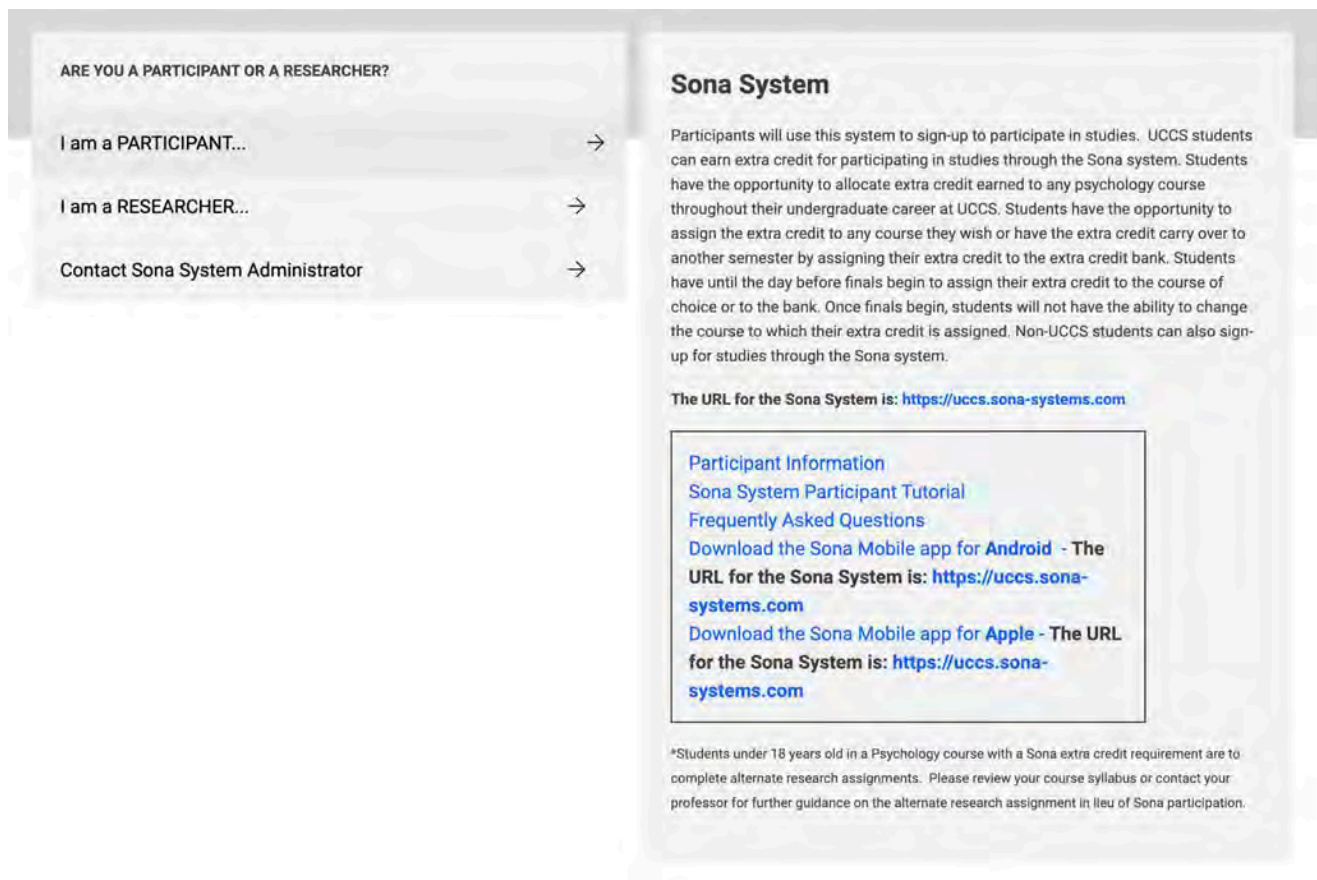


Student Participant Information For Sona System Access

Creating Your Account

1. Visit the [UCCS Sona page](#).
2. Scroll down to “I am a Participant”
3. Review the participant information, tutorial video, and FAQs.



The screenshot shows a web page titled "ARE YOU A PARTICIPANT OR A RESEARCHER?". On the left, there are three navigation options: "I am a PARTICIPANT...", "I am a RESEARCHER...", and "Contact Sona System Administrator", each with a right-pointing arrow. On the right, the "Sona System" section contains a detailed paragraph explaining the system's purpose for UCCS students to earn extra credit. Below this, it provides the URL <https://uccs.sona-systems.com>. A box contains links for "Participant Information", "Sona System Participant Tutorial", and "Frequently Asked Questions", along with instructions to download the Sona mobile app for Android and Apple, both pointing to the same URL. A small asterisked note at the bottom states: "*Students under 18 years old in a Psychology course with a Sona extra credit requirement are to complete alternate research assignments. Please review your course syllabus or contact your professor for further guidance on the alternate research assignment in lieu of Sona participation."

4. After reviewing the UCCS Sona website, participant information, tutorial info, and FAQs, gather the following information, which can be found in your course syllabus:
 - a. Correct Psych course number
 - b. Course section number
 - c. Instructor name
5. Click the [Sona link](#) to create your account.

6. Click “Request Account”

UCSS University of Colorado Colorado Springs

SONA SYSTEM SIGN-UP FOR RESEARCH PARTICIPATION

User ID

Password

Log In

The URL is: <https://ucss.sona-systems.com>

SUMMER 2023 - Please plan accordingly by CHECKING YOUR UCSS COURSE SYLLABUS FOR THE CORRECT COURSE NUMBER, SECTION NUMBER AND INSTRUCTOR. You are responsible for knowing and abiding by all UCSS Psychology Department Research Participation policies.

As of Monday, August 4, 2023 - participants will not be able to assign credit to courses or add courses to their Sona account during Finals Week. Please ensure your Sona account is accurate. Any extra credit or grade issues will be resolved on a case-by-case basis between you, your Instructor and Laura Chandler.

NEW PARTICIPANTS:
Please START here: [Select I am a PARTICIPANT...](#)
Please WATCH this video: [Youtube Tutorial](#)
Please READ Sona System Participant FAQs: [Sona FAQs](#)

If you have any questions about Sona, please contact the Sona System Administrator at: psych@ucss.edu

NEW RESEARCHERS must send a request for an account that includes name, CITI#, UCSS email address & name of lab or mentor to: psych@ucss.edu

Request Account

Forgot Password?

7. Provide the information asked using your UCSS username and UCSS ID number.

UCSS University of Colorado Colorado Springs

Psychology Department Sona System Sign-up for Research Participation

Your login information will be emailed to you as soon as you request the account, so you may login immediately. You will need to check your UCSS email for specific login instructions. If you have junk mail (spam) filters configured for your UCSS email, please configure the filters to accept email from ucss-admin@sona-systems.net, as emails from the system will often be sent from that address.

Please use your UCSS username as your User ID not already in use, and also specify a UCSS email address that is not already registered in the system. User IDs may be up to 30 characters in length and contain letters and numbers. This form should only be used by Participants. Researchers will have to request their account from the Sona Administrator

Important reminders and other Sona System announcements will be sent to the UCSS email address you provided upon creating your Sona account. To ensure that you receive Sona emails, please add ucss-admin@sona-systems.net, psych@ucss.edu and lhandl2@ucss.edu to your safe sender list. You are responsible for information sent to the UCSS email account you provided regarding your Sona account.

Please WATCH this video: https://www.youtube.com/watch?v=_1OnT2ZU6QQ

Please READ Sona System Participant FAQs: <https://psychology.ucss.edu/sona-faqs>

ACCOUNT INFORMATION

First Name

Last Name

User ID

User ID (re-enter for verification)

Student ID Number

Birthday (optional)
Month Day Year

Telephone

Request Account

UNIVERSITY OF COLORADO AT COLORADO SPRINGS
PSYCHOLOGY DEPARTMENT

8. Once you have requested an account, go to your UCCS email where you will find the login information needed to enter Sona.
 - a. If you did not receive your login information, please check your email program's junk mail folder before contacting the administrator.

9. From the email, click the [Sona link](#) to log in using the username (your UCCS email address) and password found in that email.

10. Set up a different password and alternate email address.

UCCS University of Colorado
Colorado Springs

Psychology Department Sona System Sign-up for Research Participation

System Message: **Please choose a new password to proceed.** Your new password must be at least 8 characters in length.

My Profile

You may use this page to change your password and update other information about yourself. All fields are required unless marked otherwise.

Name

User ID

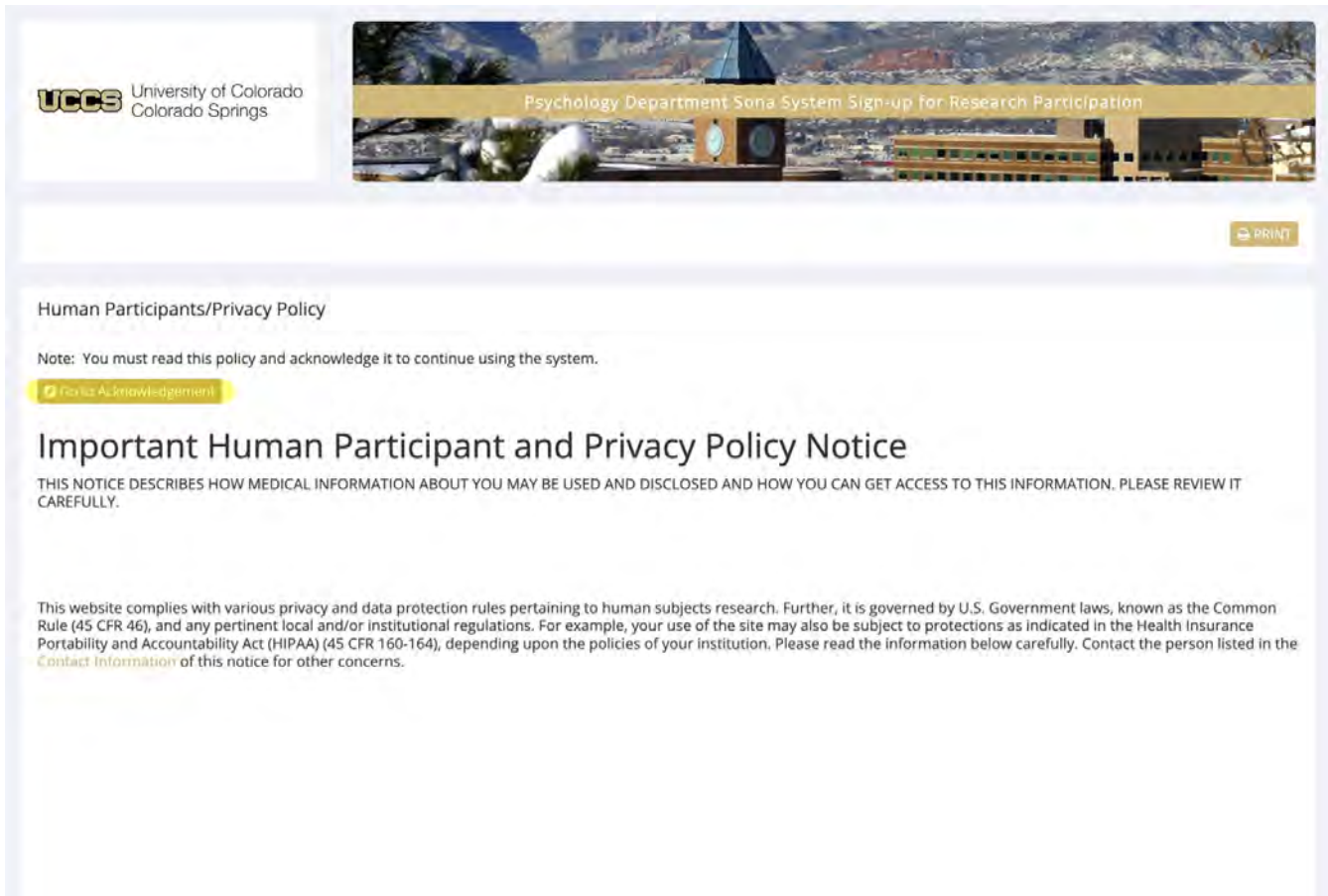
Alternate Email Address

Optional. If provided, all emails sent to you from the system will be sent to this address.

Alternate Email Address (re-enter for verification)

Birthday:

11. Acknowledge the human subjects/privacy policy notice.



UCCS University of Colorado Colorado Springs

Psychology Department Sona System Sign-up for Research Participation

PRINT

Human Participants/Privacy Policy

Note: You must read this policy and acknowledge it to continue using the system.

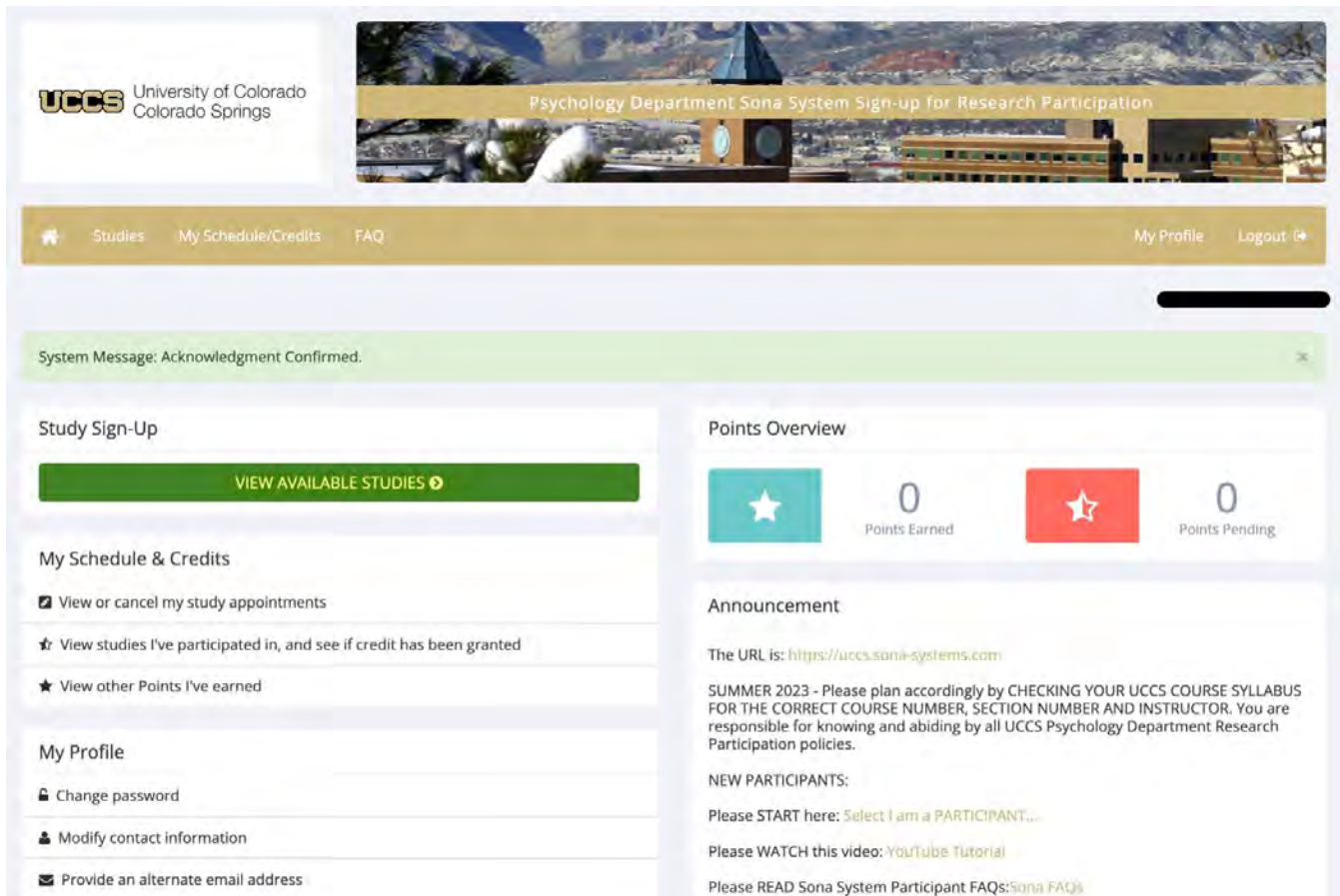
[Go to Acknowledgment](#)

Important Human Participant and Privacy Policy Notice

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This website complies with various privacy and data protection rules pertaining to human subjects research. Further, it is governed by U.S. Government laws, known as the Common Rule (45 CFR 46), and any pertinent local and/or institutional regulations. For example, your use of the site may also be subject to protections as indicated in the Health Insurance Portability and Accountability Act (HIPAA) (45 CFR 160-164), depending upon the policies of your institution. Please read the information below carefully. Contact the person listed in the [Contact Information](#) of this notice for other concerns.

12. Click “view available studies” to get started. Welcome to Sona!



UCCS University of Colorado Colorado Springs

Psychology Department Sona System Sign-up for Research Participation

Studies My Schedule/Credits FAQ My Profile Logout

System Message: Acknowledgment Confirmed.

Study Sign-Up

[VIEW AVAILABLE STUDIES](#)

My Schedule & Credits

- View or cancel my study appointments
- ★ View studies I've participated in, and see if credit has been granted
- ★ View other Points I've earned

My Profile

- Change password
- Modify contact information
- Provide an alternate email address

Points Overview

0 Points Earned 0 Points Pending

Announcement

The URL is: <https://uccs.sona-systems.com>

SUMMER 2023 - Please plan accordingly by CHECKING YOUR UCCS COURSE SYLLABUS FOR THE CORRECT COURSE NUMBER, SECTION NUMBER AND INSTRUCTOR. You are responsible for knowing and abiding by all UCCS Psychology Department Research Participation policies.

NEW PARTICIPANTS:

Please START here: [Select I am a PARTICIPANT...](#)

Please WATCH this video: [YouTube Tutorial](#)




Please READ Sona System Participant FAQs: [Sona FAQs](#)

Signing Up for Sona Studies

1. After logging in to your account, click the “View Available Studies” link.
2. Here, you will see the study, how many points its worth, its eligibility requirements, and if it has availability.
3. To sign up, click on “Timeslots Available.”
 - a. If there are times available, you will participate via:
 - i. An online web study that can be completed at any time up until the Participation Deadline Date. Be sure to read the details of online studies closely.
 - ii. A standard lab study where participation is in-person during a chosen available timeslot.

Currently Viewing: All Studies

View studies with available timeslots on :

Available?	Study Information	Eligibility
	Understanding Oneself (0.5 Points) (Online Study) This study is designed to analyze how people understand their own experiences and beliefs.	
	Visual Perception (2 Points) The goal of this study is to collect information about your visual perception and cognition. The questions in this study will be about what you see from two outdoor vantage points on campus and will not pertain to your personal life.	1) 18 or older; 2) fluent in English; 3) normal vision or corrected-to-normal vision
	Infidelity and Forgiveness (3 Points) To take part in this study, both you and your romantic partner must participate. The goal of this study is to collect information about romantic relationships and infidelity.	1) 18 or older; 2) fluent in English; 3) in a romantic, heterosexual relationship Prior study restrictions
	The Effects of An Online Mindfulness Program for Depression and Anxiety (Finder's Fee) (0.5 Points) (Online Study) This survey is for those who wish to recommend an individual who they believe meets criteria for an ongoing study. Please carefully read the criteria in the description.	Recommended participants must be 50 years of age or older, have no prior experience with meditation, are not currently receiving therapy, have internet and email access, and be able to speak and read English
	(Screener) Women's Health Study (0.5 Points) (Online Study) Participation in the survey portion of this study (10 minutes) will earn 0.5 SONA credits; if eligible, researchers will contact you for participation in the interview portion of this study (and you will earn an additional 4.0 credits).	Only individuals who identify as women are eligible to participate in this study. Women must be 18+ years old.
	Adverse Childhood Experiences and Associated Outcomes	Over 18 years old

Study Participation and Attendance Policies

1. Don't wait until the last weeks of the semester to sign up for studies! There may not be any more studies available.
2. Please remember that signing up for a study means making a commitment to show up for that appointment. A participant should only sign up for a study if they can commit to the date/time.
3. Students who do not show up two times for studies, and do not cancel prior to the study, will be barred from signing up for any additional experiments.

Late Policy

- Participants who do not show up two times for studies per semester, and do not cancel prior to the study, will be unable from signing up for any additional studies.
- If a researcher is late or does not show up after 15 minutes after the appointment time, please email psych@uccs.edu. The participant is granted credit for the study participation when the researcher does not show up.

Questions? Who to Ask?

- Sona System - <https://psychology.uccs.edu/sona-system> or email psych@uccs.edu
- Grade or Course Issues - course instructor or teaching assistant

FAQs

Access the UCCS Psychology Department Sona FAQs for answers to your questions: <https://psychology.uccs.edu/sona-faqs>

Complaints about a Study

If you have any complaints about a study, please contact the study's Principal Investigator (PI). You can find this information by going to the study description in Sona, or by finding the name and contact information on the consent form or debriefing form. If you do not receive a response from the PI, or you are not satisfied with the response, you can contact the Sona Administrator at psych@uccs.edu.

Contact Information

Laura Chandler
UCCS Psychology Department
psych@uccs.edu

Access the UCCS Psychology Department website for Sona information:
<https://psychology.uccs.edu/sona-system>