

Heather Leigh Littleton, Ph.D.
Lyda Hill Institute for Human Resilience
University of Colorado Colorado Springs
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Education:

1999-2004

Virginia Tech (APA Accredited)
Blacksburg, VA
Degrees Earned: Doctor of Philosophy in Psychology (May of 2004)
Master of Science in Psychology (May of 2001)
Program: Clinical Psychology
Specialization: Clinical-Adult Psychology
Advisor: Dr. Danny Axson
Dissertation title: *The coping process of the unacknowledged rape victim*
Thesis title: *When is it rape? The role of rape and seduction scripts*

1995-1999

Clemson University
Clemson, SC
Degree earned: Bachelor of Arts in Psychology, Summa Cum Laude with Senior Departmental Honors
Minor: Women's Studies
Advisor: Dr. Cynthia Pury
Thesis title: *The relationship between body dysmorphic, eating disordered, and obsessive-compulsive symptoms*

Internship and Postdoctoral Clinical Training:

9/04-8/05

Postdoctoral Fellow in Clinical Health Psychology

University of Texas Medical Branch

Duties: Conducted individual and group psychotherapy for individuals with chronic pain. Provided brief interventions and psychological screenings for individuals with gastrointestinal disorders. Conducted treatment and procedure evaluations for individuals with chronic pain.

9/03-8/04

Psychology Intern (APA accredited)

Boston VA Medical Center Consortium

Duties: Conducted cognitive-behaviorally oriented individual, group, and couples psychotherapy. Conducted psychological and psycho-educational assessments. Provided supervision to psychology externs.

Rotations: Outpatient Clinic (General mental health/PTSD rotation), National Center for PTSD, Medical Psychology/Behavioral Medicine, Women's Stress Disorder Treatment Team (minor rotation)

Professional Positions:

- 1/1/21-present** Director of Research Operations and Associate Professor with Tenure
Lyda Hill Institute for Human Resilience
University of Colorado Colorado Springs
- 8/18-12/31/20** Professor
Department of Psychology
East Carolina University
- 8/12- 8/18** Associate Professor with Tenure
Department of Psychology
East Carolina University
- 8/08- 8/12** Assistant Professor (tenure track)
Department of Psychology
East Carolina University
- 8/06-7/08** Assistant Professor (tenure track)
Department of Psychology and Philosophy
Sam Houston State University
- 9/04-7/06** Women's Health Research Fellow
Center for Interdisciplinary Research in Women's Health
University of Texas Medical Branch

Professional Certifications/Licensure:

- 11/20-present** Colorado State Board of Psychologist Examiners
Licensed Psychologist
- 6/09-3/21** National Register of Health Service Psychologists
- 5/09-present** North Carolina Psychology Board
Licensed Psychologist
Health Service Provider
- 12/05-8/16** Texas State Board of Psychological Examiners
Licensed Psychologist

Awards and Recognition since 2010:

- 2018** Graduate of the Leadership Institute for Women in Psychology of the American Psychological Association
- 2017** Dr. William Hendrix Award for Research Excellence, Department of Psychology, East Carolina University

- 2016** Harriot College of Arts and Sciences, Faculty Travel Award
- 2016** Psychotherapy with Women Research Award, Division 35 (Psychology of Women) of the American Psychological Association, Honorable Mention
- 2014** Recipient of the Five-Year Research Award for Excellence in Research and Creative Activity from East Carolina University
- 2013** Recipient of the Georgia Babladelis Award for the best paper published in *Psychology of Women Quarterly*
- 2012** Named Fellow of Division 35 (Psychology of Women) of the American Psychological Association
- 2012** Nominated for APA Distinguished Contributions to Psychology in the Public Interest Early Career Award by the Committee on Women in Psychology
- 2011** Dr. Eugene Hargrove Mental Health Research Award for Early Career Research from the Psychiatric Foundation of North Carolina
- 2011** Best papers published in the *Journal of Trauma & Dissociation* in 2010, Honorable Mention

Affiliations: American Psychological Association
Div. 35 Society for the Psychology of Women (Fellow)
Div. 56 Trauma Psychology
International Society for Traumatic Stress Studies

Funded Grants:

Development and pilot evaluation of an online intervention to prevent partner violence and problem drinking in sexual minority youth. (co-PI: Heather Littleton, PI: Katie Edwards). R34 grant award from NIAAA, \$695,600. 3/1/21-1/31/24.

Recovery and adjustment in the community after Hurricane Florence (PI: Heather Littleton), National Science Foundation, RAPID grant, \$199,546. 2/15/19-2/14/20.

The role of stigma in partner violence: A social psychological and ecological perspective. (co-PI: Heather Littleton, PI: Katie Edwards). National Science Foundation, \$460,000, 8/15/2018-8/14/2022.

Evaluation of DVHPDI LAP Sites- ECU Subcontract (Site PI: Heidi Bonner), Role: Co-investigator. ECU Subcontract from the Department of Justice, \$589,411, 1/1/2016-3/31/2019.

Application of an information processing model to understanding rape victims' post-assault adjustment, risk taking behavior, and re-victimization risk (PI: Heather Littleton). Grant seeking re-assignment award from Harriot College of Arts and Sciences, East Carolina University, \$5000, 1/1/2015-5/30/2015.

Evaluation of web-based CBT for rape victims (PI: Heather Littleton). R34 grant award from NIMH, \$624,455, 12/1/2010-11/30/2014.

Coping, adjustment, and resilience among college women following the mass shooting at Virginia Tech. SGER award from the National Science Foundation (co-PI: Heather Littleton, PI: Danny Axsom), \$109,273, 6/15/2007-6/14/2009.

Rape acknowledgment, recovery-related behaviors, and re-victimization risk: A longitudinal study (PI: Heather Littleton). Grant award from the Society for the Psychological Study of Social Issues, \$2000, 6/1/2006-5/30/2008.

Peer-Reviewed Journal Publications:

Scopus *h* index = 29; citations = 2,556

Google Scholar *h* index = 38, citations = 5,524

1. **Littleton, H.**, Edwards, K. E., Sall, K. E.*, Lim, S.*, & Mauer, V. (in press). COVID-specific coercive control among emerging adults attending college: A brief note. *Journal of Family Violence*.
2. Mauer, V. A., **Littleton, H.**, Lim, S.*, Sall, K. E., Siller, L., & Edwards, K. E. (in press). Fear of COVID-19, anxiety, and social support among college students. *Journal of American College Health*.
3. Zinzow, H., **Littleton, H.**, Muscari, E.*, & Sall, K. E.* (in press). Barriers to formal help seeking following sexual violence: Review from within an ecological systems framework. *Victims & Offenders*.
4. Sall, K. E.*, & **Littleton, H.** (in press). Institutional betrayal: A mixed methods study of college women's experiences with on-campus help-seeking following rape. *Journal of Trauma & Dissociation*.
5. **Littleton, H.**, Wright, L., Dodd, J. C., & Higgins, M.* (in press). Gynecological health complaints among women with sexual victimization histories: Examination of depression and anxiety as potential mediators. *Women's Health Issues*.
6. Yu, C., Yu, X., Fan, Z., Wang, K., & **Littleton, H.** (2022). Development and evaluation of a BMI-based figure rating scale for Chinese adolescents. *Evaluation & the Health Professions*, 45, 215-219.
7. Wang, K., Yu, X., Yu, C., Liu, Y., Chu, M., Zhang, R., Chen, J., **Littleton, H.**, Shum, D. H. K., & Chan, R. C. K. (2022). Validation of the Chinese version of the Body Image Concern Inventory. *Evaluation & the Health Professions*, 45, 204-214.
8. **Littleton, H.**, Haney, L.*, Schoemann, A., Allen, A., & Benight, C. (2022). Received support in the aftermath of Hurricane Florence: Reciprocal relations among perceived support, community solidarity, and PTSD. *Anxiety, Stress, & Coping*, 35, 270-283.
9. Edwards, K. E., Scheer, J. R., **Littleton, H.**, & Mullet, N. (2021). Preventing adverse childhood experiences among sexual and gender minority youth: A call to action. *Journal of Gay & Lesbian Mental Health*, 25, 355-357.
10. Edwards, K. E., Siller, L., **Littleton, H.**, Wheeler, L., Chen, D., Sall, K.*, & Lim, S.* (2021). Minority stress and sexual partner violence victimization and perpetration among LGBTQ+ College students: The moderating roles of hazardous drinking and social support. *Psychology of Violence*, 11(5), 445-454.
11. **Littleton, H.**, McConnell, A.*, Messman, T. L., & Layh, M.* (2021). Typologies of rape victimization among women attending college: A latent class analysis. *Psychology of Women Quarterly*, 45(2), 229-242.
12. **Littleton, H.**, Downs, E.*, & Rudolph, K.* (2020). The sexual victimization experiences of men attending college: A mixed methods investigation. *Sex Roles*, 83, 595-608.

13. Rudolph, K.*, **Littleton, H.**, & Schoemann, A. (2020). Patterns of sexual risk behavior among college women: A latent profile analysis. *Journal of Sex & Marital Therapy, 46*, 403-418.
14. Layh, M.*, Rudolph, K.*, & **Littleton, H.** (2020). Sexual risk behavior and sexual satisfaction among rape victims: Examination of sexual motives as a mediator. *Journal of Trauma & Dissociation, 21*, 73-86.
15. **Littleton, H.**, & Grills, A. E. (2019). Changes in coping and negative cognitions as mechanisms of change in online treatment for rape-related PTSD. *Journal of Traumatic Stress, 32*, 927-935.
16. Mancini, A., **Littleton, H.**, Grills, A. E., & Jones, P. (2019). PTSD near and far: Symptom networks from two to 12 months after the Virginia Tech campus shootings. *Clinical Psychological Science, 7*, 1340-1354.
17. **Littleton, H. L.**, Layh, M.*, Rudolph, K.*, & Haney, L.* (2019). Evaluation of the Sexual Experiences Survey-Revised as a screening measure for sexual assault victimization among college students. *Psychology of Violence, 9*, 555-563.
18. Ford, J., **Littleton, H.**, Lutes, L., Wuensch, K. L., Benton, C., Cahill, J. M., Hudson, C., Nekkanti, R., Gehi, A., & Sears, S. F. (2019). Evaluation of an internet-based Intervention for ICD patients with elevated symptoms of posttraumatic stress disorder. *Pacing and Clinical Electrophysiology, 42*, 521-529.
19. Decker, M.*, **Littleton, H. L.**, & Edwards, K. (2018). An updated review of the literature on LGBTQ+ intimate partner violence. *Current Sexual Health Reports, 10*, 265-272.
20. Decker, M.*, & **Littleton, H. L.** (2018). Sexual re-victimization among college women: A review through an ecological lens. *Victims & Offenders, 13*, 558-588.
21. **Littleton, H. L.**, Layh, M.*, & Rudolph, K.* (2018). Unacknowledged rape in the community: Rape characteristics and adjustment. *Violence and Victims, 33*, 142-156.
22. **Littleton, H. L.**, Grills, A. E., Layh, M.*, & Rudolph, K.* (2017). Unacknowledged rape and re-victimization risk: Examination of potential mediators. *Psychology of Women Quarterly, 41*, 437-450.
23. Lacks, M. H.*, Lamson, A. L., Rappleyea, D. L., Russoniello, C. V., & **Littleton, H.** (2017). A systematic review of the biopsychosocial-spiritual health of active duty women. *Military Psychology, 29*, 570-580.
24. **Littleton, H. L.**, & Decker, M.* (2017). Predictors of resistance self-efficacy among rape victims and association with re-victimization risk: A longitudinal study. *Psychology of Violence, 7*, 583-592.
25. Dodd, J. C.*, & **Littleton, H. L.** (2017). Sexual assault and sexual risk behaviors among lower income rural women: The mediating role of self-worth. *Violence and Victims, 32*, 110-125.
26. **Littleton, H. L.**, & Dodd, J. C.* (2016). Violent attacks and damaged victims: The rape scripts of European American and African American U.S. college women. *Violence Against Women, 22*, 1725-1747.
27. Edwards, K. M., **Littleton, H. L.**, Sylaska, K. M., Crossman, A. L., & Craig, M. (2016). College campus community readiness to address intimate partner violence among LGBTQ+ young adults: A conceptual and empirical investigation. *American Journal of Community Psychology, 58*, 16-26.
28. **Littleton, H. L.**, Grills, A. E., Schoemann, A., Drum, K., & Dodd, J. S.* (2016). From Survivor to Thriver: Results of an RCT of a therapist-facilitated online intervention for rape victims. *Journal of Anxiety Disorders, 43*, 41-51.

29. Buck, K. S.*, & **Littleton, H. L.** (2016). Impact of educational messages on patient acceptance of male medical students into ob-gyn encounters. *Journal of Psychosomatic Obstetrics and Gynecology*, 37, 84-90.
30. Mancini, A., **Littleton, H. L.**, & Grills, A. E. (2016). Can people benefit from acute stress? Social support, psychological improvement, and resilience after the Virginia Tech campus shootings. *Clinical Psychological Science*, 4, 401-417.
31. **Littleton, H. L.** (2015). Sexual victimization and somatic complaints in pregnancy: Examination of depression as a mediator. *Women's Health Issues*, 25, 696-702.
32. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. B. (2014). Predicting risky sexual behavior in emerging adulthood: Examination of a moderated mediation model among child sexual abuse and adult sexual assault victims. *Violence and Victims*, 29, 981-998.
33. Drum, K. B., & **Littleton, H. L.** (2014). Therapeutic boundaries in telepsychology: Unique issues and best practice recommendations. *Professional Psychology: Research and Practice*, 45, 309-315.
34. **Littleton, H. L.** (2014). Interpersonal violence on college campuses: Understanding risk factors and working to find solutions. *Trauma, Violence, & Abuse: A Review Journal*. 15, 297-303.
35. Buck, K. S.*, & **Littleton, H. L.** (2014). Stereotyped beliefs about male and female OB-GYNs: Relationship to provider choice and patient satisfaction. *Journal of Psychosomatic Obstetrics & Gynecology*, 35, 1-7.
36. Amacker, A.*, & **Littleton, H. L.** (2013). Perceptions of similarity and responsibility attributions to an acquaintance sexual assault victim. *Violence Against Women*, 19, 1384-1407.
37. **Littleton, H. L.**, & Ullman, S. E. (2013). PTSD symptomatology and hazardous drinking as risk factors for sexual assault re-victimization: Examination in European American and African American women. *Journal of Traumatic Stress*, 26, 1-9.
38. **Littleton, H. L.**, Grills-Taquechel, A. E., Buck, K. S.*, Rosman, L.*, & Dodd, J. C.* (2013). Health risk behavior and sexual assault among ethnically diverse women. *Psychology of Women Quarterly*, 37, 7-21.
39. **Littleton, H. L.**, Grills-Taquechel, A. E., Axsom, D., Bye, K.*, & Buck, K. S.* (2012). Prior sexual trauma and adjustment following the Virginia Tech campus shootings: Examination of the mediating role of schemas and social support. *Psychological Trauma: Theory, Research, Practice, and Policy*, 4, 578-586.
40. Tomasula, J. L.*, Anderson, L. M., **Littleton, H. L.**, & Riley-Tillman, T. C. (2012). The association between sexual assault and suicidal activity in a national sample. *School Psychology Quarterly*, 27, 109-119.
41. **Littleton, H. L.**, Buck, K. S.*, Rosman, L.*, & Grills-Taquechel, A. E. (2012). The From Survivor to Thriver Program: A pilot study of an online program for rape victims. *Cognitive and Behavioral Practice*, 19, 315-327.
42. **Littleton, H. L.**, & Grills-Taquechel, A. E. (2011). Evaluation of an information processing model following sexual assault. *Psychological Trauma: Theory, Research, Practice, and Policy*, 3, 421-429.
43. **Littleton, H. L.** (2011). Rape myths and beyond: A commentary on Edwards and colleagues (2011). *Sex Roles*, 65, 792-797.
44. Luca, M., Giannini, M., Gori, A., & **Littleton, H. L.** (2011). Measuring dysmorphic concern in Italy: Psychometric properties of the Italian Body Image Concern Inventory (I-BICI). *Body Image*, 8, 301-305.

45. **Littleton, H. L.**, Kumpala, M.*, & Orcutt, H. (2011). Posttraumatic symptoms following a campus shooting: The role of psychosocial resource loss. *Violence and Victims*, 26, 461-476.
46. Grills-Taquechel, A. E., **Littleton, H. L.**, & Axsom, D. (2011). Social support, world assumptions, and exposure as predictors of anxiety and quality of life following a mass trauma. *Journal of Anxiety Disorders*, 25, 498-506.
47. **Littleton, H. L.**, Axsom, D., & Grills-Taquechel, A. E. (2011). Longitudinal evaluation of the relationship between maladaptive trauma coping and distress: Examination following the mass shooting at Virginia Tech. *Anxiety, Stress, and Coping*, 24, 273-290.
48. **Littleton, H. L.**, Bye, K. S.*, Buck, K.*, & Amacker, A.* (2010). Psychosocial stress during pregnancy and perinatal outcomes: A meta-analytic review. *Journal of Psychosomatic Obstetrics and Gynecology*, 31, 219-228.
49. **Littleton, H. L.** (2010). The impact of social support and negative disclosure reactions on sexual assault victims: A cross-sectional and longitudinal investigation. *Journal of Trauma and Dissociation*, 11, 210-227.
50. **Littleton, H. L.**, Axsom, D., & Grills-Taquechel, A. E. (2009). Adjustment following the mass shooting at Virginia Tech: The roles of resource loss and gain. *Psychological Trauma: Theory, Research, Practice, and Policy*, 1, 206-219.
51. **Littleton, H. L.**, Grills-Taquechel, A. E., & Axsom, D. (2009). Resource loss as a predictor of posttrauma symptoms among college women following the mass shooting at Virginia Tech. *Violence and Victims*, 24, 669-687.
52. **Littleton, H. L.**, Grills-Taquechel, A. E., & Axsom, D. (2009). Impaired and incapacitated rape victims: Assault characteristics and post-assault experiences. *Violence and Victims*, 24, 439-457.
53. **Littleton, H. L.**, Tabernik, H.*, Canales, E. J.*, & Backstrom, T.* (2009). Risky situation or harmless fun? A qualitative examination of college women's bad hook-up and rape scripts. *Sex Roles*, 60, 793-804.
54. **Littleton, H. L.**, Axsom, D., & Grills-Taquechel, A. (2009). Sexual assault victims' acknowledgment status and re-victimization risk. *Psychology of Women Quarterly*, 33, 34-42.
55. **Littleton, H. L.**, & Henderson, C. E. (2009). If she is not a victim, does that mean she was not traumatized? Evaluation of predictors of PTSD symptomatology among college rape victims. *Violence Against Women*, 15, 148-167.
56. **Littleton, H. L.**, & Radecki Breitkopf, C. (2008). The Body Image Concern Inventory: Validation in a multiethnic sample and initial development of a Spanish language version. *Body Image*, 5, 381-388.
57. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2008). Beyond the campus: Unacknowledged rape among low income women. *Violence Against Women*, 14, 269-286.
58. **Littleton, H. L.**, Horsley, S.*, John, S.*, & Nelson, D. V. (2007). Trauma coping strategies and psychological distress: A meta-analysis. *Journal of Traumatic Stress*, 20, 977-988.
59. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2007). Sexual and physical abuse history and recent sexual risk behaviors: Relationships among women and potential mediators. *Child Abuse & Neglect*, 31, 757-768.
60. **Littleton, H. L.** (2007). An evaluation of the coping patterns of rape victims: Integration with a schema-based information processing model. *Violence Against Women*, 13, 789-801.
61. **Littleton, H. L.**, Rhatigan, D., & Axsom, D. (2007). Unacknowledged rape: How much do we know about the hidden sexual assault victim? *Journal of Aggression, Maltreatment, and Trauma*. 14 (4), 57-74.

62. **Littleton, H. L.,** Berenson, A. B., & Radecki Breitkopf, C. (2007). An evaluation of health care providers' sexual violence screening practices. *American Journal of Obstetrics & Gynecology, 196,* 564.e1-564.e7.
63. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2007). Correlates of anxiety symptoms during pregnancy and association with perinatal outcomes: A meta-analysis. *American Journal of Obstetrics & Gynecology, 196,* 424-432.
64. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2007). The rape scripts of low-income European American and Latina women. *Sex Roles, 56,* 509-516.
65. Radecki Breitkopf, C., **Littleton, H. L.,** & Berenson, A. B. (2007). Body image: A study in a tri-ethnic sample of low income women. *Sex Roles, 56,* 373-380.
66. **Littleton, H. L.,** Tiedeman, K., & Axsom, D. (2007). A meta-analysis of self-attributions following three types of trauma: Sexual victimization, illness, and injury. *Journal of Applied Social Psychology, 37,* 515-538.
67. **Littleton, H. L.,** Axsom, D., & Yoder, M. (2006). Priming of consensual and non-consensual sexual scripts: An experimental test of the role of scripts in rape attributions. *Sex Roles, 54,* 557-563.
68. **Littleton, H. L.,** Axsom, D., Radecki Breitkopf, C., & Berenson, A. B. (2006). Rape acknowledgment and post assault behaviors: How acknowledgment status relates to disclosure, coping, worldview, and reactions received from others. *Violence and Victims, 21,* 765-782.
69. **Littleton, H. L.,** & Radecki Breitkopf, C. (2006). Coping with the experience of rape. *Psychology of Women Quarterly, 30,* 106-116.
70. **Littleton, H. L.,** Radecki Breitkopf, C., & Berenson, A. B. (2005). Body image and risky sexual behaviors: An investigation in a tri-ethnic sample. *Body Image, 2,* 193-198.
71. **Littleton, H. L.,** Axsom, D., & Pury, C. L. S. (2005). Development of the Body Image Concern Inventory. *Behaviour Research and Therapy, 43,* 229-241.
72. **Littleton, H. L.,** & Axsom, D. (2003). The rape and seduction scripts of university students: Implications for rape attributions and unacknowledged rape. *Sex Roles, 49,* 465-475.
73. **Littleton, H. L.,** & Ollendick, T. (2003). Negative body image and disordered eating: What places youth at risk and how can these problems be prevented? *Clinical Child and Family Psychology Review, 6,* 51-66.

Other publications:

1. **Littleton, H.,** & Grills, A. E. (2021). Cyber harassment in the academy. *Trauma Psychology News, 16*(3), 26-29. <https://traumapsychnews.com>
2. **Littleton, H.,** & DiLillo, D. (2021). Global perspectives on sexual violence: Understanding the experiences of marginalized populations and elucidating the role of sociocultural factors in sexual violence. [Introduction to the Special Issue]. *Psychology of Violence, 11,* 429-433.
3. Lea, S. C., **Littleton, H.** Allen, A. B., & Beasley, C. M. (2020). Resilience, self-compassion, and mental health outcomes. *NC Medical Journal, 81,* 315-319.
4. International Society for Traumatic Stress Studies, Sexual Violence Briefing Paper Work Group (2018). Sexual assault, sexual abuse, and harassment: Understanding the mental health impact and providing care for survivors. An ISTSS briefing paper. <http://www.istss.org/sexual-assault>

5. **Littleton, H. L.**, Dodd, J. C.*, & Rudolph, K.* (2016). Psychosocial functioning within shooting-affected communities: Individual and community-level factors. In L. C. Wilson (Ed.), *The Wiley Handbook of the Psychology of Mass Shootings*. Oxford, UK: Wiley.
6. **Littleton, H. L.**, Decker, M.*, & Dodd, J.* (2015). [Review of the book *The politics of women's bodies: Sexuality, appearance, and behavior* (4th ed.)]. *Psychology of Women Quarterly*, 39, 132-133.
7. **Littleton, H. L.** (2011). [Review of the book, *Talking about sexual assault: Society's response to survivors*]. *Psychology of Women Quarterly*, 35, 167.
8. **Littleton, H. L.** (2010). Posttraumatic stress disorder. In B. S. Fisher and S. P. Lab (Eds.), *Encyclopedia of Victimology and Crime Prevention*. Thousand Oaks, CA: Sage.
9. **Littleton, H. L.** (2010). Sexually transmitted diseases and sexual victimization. In B. S. Fisher and S. P. Lab (Eds.), *Encyclopedia of Victimology and Crime Prevention*. Thousand Oaks, CA: Sage.
10. Orcutt, H., & **Littleton, H.** (2010). Implementing and managing a quick-response research project: Advice from researchers responding to the tragedies at Virginia Tech and Northern Illinois University. *Traumatic Stress Points*, 24, 5-6.
11. **Littleton, H. L.**, & Berenson, A. B. (2008). Medical management of the adolescent sexual abuse victim. In R. M. Reece (Ed.), *Child abuse: Medical diagnosis and management* (3rd ed., pp. 321-341). Washington, D.C.: American Academy of Pediatrics.
12. **Littleton, H. L.** (2008). Body image dissatisfaction: Normative discontent? [Review of the book *Body image: Understanding body dissatisfaction in men, women, and children*, revised edition]. *Sex Roles*, 59, 292-293.
13. **Littleton, H. L.**, & Stephens, B. R. (1999). How gender affects perceptions of aggression in negative campaign advertising. *Psi Chi Undergraduate Research Journal*, 4, 33-36.

Research Presentations at Professional Conferences:

1. Bermea, A. M., Wheeler, L. A., Perez-Brena, N., Lim, S., Mauer, V. A., Edwards, K. M., & **Littleton, H.** (2022, November). *Intimate partner violence among lesbian, gay, bisexual, and queer Latinx college students: Victimization, perpetration, and correlates*. Paper to be presented at the annual meeting of the National Council on Family Relations. Minneapolis, MN.
2. Edwards, K. M., **Littleton, H.**, Wheeler, L., Lim, S., Chen, D., Sall, K., Mauer, V. L., Siller, L., Huff, M., & Marshall, J. (2022, July). *Examination of the multi-level sexual stigma model of IPV: A prospective analysis across seventeen institutions of higher education*. Paper presented at the National LGBTQ Health Conference, Chicago, IL.
3. Huff, M., Edwards, K.M., & **Littleton, H.L.** (2022, July). *Past six-month IPV victimization among TGD undergraduate college students*. Paper presented at the National LGBTQ Health Conference, Chicago, IL.
4. Edwards, K. M., Bermea, A., Wheeler, L. A., Lim, S., Mauer, V. A., **Littleton, H.**, & Huff, M. (2022, June). *IPV victimization and psychological distress among sexual minority college students*. Paper presented at the annual meeting of the Society for the Psychological Study of Social Issues, San Juan, Puerto Rico.
5. **Littleton, H.**, Edwards, K., Mauer, V., Lim, S., & Sall, K. (2022, June). COVID-specific IPV and hazardous drinking among LGBTQ+ college students. In C. Clevenger (Chair), *Associations among alcohol use and self- and other-directed violence among sexual and gender minorities*. Symposium conducted at the annual meeting of the Research Society on Alcoholism, Orlando, FL.

6. Edwards, K. M., Mauer, V., Rodriguez, L., **Littleton, H.**, Farquhar-Leicester, A., Wheeler, L. A., Berkowitz, A., & Neighbors, C. (2022, June). Misperception of alcohol norms as predictors of alcohol use and dating violence perpetration among sexual and gender minority youth. In C. Clevenger (Chair), *Associations among alcohol use and self- and other-directed violence among sexual and gender minorities*. Symposium conducted at the annual meeting of the Research Society on Alcoholism, Orlando, FL.
7. **Littleton, H.**, Ricca, B., Allen, A. B., & Benight, C. (2022, May). Trajectories of hurricane adjustment: Analysis of EMA data using two-stage cluster analysis. In K. Dixon (Chair), *The sequelae of traumatic experiences across the lifespan*. Symposium conducted at the annual meeting of the Association for Psychological Science, Chicago, IL.
8. Higgins, M.*, & **Littleton, H.** (2022, May). Physical activity and posttraumatic outcomes in sexual assault survivors. In K. Dixon (Chair), *The sequelae of traumatic experiences across the lifespan*. Symposium to be conducted at the annual meeting of the Association for Psychological Science, Chicago, IL.
9. Edwards, K. M., **Littleton, H.**, Mauer, V. A., Farquhar-Leicester, A.*, Wheeler, L., Berkowitz, A., & Neighbors, C. (2022, March). *Predictors of dating violence among a diverse sample of sexual and gender minority youth*. Paper presented at the annual meeting of the Association for Women in Psychology, Chicago, IL.
10. Mauer, V. A., Farquhar-Leicester, A.*, Edwards, K. M., **Littleton, H.**, Berkowitz, A., Wheeler, L., Neighbors, C., & Rodriguez, L. (2022, March). *LGBTQ+ teens' dating violence social norms*. Paper presented at the biennial conference of the Society for Research on Adolescence, New Orleans, LA.
11. Lim, S.*, **Littleton, H.**, Edwards, K. M., & Mauer, V. A. (2022, January). *Intimate partner violence victimization and perpetration among Latinx sexual minority college students*. Paper presented at the annual meeting of the National Multicultural Conference and Summit, Virtual.
12. Mauer, V. A., Edwards, K. M., **Littleton, H.**, & Lim, S.* (2022, January). *Latent profiles of emotion regulation among LGBTQ+ college students with experiences of intimate partner violence*. Paper presented at the annual meeting of the National Multicultural Conference and Summit, Virtual.
13. Edwards, K. M., Lim, S.*, Charge, L. L., Herrington, R., **Littleton, H.**, Huff, M., Mauer, V., & Sall, K.* (2022, January). *Rates and correlates of intimate partner violence among Indigenous college students: A multicampus study*. Paper presented at the annual meeting of the National Multicultural Conference and Summit, Virtual.
14. Muscari, E.*, & **Littleton, H.** (2021, August). *Formal sex education: Exploration of its role as an intervention to reduce sexual assault and IPV*. Paper presented at the annual meeting of the American Psychological Association, Virtual.
15. Huff, M.*, Mauer, V. A., Edwards, K. M., Siller, L., **Littleton, H.**, Lim, S.*, & Sall, K. E.* (2021, May). *Fear of harassment due to lack of gender-neutral bathrooms as a predictor of psychological distress in TGD college students*. Paper presented at the 2021 National LGBTQ Health Conference, Virtual.
16. Mullet, N., Edwards, K.M., Scheer, J.R., & **Littleton, H.** (2021, May). *Preventing adverse childhood experiences among sexual and gender minority youth: A call to action*. Paper presented at the National LGBTQ Health Conference, Virtual.
17. Mauer, V. A., Siller, L., Edwards, K. M., **Littleton, H.**, Lim, S.*, & Sall, K.* (2021, May). *Validation of the SGM-Specific Conflict Tactics Scale-2 with diverse sexual and gender-minority populations*. Paper presented at the National LGBTQ Health Conference, Virtual.

18. Lim, S.*, Sall, K. E.*, Edwards, K. M., Siller, L., **Littleton, H.**, Wheeler, L. A., & Chen, D. (2021, May). *Minority stress and sexual partner violence victimization and perpetration among LGBTQ+ college students: The moderating roles of problem drinking and social support*. Paper presented at the National LGBTQ Health Conference, Virtual.
19. **Littleton, H.**, Benight, C., Allen, A., Haney, L.*, & Muscari, E.* (2020, November). Reciprocal relations between PTSD, coping, and self-efficacy in rural hurricane survivors. In C. Benight (Chair), *Disaster recovery dynamics in underserved versus resourced populations: A critical analysis from hurricanes to fires*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Virtual.
20. Sall, K.*, & **Littleton, H.** (2020, November). *Institutional betrayal: College women's experiences with formally reporting a sexual assault*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Virtual.
21. **Littleton, H.**, Benight, C., & Allen, A. (2020, August). Support provision in the aftermath of natural disaster: A cross-lagged panel analysis. In T. Dardis (Chair), *Community support engagement following trauma exposure: Implications for recovery*. Symposium conducted at the annual meeting of the American Psychological Association, Virtual.
22. Sall, K.*, Lim, S.*, Edwards, K., **Littleton, H.**, Siller, L., Marshall, J., & Aunkst, T. (2020, August). Assessing campus community readiness to address IPV among LGBTQ+ students. In H. Littleton (Chair), *Social and community factors in recovery from interpersonal violence*. Symposium conducted at the annual meeting of the American Psychological Association, Virtual.
23. Sall, K.*, & **Littleton, H.** (2020, August). *Sexual victimization risk reduction: Evaluating college women's use of self-protective actions and resistance self-efficacy strategies*. Paper presented at the annual meeting of the American Psychological Association, Virtual.
24. Williams, J.*, **Littleton, H.**, Ford, J., Cunningham, K., Campbell, L., & Griffith, A. (2020, August). *The effects of minority stress and resilience on sexual minority veterans' healthcare utilization*. Paper presented at the annual meeting of the American Psychological Association, Virtual.
25. Allen, A. B., Benight, C. C., & **Littleton, H.** (2020, February). *Supporting oneself: How self-compassion impacts perceptions of social support among hurricane survivors*. Paper presented at the Society for Personality and Social Psychologists, New Orleans, LA.
26. Benson, K.*, Cox, T.*, Allen, A. B., Benight, C. C., & **Littleton, H.** (2020, February). *Coping with natural disaster: How self-compassion and hurricane exposure predict coping self-efficacy*. Paper presented at the Society for Personality and Social Psychologists, New Orleans, LA.
27. **Littleton, H.**, Haney, L.*, Allen, A. B., & Benight, C. (2020, February). *Conducting psychosocial research in hurricane affected communities: Challenges, lessons learned, recommendations for researchers*. Paper presented at the 2020 HurriCon Conference, Greenville, NC.
28. **Littleton, H.**, Rudolph, K.*, & Downs, E.* (2019, November). *Sexual assault acknowledgment among college men: Assault characteristics and assault narratives*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
29. **Littleton, H.**, Benight, C., & Allen, A. (2019, November). Social support, coping self-efficacy and coping strategies as prospective predictors of PTSD among rural Hurricane Florence survivors. In C. Kovacevic (Chair), *Charting new directions in understanding social support's role in trauma recovery and resilience*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
30. Rudolph, K.*, & **Littleton, H.** (2019, November). Sexual risk behavior profiles among college women. Paper presented at the annual meeting of Society for the Scientific Study of Sexuality, Denver, CO.

31. Layh, M.*, & **Littleton, H.** (2019, November). Savvy Sexuality: A pilot intervention of sexual assertiveness for college women. Paper presented at the annual meeting of Society for the Scientific Study of Sexuality, Denver, CO.
32. Benson, K. Cox, T., Allen, A. B., Benight, C. C., & Littleton, H. (2019, October). *Promoting Individual Hurricane Recovery: The Mediation Coping Process between Self-Compassion and Depression*. Paper presented at the Society of Southeastern Social Psychologists, Johnson City, TN.
33. Edwards, K., **Littleton, H.**, Boyle, L. S. (2019, May). *Development of an online intervention to prevent dating violence and promote resilience among sexual minority youth*. Paper presented at the National LGBTQ Health Conference, Atlanta, GA.
34. Edwards, K., & **Littleton, H.** (2018, December). The role of stigma in partner violence: A social psychological and ecological perspective. In H. Bovill (Chair), *The changing shape of higher education: An international view on the position of higher education in setting debates and constructing emerging understandings of sexual violence on campus and in society*. Symposium conducted at the annual meeting of the Society for Research into Higher Education, Newport, Wales.
35. **Littleton, H.**, & Grills, A. E. (2018, November). *Evaluation of mechanism of change in two online treatments for PTSD*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
36. Haney, L.*, **Littleton, H.**, & Ullman, S. (2018, November). *Reactions to a sexual assault disclosure: Evaluation of an alternate scoring method for the Social Reactions Questionnaire*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
37. Layh, M.*, & **Littleton, H.** (2018, November). *Sexual motives as mediators of sexual risk behaviors among victims of sexual assault*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
38. Edwards, K., **Littleton, H.**, & Leyva, C. (2018, August). Similarities and differences in dating violence among heterosexual and sexual minority youth: Implications for prevention. In C. Mehta (Chair), *Samples, contexts, and reproducibility*. Symposium conducted at the annual meeting of the American Psychological Association, San Diego, CA.
39. Decker, M.*, Layh, M.*, & **Littleton, H.** (2018, August). *Depression and alcohol use as predictors of risky sex among transgender college students*. Paper presented at the Annual Philadelphia Trans Wellness Conference, Philadelphia, PA.
40. **Littleton, H.**, Layh, M.*, Rudolph, K.*, Haney, L.*, & Ullman, S. E. (2017, November). Sexual victimization among college men: A quantitative and qualitative investigation. In L. Wilson (Chair), *Understanding the role of social cognitive factors in risk for and outcomes of sexual victimization among college students*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
41. Layh, M.*, & **Littleton, H.** (2017, November). *The impact of rape on sexual functioning: Experiences of African American and European American women*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL
42. Rudolph, K.*, & **Littleton, H.** (2017, August). *Sexual risk behavior in college women: A test of a combined peer influence and sexual motive model*. Paper presented at the annual meeting of the American Psychological Association, Washington, DC.

43. Layh, M.*, **Littleton, H.**, & Grills, A. E. (2017, August). Sexual risk behaviors, sexual satisfaction, and sexual functioning among rape survivors and non-victims. In C. Bowman (Chair), *Predictors of and outcomes related to sexual violence: Implications for prevention*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
44. **Littleton, H.**, Layh, M.*, Rudolph, K.*, & Haney, L.* (2017, August). Evaluation of the SES-R as a sexual assault screening measure. In L. Jones (Chair), *New frontiers in measurement and victimization and Resilience*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
45. Sharp, M.*, Decker, M.*, **Littleton, H.**, & Dolbier, C. (2017, March). *Interpersonal violence history and childbirth specific posttraumatic stress symptoms*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
46. **Littleton, H.**, Layh, M.*, Decker, M.*, & Grills, A. (2016, November). Pre-treatment difficulties and resources as predictors of therapist working alliance in online PTSD treatment. In C. Yeager (Chair), *Theoretical predictors of the effectiveness of Web interventions for trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
47. **Littleton, H.** (2016, November). Predictors of adjustment following gun violence: Lessons learned from a study of victims of the Virginia Tech campus shooting. In J. Kenardy (Chair), *Gun violence and its impact on society*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
48. **Littleton, H.** (2016, May). Unacknowledged rape among rural low SES African American and European American women. In L. Wilson (Chair), *Unacknowledged rape: What do we know about survivors who do not acknowledge their experience?* Symposium conducted at the annual meeting of the Association for Psychological Science, Chicago, IL.
49. Layh, M.*, Rudolph, K.*, & **Littleton, H.** (2016, May). Rape acknowledgment, sexual risk behavior, and re-victimization risk. In L. Wilson (Chair), *Unacknowledged rape: What do we know about survivors who do not acknowledge their experience?* Symposium conducted at the annual meeting of the Association for Psychological Science, Chicago, IL.
50. Decker, M.*, & **Littleton, H. L.** (2015, November). *Does depression increase threat of sexual re-victimization among survivors? Risk perception and resistance self-efficacy as mechanisms*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
51. Dodd, J. C.*, & **Littleton, H. L.** (2015, November). *Worldview as a predictor of health risk behavior following sexual victimization: Moderated mediation in an ethnically diverse community sample*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
52. **Littleton, H. L.**, & Grills, A. E. (2015, August). The From Survivor to Thriver program: An RCT of an online cognitive-behavioral program for rape-related PTSD. In H. L. Littleton (Chair), *Promises and pitfalls of online interventions for traumatized individuals: Results of empirical evaluations and boundary issues for clinicians*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Canada.
53. Buck, K. S.*, & **Littleton, H. L.** (2015, February). *Impact of educational messages on patient acceptance of male medical students in OB-GYN*. Paper presented at the annual meeting of the Association of Psychologists in Academic Health Centers, Atlanta, GA.

54. Dodd, J.*, Decker, M.*, & **Littleton, H. L.** (2014, November). *Resistance self-efficacy as a predictor of re-victimization among sexual assault victims*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
55. **Littleton, H. L.** (2014, November). *Sexual victimization and alcohol use and somatic symptoms in pregnancy: The mediating role of depressive symptoms*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
56. Quintero, J.*, & **Littleton, H. L.** (2014, April). *Comparing the rape scripts of hazardous drinking and non-hazardous drinking college women*. Paper presented at the annual meeting of the North Carolina Psychological Association, Charlotte, NC.
57. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. B. (2013, November). *The From Survivor to Thrive program: Efficacy of an online program for rape victims at reducing general distress*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
58. Ford, J.*, **Littleton, H. L.**, & Sears, S. (2013, November). *Pilot evaluation of the Trauma Intervention Protocol for Implantable Cardiac Defibrillators (ICD-TIPs)*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
59. Dodd, J.* & **Littleton, H. L.** (2013, November). Predicting health risk behaviors following sexual victimization: The role of self-worth. In H. L. Littleton (Chair), *Sexual violence, health risk behaviors, and re-victimization risk among diverse groups of women*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
60. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. B. (2013, November). Predicting risky sexual behavior in emerging adulthood: Examination of moderated mediation among victims of childhood sexual abuse and adult sexual assault. In H. L. Littleton (Chair), *Understanding health risk behaviors and re-victimization risk among sexual violence victims: Examining the impact of different types of sexual victimization*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
61. **Littleton, H. L.**, Grills-Taquechel, A. E., & Drum, K. (2013, November). The From Survivor to Thrive Program: Initial results of an RCT for an online program for rape victims with PTSD. In A. E. Grills (Chair), *Findings from three novel RCTs examining web-based interventions for stress and trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
62. Rosman, L.*, & **Littleton, H. L.** (2013, March). *Body image as a mediator of the relationship between cancer-related changes in appearance and sexual adjustment in breast cancer survivors*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
63. **Littleton, H. L.**, & Ullman, S. E. (2012, November). Re-victimization risk following sexual violence: Examination of structural models in African American and European American women. In H. L. Littleton (Chair), *Understanding sexual violence and exploitation risk among diverse groups of women*. Symposium conducted at the annual meeting of International Society for Traumatic Stress Studies, Los Angeles, CA.
64. Buck, K. S.*, & **Littleton, H. L.** (2012, April). *Women's gender schemas for obstetricians-gynecologists: Impact on satisfaction*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
65. Fondren, J. C.*, Bazzini, D. G., & **Littleton, H. L.** (2011, June). *The impact of humor, distraction, and trait forgiveness on rumination regarding a past transgression*. Paper presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

66. Buck, K. S.*, & **Littleton, H. L.** (2011, April). *Women's gender schemas and scripts for obstetrician-gynecologists*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
67. **Littleton, H. L.**, & Grills-Tauchel, A. E. (2010, November). Information processing, adjustment, and re-victimization following rape. In J. S. Joseph (Chair), *Cognitive appraisals and traumatic stress*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, Canada.
68. **Littleton, H. L.**, & Buck, K.* (2010, February). *The Survivor to Thriver (S to T) Program: A Pilot Evaluation*. Paper presented at the annual meeting of the Association for Women in Psychology, Portland, OR.
69. **Littleton, H. L.** (2009, November). The impact of support and disclosure reactions on sexual assault victims. In H. L. Littleton (Chair), *Disclosure, reactions, and support: Predictors and consequences following sexual violence*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
70. **Littleton, H. L.** (2009, November). Evaluation of a cognitive processing model of adjustment following the VT mass shooting. In H. L. Littleton (Chair), *Longitudinal examinations of adjustment following the VT and NIU campus shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
71. Buck, K.* & **Littleton, H. L.** (2009, November). Effects of multiple traumas on PTSD and QOL: Mediation of benevolence beliefs. In H. L. Littleton (Chair), *Longitudinal examinations of adjustment following the VT and NIU campus shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
72. Amacker, A.*, & **Littleton, H. L.** (2009, August). *The relation between perceptions of similarity and responsibility attributions to a victim of sexual assault*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
73. Bye, K.S.*, & **Littleton, H. L.** (2009, August). *Examination of rape supportive attitudes in a multi-ethnic college sample*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
74. Vickery, J.*, **Littleton, H. L.**, Law, M. K.*, & Axsom, D. (2009, April). *Body image and risky sex: An examination of key moderators*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.
75. **Littleton, H. L.**, Bye, K.*, Amacker, A.*, & Rickelm, A.* (2009, April). *Stress during pregnancy and perinatal outcomes: A meta-analysis*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.
76. **Littleton, H. L.** (2008, November). Social support and sexual assault recovery: The mediating role of coping. In R. Cieslak (Chair), *Social and cognitive determinants of recovery after trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
77. Lozano, N.*, Lee, B.*, Kelly, B.*, & **Littleton, H.** (2008, November). *Effects of knowing a rape victim: Reactions to crime victims*. Paper presented at the annual meeting of the Texas Psychological Association, Austin, TX.
78. Kelly, B.*, **Littleton, H.**, Cooper, M.*, & Lozano, N.* (2008, November). *Perceptions of male and female professors*. Paper presented at the annual meeting of the Texas Psychological Association, Austin, TX.

79. Canales, E.*, Bye, K.*, & **Littleton, H.** (2008, November). *Attitudes toward rape victims among college men*. Paper presented at the annual meeting of the Texas Psychological Association, Austin, TX.
80. Orcutt, H. (Chair) & **Littleton, H.** (2008, November). *The accidental disaster researcher: Challenges in conducting quick-response studies*. Symposium conducted at the annual Conference on Innovations in Trauma Research Methods, Chicago, IL.
81. **Littleton, H. L.** (2008, November). Examining post-shooting distress from a conservation of resources framework. In H. L. Littleton (Chair), *Risk and resilience following mass trauma: The Virginia Tech shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
82. Bye, K.*, Langelier, A.*, **Littleton, H. L.**, & Grills-Taquechel, A. E. (November, 2008). Cumulative effects of multiple traumas on quality of life: Benevolence beliefs as a potential mediator. In H. L. Littleton (Chair), *Risk and resilience following mass trauma: The Virginia Tech shootings*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
83. **Littleton, H. L.**, Backstrom, T.*, Canales, E.*, & Tabernik, H.* (2008, August). *Risky situation or harmless fun? College women's perceptions of hook-ups*. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
84. **Littleton, H. L.** (2008, August). Predicting PTSD symptomatology following the mass shooting at Virginia Tech: Risk and resilience. In H. L. Littleton (Chair). *The aftermath of the Virginia Tech shootings: Distress and resilience*. Symposium conducted at the annual meeting of the American Psychological Association, Boston, MA.
85. Schart, L.*, Grills-Taquechel, A. & **Littleton, H. L.** (2007, November). *Predicting alcohol abuse: The roles of sexual victimization history, internalizing symptoms, and ethnic minority status*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
86. Schart, L.*, **Littleton, H. L.**, & Grills-Taquechel, A. (2007, November). *Predicting sexual coping: The roles of sexual assault, internalizing symptoms, and ethnicity*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
87. **Littleton, H. L.**, & Henderson, C. E. (2007, November). *Does not acknowledging rape protect victims from developing PTSD? Evaluation in a college sample*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
88. **Littleton, H. L.**, Horsley, S.*, John, S.*, & Nelson, D. V. (2007, March). *Coping with trauma and distress: A meta-analysis*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Washington, D.C.
89. **Littleton, H. L.**, Berenson, A. B., & Radecki Breitkopf, C. (2006, October). *An evaluation of health care providers' sexual violence screening practices*. Paper presented at the annual meeting of the Central Association of Obstetricians and Gynecologists, Las Vegas, NV.
90. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2006, August). *Anxiety during pregnancy and neonatal outcomes: A meta-analysis*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.
91. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2006, August). *The rape scripts of Caucasian and Latina women*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.

92. **Littleton, H. L.**, Radecki Breitkopf, C., & Berenson, A. B. (2005, April). *Body consciousness and risky sexual behaviors*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
93. **Littleton, H. L.**, & Axsom, D. (2004, November). *Are there multiple types of non-recovered victims? A preliminary test of a memory-processing model*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
94. **Littleton, H. L.**, & Axsom, D. (2004, November). *Coping with the experience of rape*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
95. **Littleton, H. L.**, & Axsom, D. (2003, November). *Coping with the consequences of rape: Unacknowledged versus acknowledged victims*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
96. **Littleton, H. L.**, & Axsom, D. (2002, August). *Effects of priming rape and seduction scripts on rape attributions*. Paper presented at the annual meeting of the American Psychological Association, Chicago, IL.
97. Axsom, D., **Littleton, H. L.**, & Tiedeman, K. (2002, August). *Attributions of self-blame following victimization: A meta-analysis*. Paper presented at the annual meeting of the American Psychological Association, Chicago, IL.
98. Blier, H. K., Fox, L. D., Scarpa-Friedman, A., Ollendick, T. H., **Littleton, H.**, & Seligman, L. (2001, November). *School-based group intervention for aggressive adolescents: Treatment outcomes and implications*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
99. **Littleton, H. L.**, Axsom, D., & Pury, C. L. S. (2001, August). *Development of a body dysmorphic questionnaire*. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
100. Blier, H. K., Fox, L. D., **Littleton, H.** & Scarpa-Friedman, A. (2001, July). *School-based group treatment of aggressive youth: Outcomes and applications*. Paper presented at the 2001 World Congress of Behavioral and Cognitive Therapies, Vancouver, B. C.
101. **Littleton, H. L.**, & Axsom, D. (2001, March). *The rape and seduction scripts of college students*. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
102. **Littleton, H. L.**, & Stephens, B. R. (1997, April). *How gender affects perceptions of aggression in negative campaign advertising*. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
103. Patton, C.W., Allen, D. K., Bundrick, C. L., **Littleton, H. L.**, Sloan, P. A., & Tyrrell, R. A. (1997, April). *Pedestrian estimations of their own visibility under different nighttime conditions*. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.

*denotes student co-author

Media Reports since 2014:

- Becker, D. (Host). (2022, June 5). Trauma on children from school shootings [Audio podcast episode]. In *The Scholar's Circle*. <https://scholarscircle.org/scholars-circle-trauma-on-children-from-school-shootings-june-5-2022/>
- Danovich, T. (August 15, 2015). *Is there such thing as an almost rape?* Aeon Magazine. <https://aeon.co/essays/is-there-such-a-thing-as-an-almost-rape>
- Fetters, A. (March 28, 2019). *Lasting grief after a mass shooting*. The Atlantic. <https://www.theatlantic.com/education/archive/2019/03/grief-school-shootings-suicide/585865/>
- Gass, H. (June 20, 2015). *How psychological support helps heal psychological damage from mass shootings*. Christian Science Monitor. <https://www.csmonitor.com/USA/Society/2015/0620/How-community-support-helps-heal-psychological-damage-from-mass-shootings>
- Novotney, A. (September, 2018). *What happens to the survivors?* APA Monitor. <http://mobileservices.texterity.com/apamonitor/201809/MobilePagedArticle.action?articleId=1417777#articleId1417777>
- Ortiz, J. (August 16, 2019). *Weeks since Gilroy, El Paso, and Dayton: What if motives behind mass shootings never emerge?* USA Today. <https://www.usatoday.com/story/news/nation/2019/08/16/mass-shooting-motives-what-if-we-never-learn-why/2000720001/>
- Ro, Christine. (November 6, 2018). *Why most rape victims never acknowledge what happened*. BBC. <http://www.bbc.com/future/story/20181102-why-dont-rape-and-sexual-assault-victims-come-forward>
- Thompson, R. (August 21, 2021). *Unacknowledged rape: The sexual assault survivors who hide their trauma- even from themselves*. The Guardian. <https://www.theguardian.com/society/2021/aug/26/unacknowledged-the-sexual-assault-survivors-who-hide-their-trauma-even-from-themselves>
- Yahoo Health. (December 10, 2014). *A lesson from Lena Dunham: Why it's excruciatingly hard for rape victims to come forward*. Yahoo News. <https://www.yahoo.com/lifestyle/a-lesson-from-lena-dunham-why-its-excruciatingly-104864645577.html>

Clinical Supervision Experience:

- 1/21-5/21**
Recipients: Practicum supervisor, Veteran's Health and Trauma Clinic, UCCS
Doctoral students in clinical psychology
- 1/10-12/20**
Recipients: Director of the Women's Health Psychology Specialty Service
Doctoral students in clinical health psychology
- 1/09-1/19**
Recipients: Clinical psychology practicum supervisor
East Carolina University
First year doctoral students in clinical health psychology
- 8/07-12/07**
Recipients: Practicum II/III supervisor
Sam Houston State University

Recipients: Masters students in clinical psychology

8/06-5/08 Doctoral practicum supervisor (PSY 883)
Sam Houston State University

Recipients: Advanced doctoral students in clinical psychology

Post-Graduate Teaching Experience:

1/21-present Associate Professor
University of Colorado Colorado Springs
Trauma II (graduate level), 1 section
Clinical Trauma I (graduate level), 1 section
Cognitive Processing Therapy (graduate level), 1 section
Human Sexuality (undergraduate level), 1 section

Recipients: Graduate students; undergraduate students

8/08-12/20 Assistant Professor/Associate Professor/Professor
East Carolina University

Courses: Advanced Psychopathology (graduate level), 5 sections
Psychotherapy Concepts and Techniques (graduate level), 7 sections
Psychology of Trauma (graduate level), 3 sections
Supervision Seminar (graduate level), 5 sections
Abnormal Psychology (undergraduate level), 8 sections
Honors seminar: Psychology of Trauma (undergraduate level), 1 section
Psychology of Sexuality (undergraduate level), 2 sections

Recipients: Upper-level undergraduates and doctoral students

8/06- 8/08 Assistant Professor
Sam Houston State University

Courses: Psychology of Testing (undergraduate level), 1 section
Psychopathology (graduate level), 3 sections

Recipients: Upper-level undergraduates and first year graduate students

7/05-6/06 Resident Lecturer for Adolescent Gynecology
University of Texas Medical Branch, Galveston, TX

Recipients: First year medical residents in Obstetrics and Gynecology

Thesis and Dissertation Direction:

2008 **Amanda Amacker**, "The relation between perceptions of similarity and blame to a victim of sexual assault" Role: Thesis Chair, SHSU

2008 **Kimberly Bye**, "Predictors of rape supportive attitudes: Examination in a multi-ethnic college sample" Role: Thesis Chair, SHSU

2008 **Jennifer Vickery**, "Body image and sexual risk taking: Moderators and mediators in a university population" Role: Thesis Chair, SHSU

- 2008 **Nicole Lozano**, “Reactions to rape victims: The role of disclosure and empathy” Role: McNair scholar mentor, SHSU
- 2009 **Erika Canales**, “Rape and seduction scripts of university men: Examination among non-coercive, coercive, and assaultive men” Role: Thesis Co-Chair, SHSU
- 2009 **Holly Tabernik**, “Reactions to rape victims: Preliminary validation of a revised Social Reactions Questionnaire” Role: Thesis Co-Chair, SHSU
- 2010 **Jessica Tomasula**, “Sexual trauma history and suicidality in youth” Role: Thesis Co-Chair, ECU
- 2010 **Sarah McCreight**, “Online mental health services: Do women view this as a viable treatment option for sexual assault?” Role: Thesis Chair, ECU
- 2011 **Katherine Buck**, “Women’s gender schemas for obstetricians-gynecologists” Role: Thesis Chair, ECU
- 2013, **Lindsey Rosman**, “Body image and sexual functioning in breast cancer survivors” Role: Thesis Chair, ECU
- 2014, **Jessica Ford**, “Understanding trauma reactions in implantable cardioverter defibrillator patients and piloting a brief web-based trauma intervention protocol study (ICD-TIPS)” Role: Dissertation Co-Chair, ECU
- 2014, **Katherine Buck**, “Impact of educational messages on patient acceptance of male medical students in ob-gyn encounters” Role: Dissertation Chair, ECU
- 2015, **Melissa Decker**, “Predictors of sexual assault resistance self-efficacy and perceived risk of sexual assault among college women” Role: Thesis Chair, ECU
- 2016, **Julia Dodd**, “Worldview as a predictor of health risk behavior following sexual victimization: Moderated mediation in an ethnically diverse community sample” Role: Dissertation Chair, ECU
- 2016, **Kelly Rudolph**, “Sexual risk behaviors in college women: Perceived norms, sexual attitudes, and motives” Role: Thesis Chair, ECU
- 2017, **Marlee Layh**, “Sexual risk behavior and sexual functioning among African American and European American victims of sexual assault” Role: Thesis Chair, ECU
- 2018, **Laura Haney**, “Reactions to a sexual assault disclosure: Evaluation of an alternative scoring method for the Social Reactions Questionnaire” Role: Thesis Chair, ECU
- 2018, **Kelly Rudolph**, “Sexual risk behavior profiles among college women: Individual and microsystem correlates” Role: Dissertation Chair, ECU
- 2019, **Melissa Decker**, “Minority stress, risky behaviors, and sexual scripting among transgender college students: A mixed methods study” Role: Dissertation Chair, ECU
- 2019, **Emily Downs**, “Understanding sexual assault victimization among college men: A mixed methods approach” Role: Honors Thesis Chair, ECU
- 2020, **Marlee Layh**, “Savvy Sexuality: Initial evaluation of a sex positive program for college women” Role: Dissertation Chair, ECU
- 2020, **Kayla Sall**, “Students’ experiences with formally reporting a college sexual assault” Role: Thesis Chair, ECU
- 2020, **Juinell Williams**, “Minority stress and healthcare utilization among LGBTQ+ veterans” Role: Thesis Chair, ECU
- 2021, **Emma Muscari**, “Formal sex education on consent, sexual assault, and IPV: An evaluation of program coverage and subsequent attitudes/behaviors,” Role: Thesis Chair, ECU
- 2021, **Laura Haney**, “Psychometric evaluation of a revised Social Reactions Questionnaire among college sexual assault victims,” Role: Dissertation Chair, ECU
- 2022, **Margaret Talbot**, “The role of emotion regulation strategies in gender differences in posttraumatic stress disorder: A mixed methods study,” Role: Dissertation Chair, UCCS

2022, **Tyler Powers**, “Multiple minority statuses and sexual minority stress in a sample of LGBTQ+ college students: Associations with depression, anxiety, and hazardous drinking” Role: Dissertation Chair, UCCS

In progress, **Molly Higgins**, “Physical Activity & Posttraumatic Outcomes Among Sexual Assault Survivors: Examining relations between activity type, PTSD, and related resilience-recovery factors following sexual trauma” Role: Thesis Chair, UCCS

Departmental and University Service

2021-present	Member, Clinical Psychology Faculty Committee, UCCS
2020-present	Member, Doctoral Clinical Psychology Admissions Committee (Trauma track), UCCS
2018	Member, Psychology Department Chair Search Committee, ECU
2017	Chair, International Women’s Day, ECU Chancellor’s Committee on the Status of Women
2015-2016	Member, Neuropsychology and Trauma Faculty Search Committee, ECU
2015-2017	Member, ECU Chancellor’s Committee on the Status of Women
2014-2015	Member, ECU Committee on Sexual Misconduct Prevention
2014-2020	Chair, Psychology Department Personnel Committee, ECU
2013-2020	Chair, Psychology Department Scholarship Committee, ECU
2013-2014	Psychology Department Faculty Senate Representative Alternate, ECU
2013-2014	Member, Director of Clinical Training Search Committee, ECU
2012-2013	Member, Quantitative Psychology Faculty Search Committee, ECU
2012-2014	Member, Personnel Committee, Department of Psychology, ECU
2011-2012	Member, Sexual Assault Issues Subcommittee, ECU Summer Read program
2011-2020	Member, Doctoral Qualifying Exam Committee, ECU
2010-2020	Member, Clinical Health Psychology Doctoral Admissions Committee, ECU
2010-2013	Member, Psychology Department Scholarship Committee, ECU
2009-2013	Member, Psychology Department Advisory Committee, ECU
2008-2020	Member, Clinical Health Psychology Faculty Committee, ECU

Professional Service:

2022-present	Member, Sexual Experiences Survey 2022 (SES 2022) Revision Collaboration
2021	Chair and Organizer, Global Perspectives on Sexual Violence Virtual Symposium, The Lyda Hill Institute for Human Resilience
2021-present	Senior Consulting Editor, <i>Psychology of Violence</i>
2019-2020	Lead Co-Editor, Special Issue, “Global perspectives on sexual violence: Understanding the experiences of marginalized populations and elucidating the role of sociocultural factors in sexual violence”, <i>Psychology of Violence</i>
2018	Chair, Sexual violence briefing paper working group, International Society for Traumatic Stress Studies
2018	Guest Co-Editor, Virtual Special Issue on Sexual assault and harassment, <i>Journal of Traumatic Stress</i>
2018-present	Conference Program Deputy, Clinical Interventions Group, International Society for Traumatic Stress Studies

2015-2017 Member-at-large, Executive Committee, Division 56 (Trauma Psychology), American Psychological Association

Editorial Board:

Psychology of Violence (1/2018-12/20)

Psychology of Women Quarterly (1/2016-12/2016; 1/2020-present)

Journal of Traumatic Stress (1/2014-present)

Sex Roles (2/2011-12/2015)

Society for the Psychology of Women Book Series (11/2013-12/2017)

Ad Hoc Reviewer (2012-present):

Alcoholism: Clinical and Experimental Research

American Journal of Criminal Justice

American Journal of Obstetrics & Gynecology

Anxiety, Stress, and Coping

Archives of General Psychiatry

Behavior Therapy

Body Image

British Journal of Social Psychology

Child Abuse & Neglect

Child Maltreatment

Clinical Psychologist

Clinical Psychology Review

Cognitive and Behavioral Practice

Cognitive Therapy and Research

Criminal Justice and Behavior

European Journal of Psychotraumatology

Journal of Aggression, Maltreatment, and Trauma

Journal of Clinical Psychology

Journal of Consulting and Clinical Psychology

Journal of Contemporary Criminal Justice

Journal of Family Violence

Journal of Forensic and Legal Medicine

Journal of GLBT Family Studies

Journal of Nervous and Mental Disease

Journal of Psychosomatic Obstetrics and Gynecology

Journal of Social and Clinical Psychology

Journal of Trauma and Dissociation

Mayo Clinic Proceedings

PeerJ

PLOS ONE

Psychiatry and Clinical Neurosciences

Psychological Medicine

Psychological Trauma: Theory, Research, Practice, and Policy

Trauma, Violence, and Abuse

Victims and Offenders

Violence Against Women
Violence and Gender
Violence and Victims
Women & Health

Community Presentations since 2013

- 12/21** *Risk and resilience among LGBTQ+ individuals*, Scholar Chat, Theaterworks production of *Every Brilliant Thing*
- 11/21** *Sensitive data management*, Responsible Conduct of Research Presentation, UCCS
- 4/21** *Evidence based practice when working with PTSD*. CE Workshop. Eastern Area Health Education Center, Greenville, NC
- 3/21** *Best practices for clinical supervision*. Workshop for the Clinical Health Psychology doctoral program, East Carolina University
- 8/20** *After the storm: The experiences of rural hurricane Florence survivors*. CE Workshop. Southern Regional Area Health Education Center, Fayetteville, NC
- 11/17- 11/19** *Empirically supported treatments for PTSD*. Psychology internship didactics presentation, Greenville VA Clinic
- 10/17-10/19** *Supervision for beginners*. Psychology internship didactics presentation, Greenville VA Clinic
- 4/17** *Working with clients with chronic health conditions: The impact of psychological trauma history*. CE Workshop. Eastern Area Health Education Center, Greenville, NC
- 10/16** *Trauma and eating disorders*. Presentation to D2 dental medicine students, East Carolina University
- 2/16-2/21** *Psychological trauma, PTSD, and the dental visit*. Presentation to D1 dental medicine students, East Carolina University
- 6/15** *Cognitive behavioral interventions for trauma*. CE Workshop. Eastern Area Health Education Center, Greenville, NC
- 4/15** *Sexual assault re-victimization: Understanding risk factors for victims and perpetrators*. Title IX Retreat, East Carolina University
- 3/15** *From Survivor to Thriver: An online program for rape victims with PTSD*. Gender to a Tea presentation, Women's Studies, East Carolina University
- 10/14** *The From Survivor to Thriver Program: Initial results of an RCT for rape victims*. Clinical Health Psychology Grand Rounds, East Carolina University
- 6/13** *Making progress on the problem of violence on college campuses*. Center for Research on Violence against Women, University of Kentucky.