recreational needs of people over eighty*. University of Colorado at Colorado Springs: Center for Community Development and Design, Technical Report.
- Qualls, S. Honn. (1985). *Dependency: The application of the systems approach to a clinical problem*. (ERIC Document Reproduction Service No. ED 258 085).
- Toombs, W., Dorman, R., Honn, S. (1980). The organizational features of Educational Information Centers (EIC's) in Pennsylvania. Center for the Study of Higher Education, Pennsylvania State University, Report No. 36.

Video

- Qualls, S. H. (2006). *Treating Alzheimer's Disease through Caregiver Family Therapy*. American Psychological Association Press.

Book Reviews

- Qualls, S. H. (2021). Life course approach to mental health in later life. Review of A. Milne (2020). *Mental health in later life: Taking a life course approach*. *The Gerontologist*, 61, 1356-1357. <https://doi.org/10.1093/geront/gnab072>
- Qualls, S. H., & Berryman, K. (2003). Innovative interventions to reduce dementia caregiver stress: A clinical guide. Review of Coon, D. W., Gallagher-Thompson, D., & Thompson, L. W. (Eds.), (2003). *Innovative interventions to reduce dementia caregiver stress: A clinical guide*. NY: Springer. *Contemporary Gerontology*, 9(4), 1-3.
- Qualls, S. Honn, Martinez, L., Tashiro, T., & Fisher, B. (1999). Where research, caring, and practice meet: An exceptional guidebook. Review of *Mental disorders in older adults: Fundamentals of assessment and treatment*. *Contemporary Gerontology*, 5, 133-134.
- Qualls, S. Honn (1995). Review of *A Guide to Psychological Practice in Geriatric Long-Term Care*. *Contemporary Gerontology*, 2, 27-28.
- Qualls, S. Honn (1994). Review of *Finishing well: Aging and reparation in the intergenerational family*. *Journal of Family Psychotherapy*, 5, 101-102.
- Qualls, S. Honn, & Vandeputte, D. D. (1993). Behavioral interventions for difficult behaviors of elderly in long term care. [Review of *Management and care of the elderly*.] *Contemporary Psychology*, 38, 375-376
- Qualls, S. Honn (1987). Review of Human development and the life course: Multidisciplinary perspectives. *Journal of Gerontology*, 42, 686.
- Qualls, S. Honn (1985). Review of Psychotherapy and patient relationships. *Clinical Gerontologist*.

Professional Papers and Workshops (Recent)

- Scott, J.M., Yun, S.W., & Qualls, S. H. (2021). Impact of COVID-19 on mental health and distress of community-dwelling older adults. Poster presented at 2021 Gerontological Society of America Scientific Meeting, Online.
- Yun, S. W., Weber, K., Ferszt, G. M., Dieker, J., & Qualls, S. H. (2021, November 10-13). *Difference in experiences of adult child and spousal caregivers with family conflict*. Poster at 2021 Gerontological Society of America Scientific Meeting, Online.
- O'Malley, KA & Qualls, SH (2020, Nov). Psychological well-being and positive aspects of caregiving: What's the relationship? Poster presented at 2020 Gerontological Society of America Scientific Meeting, Online.
- Qualls, S. H. (2020, Oct 8). Working out logistics in an integrated care model between APS and capacity evaluation provider. Elder Justice Webinar: What data reveal about administering capacity assessments. Invited Webinar.
- Qualls, S. H. (2020, August 28). Engaging families as care partners. Webinar for Rocky Mountain Health Plans. Grand Junction, CO.

- Qualls, S.H. (2020, Apr 23). Working out logistics in an integrated care model between APS and capacity evaluation provider. National Adult Protective Services Association. Invited Webinar.
- Dieker, J., Bacharz, K., Weber, K., Yun, S., & Qualls, S. H. (2019). Correlates of family conflict in caregivers: Implications for burden and positive aspects of care. Poster presented at the Gerontological Society of America annual convention, Austin, TX.
- O'Malley, K. A., Qualls, S. H. & Bacharz, K. (2019, November). Validation of the Caregiver Reaction Scale in a Sample of Non-Help-Seeking Caregivers. Poster to be presented at the Gerontological Society of America's annual convention, Austin, TX.
- Qualls, S. H., Arora, K., Bobitt, J., & Kaskie, B. (2019). Lifespan cannabis use patterns in older users. Paper within symposium at the Gerontological Society of America annual convention, Austin, TX.
- Bacharz, K. & Qualls, S. H. (2019). Preparedness for caregiving: A mediating factor between physical health, social support, and burden. Poster presented at the American Psychological Association annual conference, Chicago, IL.
- Lim, M. & Qualls, S.H. (2019). Geropsychology workforce crisis: Who will take care of us? Poster presented at the annual meeting of the Council of University Directors of Clinical Psychology (CUDCP). New Orleans, LA.
- Qualls, S.H. (2019, November). Caregiver family therapy. Webinar presented to Geropsychology trainees at American Lake VA, Tacoma, WA.
- Qualls, S.H. (2019, July). Caregiving is a family affair: Focusing on interpersonal dimensions of caregiving. Toowoomba, Australia, University of Southern Queensland.
- Qualls, S.H. (2019, June 29). Interventions to help caregivers and their families. Workshop at the Joint Conference of the NZ Psychologists of Older People and the Australian Psychological Society's Psychology and Ageing Interest Group. Auckland, NZ.
- Qualls, S.H. (2019, May). Caregiver family therapy. 1 day workshop presented at Tianjin Normal University, Tianjin, China as delegate for the Gerontological Society of America.
- Qualls, S. H. (2019, April 4). Caregiving over time: Adapting along the journey. Lecture at the Oregon State University Gerontology Conference.
- Qualls, S.H. (2019, Feb 19). Caregiving is a family affair. Colloquium presented at Colorado State University, Center for Healthy Aging.
- Qualls, S. H. (2019, Feb 20). Caregiver family therapy. Workshop presented at Colorado State University, Center for Healthy Aging.
- Bobitt, J., Arora, K., Qualls, S.H., Schuchman, M., Wickersham, R.H., & Kaskie, B. (2018). Is the doctor in? Older adults' experiences and preferences with health care providers and cannabis. Paper presented at the annual meeting of the Gerontological Society of America. Boston, MA.
- Nicoll, T.A. & Qualls, S.H. (2018). Engaging social support in future planning for individuals with intellectual disabilities. Paper presented at the annual meeting of the Gerontological Society of America. Boston, MA.

- Wickersham, R.H. & Qualls, S.H. (2018). Caregiver family therapy: A preliminary evaluation of outcomes. Poster presented at the annual meeting of the Gerontological Society of America. Boston, MA.
- Bobitt, J., Schuchman, M., Qualls, S., Arora, K., Lum, H., Milavets, G., & Kaskie, B. (2018). What do older adults in Colorado think about cannabis? Poster presented at the annual meeting of the American Geriatrics Society. Orlando, FL.
- Lim, M. & Qualls, S.H. (2018). Geropsychology workforce crisis: Who will take care of us? Poster presented at the annual meeting of the Association of Psychology Training Clinics (APTC). Honolulu, HI.
- Qualls, S.H. (2017). Caregiving in context: Implications for intervention and research. Invited M. Powell Lawton Award address at the American Psychological Association convention in Washington, DC.
- Qualls, S. H. (2017). Engaging families in midlife chronic disease management. Paper within symposium, Integrated Health Care Across the Lifespan, at the American Psychological Association convention in Washington, DC.
- Molden, J., Plys, E.J., Williams, K., Nichols, C., Eades, A., Engleman, L., Qualls, S.H., Kluge, M.A., LeCompte, M., Anderson, J. & Segal, D.L. (2017). The healthy living project: an interdisciplinary wellness program for older adults. Poster at the 21st World Congress of Gerontology and Geriatrics in San Francisco, CA.
- Qualls, S.H., (2017). Psychologists' roles with family caregivers and health systems. Paper within symposium, Addressing Issues Facing a Diverse Aging Population: Scientific Perspectives for Practice and Policy, at the 21st World Congress of Gerontology and Geriatrics in San Francisco, CA.
- Plys, E. & Qualls, S. H. (2016). A pilot study of activity programming in assisted living. Poster presented at the Gerontological Society of America in New Orleans, LA.
- Plys, E. & Qualls, S. H. (2016). Resident abilities and activity participation in assisted living: A study of selection optimization with compensation. Poster at the American Psychological Association annual meeting. Denver, CO.
- Wickersham, R.H., Lahiri, S., & Qualls, S. H. (2016). Effects of age and care setting on the perceived competence and warmth of female caregivers. Poster at the American Psychological Association annual meeting. Denver, CO.
- Qualls, S.H. & Williams, A. (2015). Family Caregiving for Adults with Cognitive Disabilities: Building a Developmental Trajectory. Poster presented at the annual conference of the Coleman Institute for Cognitive Disabilities. Broomfield, CO.
- Plys, E. & Qualls, S.H. (2015). Physical, cognitive, and social load of common activities offered in assisted living facilities. Paper in symposium at the Gerontological Society of America annual meeting, Orlando, FL.

- Schuchman, M. A., Williams, A. & Qualls, S. H. (2015). Developmental disabilities health center: a description of clients served. Poster presented at the Global Summit on Innovations in Health and IDD in Los Angeles, CA.
- Gentry, J., Sutton, C., Doffing, M., Qualls, S., Stock, S., & Davies, D. (2014). Acceptance of Mobile Wellness Technology in a Frail Senior Home Health Population. Gerontological Society of America conference, Washington, D.C.
- O'Malley, K.A., Qualls, S., & Kenny, M. (2014). Outcome Rating Scale: Validity in an older sample. Gerontological Society of America conference, Washington, D.C.
- O'Malley, K. A., Qualls, S., & Kenny, M. (2014). Psychometric Properties of the Caregiver Reaction Scale. Gerontological Society of America conference, Washington, D.C.
- Plys, E. & Qualls, S. (2014). Help-Seeking Caregivers of Family Members in Assisted Living and Community Homes. Gerontological Society of America conference, Washington, D.C.
- Qualls, S.H. (2014). Committee on Aging works on the workforce. Paper in symposium at the American Psychological Association conference, Washington, D.C.
- Carpenter, B.D., Jacobs, B.J., & Qualls, S.H. (2014). Three contrasting approaches for improving the well-being of family caregivers of older adults. Symposium at the American Psychological Association conference, Washington, D.C.
- Feliciano, L., Qualls, S.H., & Kluge, M.A. (2014). Processes and outcomes from three interprofessional community-academic partnerships. Workshop presented at the Association of Gerontology in Higher Education. Denver, CO.
- M. A. Doffing, S. H. Qualls, C.L. Vair, R. M. Blieszner, K. O'Malley, K. J. Klebe, & M. D. Williams (2013, November). Community culture and communication patterns of families of elders in assisted living. Gerontological Society of America conference, New Orleans, LA.
- Carroll, J. & Qualls, S. H. (2013, November). Social Integration into Senior Housing and Associated Well-Being. Gerontological Society of America conference. New Orleans, LA.
- O'Malley, K. A. & Qualls, S. (2013, November). Psychometric Properties of the Behavior Problem Checklist. Gerontological Society of America conference. New Orleans, LA.
- Allen, R.S., Csikai, E.L., Dunn, L.L., DeCoster, J., Kvale, E., Qualls, S.H., Burgio, L. & Parmelee, P.A. (2012, November). Preliminary Evidence of Efficacy: The Legacy Intervention Family Enactment (LIFE) Translation Trial. Poster presented at the Gerontological Society of America conference, San Diego, CA.
- Carroll, J. & Qualls, S.H. (2012, November). Social Network Composition in Senior Housing Compared to a Normative Sample. Poster presented at the Gerontological Society of America conference, San Diego, CA.
- Layton, H. & Qualls, S.H. (2012, November). Predicting Permanency Planning Behavior in Parents of Adults with Intellectual Disabilities. Poster presented at the Gerontological Society of America conference, San Diego, CA.

- Nicoll, T.A., Qualls, S.H. & Layton, H. (2012, November). Long Term Planning and Parental Caregivers of Individuals With Intellectual Disabilities. Poster presented at the Gerontological Society of America conference, San Diego, CA.
- O'Malley, K., Qualls, S.H., Doffing, M.A. & Williams, M. (2012, November). The Importance of Perceived Family Cohesion and Contact on Psychological Well-Being of Assisted Living Residents. Poster presented at the Gerontological Society of America conference, San Diego, CA.
- Qualls, S.H. (2012, November). Community Partnerships in Integrated Care for Geropsychology Trainees. Symposium conducted at the meeting of the Gerontological Society of America conference, San Diego, CA.
- Qualls, S. H. (2012, November). Caregiving is just what families do. Invited address, National Council on Family Relations conference.
- Qualls, S. H., Heimbach, B., Gibson, S. H., & Mueller, A. (2012, Oct). Personality, dementias, and chronic disease: Building behavioral and mental health into the team. National PACE Association Conference, Phoenix, AZ.
- O'Malley, K.A., Qualls, S. H., & Anderson, L. N. (2012, August). A quantitative method for discriminating caregiver stages. Poster at American Psychological Association meeting. Orlando, FL.
- Qualls, S.H. (2012, August). Balancing career with aging family caregiving responsibilities. In E.A. Burke and C. Goodheart (Chairs), Women psychologists – balancing a career and intensive caretaking responsibilities. Symposium at American Psychological Association meeting. Orlando, FL.
- Qualls, S. H. (2012, August). Ethical issues in professional practice and research with older adults. In K. Gorgens (Chair), Ethical issues unique to research, training and practice with persons with disabilities. Symposium at American Psychological Association meeting. Orlando, FL.
- Segal, D.L., Qualls, S. H., Grus, C. & DiGilio, D. (2012, August). The APA survey of professional geropsychology training and experience. Symposium at American Psychological Association meeting. Orlando, FL

Teaching

University of Colorado at Colorado Springs, 1984-present. Courses: Principles of Counseling (U), Psychology of Aging (U), Survey of Clinical Psychology (U), Personality Theories (U), Abnormal Psychology (U), Advanced Seminar in Abnormal: Mental Health and Aging (U), Professions of Psychology (U), Proseminar in Individual and Family Development (G), Advanced Psychopathology (G), Clinical Practicum (G), Clinical Skills Laboratory (G), Professional Development: Cultural and Family Contexts (G), Clinical Geropsychology: Settings and Contexts of Practice (G), Clinical Geropsychology: Assessment and Intervention (G), Clinical Psychology Supervision (G), Psychology of Aging 2 (G).

Mentorship

MA Students: Marie Taras, Ellen Wright, Steven O. Kidd, Stephen J. Owens, Melissa Schuchman Doffing, Melanie Hendrickson, Mary Stephens, Ashley Williams, Heidi Layton, Kimberly Hiroto,

Christina Vair, Lindsay Anderson, Kelly O'Malley, Tracie Nicoll, Evan Plys, Robert Wickersham, Sanjukta Lahiri, Kelsey Bacharz, Kendall Weber, Geffen Ferszt.

Ph.D. Students: Mary Stephens (2007), Kimberly Hiroto (2010), Ashley Williams (2011), Heidi Layton (2013), Lindsay Anderson (2013), Christina Vair (2013), Kelly O'Malley (2017), Tracie Nicoll (2017), Evan Plys (2018), JoAnna Dieker (2021), Stacy Yun (Antic 2023), Kendall Weber (Antic 2024).

Clinical Practice

Private Practice, Licensed Psychologist (1985-2007; 2021-present)

Postdoctoral Fellowship, Palo Alto Veterans Administration Medical Center, Palo Alto, California. Geriatric Mental Health. 1983-84. Psychotherapy, Neuropsychological Assessment, and Consultation.

Clinical Internship, Palo Alto Veterans Administration Medical Center, Palo Alto, California. Interdisciplinary Team Training in Geriatrics. 1982-83. Team Training, Psychotherapy, and Consultation.

Summer Internship, Philadelphia Geriatric Center, Philadelphia, PA. 1980. Testing, Therapy, and Research.

Clinical Psychology Trainee, Psychological Clinic, Pennsylvania State University. 1978-82. Assessment, Individual and Couples Therapy.

Counselor for Incoming Freshmen, Division of Undergraduate Studies, Pennsylvania State University. 1979, 1981. Individual counseling sessions regarding admission tests and career goals.

Consultation

National Advisory Board Member, SAMHSA funded project, *Engage, Educate, Empower for Equity: E4, The Rush Center for Excellence for Behavioral Health Disparities in Older Adults* (E4 Center). Rush University Medical Center, 2020-2025.

Development of innovation center at the Palisades at Broadmoor Park to develop and evaluate wellness programs for staff and residents. Colorado Springs CO, 2006-2012.

Development of a video tape to train Emergency Medical Technicians to work with families in crisis. Memorial Hospital Emergency Services Department, Colorado Springs, CO, 1993.

Consultation on development of case management assessment instrument. Geri-Med of America, Inc. 1989.

Program Evaluator of HHS-funded grant to the Denver Regional Council of Governments studying hospital discharge planning for frail elderly (75+), 1988 - 1989.

Program Co-evaluator of NIA-funded grant to Colorado Association of Homes and Services for the Aging, a program for counseling older adults on housing options, 1985 - 1986.

University Service

HIPAA Policy Stakeholder Committee 2017-18
Intergeneration Research Committee, 2016-2017
Health and Wellness Visioning, 2015-Present
Search Co-Chair, Senior Executive for Clinical Activities, 2014
Lane Center Research Team, Chair, 2014-2017; Member 2017-18
Faculty Liaison to Lane Center development, 2013-14
Coordinator, UCCS-Palisades Collaboration, 2005-2012
Chair, Aging Initiative, 2003-2015
Co-Founder, CU Aging Center (community based mental health training facility), 1999
Development Coordinator, CU Aging Center, \$120,000 in community funding raised 1999-2002
Director, UCCS Gerontology Center (formerly Center on Aging), 1990 - Present.
Member, Library Advisory Committee, 1986-1991. 1993-97.
Member, UCCS Counseling Center Advisory Committee, 1998-2000.
Member, Staff Search Committee, CU Foundation, 1998, 2003.
Member, UCCS TLE Implementation Team, 1998-99.
Director of Clinical Training, Department of Psychology, 1987 - 1996.
Chair, College of Letters, Arts & Sciences Department Chairs, 1995-96.
Member, UCCS Human Subjects Review Committee, 1988 - 1994.
Member, LAS Accountability Committee, 1988 - 1989.
Member, Faculty Senate Women's Committee, 1985 - 1988.
Member, Executive Committee of the Graduate School, UCCS, 1985 - 1987.
Faculty Affiliate, Center on Aging, 1984 - Present.
Member, Executive Committee of the CU System-wide Graduate School, 1987.
Co-coordinator, UCCS Women's Luncheon Series, 1985 - 1986.

Professional Memberships and Offices

American Psychological Association

- Academic Geropsychology Workforce Task Force (2017)
- Geropsychology Workforce Working Committee (2010-2018)
- Inter-Organizational Work Group on Competencies for Psychological Practice in Primary Care (2012)
- Presidential Task Force on Caregiving (2009-2010)
- Committee on Aging (2009-2011; Chair 2011)
- Division 20 Program co-Chair (2005)
- Division 20 Member of Executive Board (1997-1999)
- Division 20 Continuing Education Coordinator (1996-2000)
- Society of Clinical Geropsychology, Division 12-Section 2, Treasurer (1994-1998), President (President-Elect, 2001), Awards Committee Chair (2019)
- Presidential Mini-Convention Convener, "Psychology and the Aging Revolution" (1997)

Gerontological Society of America

- Distinguished Mentorship Awards Committee (Member - 2010, 2014-15; Chair-2016; 2017)
- Behavioral and Social Sciences Awards Committee (2008-10)
- Public Policy Committee, Member (1998-2000)
- Behavioral and Social Sciences Section, Executive Board Member-at-Large (1999-2001)

- Mental Health and Aging Special Interest Group, Co-Convener (1988-93)

National Council on Family Relations (Member)

Psychological Society of the Pikes Peak Region (formerly El Paso County Psychological Society)

- Secretary (1985-87)
- Professional Ethics Committee, Member (1987 - 1988)
- Newsletter Committee, Member (1987 - 1989)

Psychologists in Long -Term Care, Steering Committee Member (1992-95)

Intergeneration Foundation, Trustee (2003-current)

National Clinical Geropsychology Conference Series, Colorado Springs, Co-Chair (2004-2009)

Promoting and Maintaining Health for Adults with Developmental Disabilities:

A Pikes Peak Region InterAgency Initiative, Co-Chair, 2007-current

Council of Professional Geropsychology Training Programs, Treasurer, 2008-2011

Professional Service - State and Local

Innovations in Aging Collaborative – Board Member, Colorado Springs (2009-2016)

Behavioral Health Summits – Facilitator, Chair, or Co-chair, 2012-2017.

Palisades Aging Center (aka Aspen Wellness Center) – Principal investigator and operations director for collaborative senior housing project, Colorado Springs, (Director 2006-2012)

Rocky Mountain Alzheimer's Association - Member, Program Planning Committee, Colorado Springs, 1994-1998 (Chair, 1996-97)

Colorado Springs Geriatric Health Conference Planning Committee, President, 1997-2004; Treasurer, 1994-97; Chair, Program Committee, 1993, 1996, 1999-2003

Professional Consultation Committee, Clinical Pastoral Education Program, Penrose/St. Francis Health Care System - Member, 1991 - 2002.

Generations Together Early Childhood Training for Older Workers. Member, Advisory Board, 1997-98.

Alzheimer's Steering Committee of Colorado Springs, Consultant regarding program and service development ,1988 – 1994.

Namasté Alzheimer Facility - Member, Advisory Board, 1990 - 1991.

Pikes Peak Region Mental Health Task Force - Member, Geriatric Subcommittee, 1990 -1991.

Penrose/St. Francis Health Care System Geriatric Task Force - Member, , 1988 - 1989.

Professional Service – National

Editorial Board

Journals of Gerontology: Psychological Sciences, 2000-2018

Aging and Mental Health, 2012-2021
Clinical Gerontologist, 2004-present

Examiner, American Board of Professional Psychology, Geropsychology (2020-present)
Editor, *Generations*, Spring Issue, 2014.

Advisory Editor for Cavanaugh, J. C., & Cavanaugh, C. K. (Eds), *Aging in America Volume 2: Physical and Mental Health*. Santa Barbara, CA: Praeger.

Co-Editor for *Generations*, Winter Issue 2007-2008

Associate Editor for Practice, *Family Relations*, 1997-00

Judge, Student Awards, Division 20, APA, 1991, 1994-1999

Reviewer of legislation regarding mental health and aging for the American Psychological Association
Practice Directorate, 1990.

Ad hoc reviewer, *Psychology and Aging*, *Family Relations*, *Behavior Therapy*, *Journal of Gerontology: Psychological Sciences*, *Professional Psychology*, *Personal Relationships*, *Journal of Family Psychology*, *Clinical Psychology: Science and Practice*, *Mental Health and Aging*, *Clinical Gerontologist*

Reviewer of abstracts submitted for annual meetings of the Gerontological Society of America and
American Psychological Association.

Selected Professional Presentations – Local

Aging in Place and Senior Expo events. Woodland Park, CO.

Caring for the invisible majority. Colorado Springs, CO.

How family history and dynamics alter family caregiving. Northwest Area Agency on Aging, Glenwood Springs and Grand Junction, CO.

Best Practices in West: CU Aging Center. Grantmakers in Aging, Denver, CO.

Integrating Families in to Geriatric Mental Health Practice. Colorado Behavioral Health Organization.
Denver, CO.

Think Family, Build Partnerships. Western Geriatric Care Managers Conference. Denver, CO.

Aging: What's New? Colorado Commission on Aging, Denver, CO.

Serving Clients with Cognitive Impairment. Colorado Springs Estate Planning Council, Colorado

Springs, CO.

Caregiver depression. Workshop at Colorado Springs Geriatric Health Conference, Colorado

Making hard decisions. Workshop at annual conference of Alzheimer's Association, Denver, CO.

Behavioral management of depression. University of Colorado Health Sciences Center.

Touching you, touching me: Alzheimer's families in action. Keynote presentation to annual conference, Rocky Mountain Alzheimer's Association, Denver, CO.