

How to Help

As a responsible employee you are required to report potential sexual misconduct or protected class discrimination and harassment. It is best practice to remind students of your reporting status before you engage in a conversation that may lead to a disclosure.



ACTIVE LISTENING

Listen, compassionately, and without judgement.



EMPATHIZE AND SUPPORT

Though you may never understand what this individual is going through, it's important to empathize and thank them for sharing their experiences.



ACKNOWLEDGE YOUR ROLE AND NEXT STEPS

Inform the individual about your reporting status and what that means for them.



PROVIDE RESOURCES AND REFERRALS

There are several on-campus and off-campus resources that can provide support to this individual. A few can be found on the backside. For a full list please visit:
<https://equity.uccs.edu/resources>



CONTACT OIE

Responsible employees are required to notify OIE of any potential violations of the sexual misconduct or protected class discrimination and harassment policies. Failure to report is a policy violation.

**Office of
Institutional Equity**

To report sexual misconduct and
protected class discrimination and harassment.

<https://equity.uccs.edu>

(719) 255-4324

equity@uccs.edu

UCCS Police

To report a crime, an immediate safety
concern, or to request a safety escort.

To access the Rave Guardian app:

[https://police.uccs.edu/information/rave-
guardian](https://police.uccs.edu/information/rave-guardian)

(719) 255-3111

police@uccs.edu

Office of the Dean of Students

To report a student in crisis or a

CARE Team concern.

(719) 255-3091

DOS@uccs.edu

**FOR CONFIDENTIAL RESOURCES
STUDENTS**

Wellness Center

To talk confidentially without reporting and
access medical and/or mental health services

<https://recwellness.uccs.edu>

(719) 255-4444

CU Employee RealHelp Hotline

UCCS Staff and Faculty may obtain
confidential services through the Real Help

Hotline:

**FOR
STAFF**

(833) 533-CHAT (2428)